

## Tips for communicating with members who speak limited English

- Speak slowly, not loudly.
- Organize what you want to convey first. Use short, simple sentences. Keep in mind, what is said at the beginning and end of a discussion is most likely to be remembered.
- Face members. Watch their facial expressions and body language. If these don't agree with their words, or if their expressions indicate they do not understand, slow down and start again.
- Try not to ask yes or no questions. Instead, ask questions requiring members to respond and volunteer information. For example, phrase questions to begin with why, how or what.
- Members' responses will help you determine whether they properly understand the question.
- Rephrase and summarize often.

## Tips for working with interpreters

- Brief the interpreter in private before the members' visits. Provide relevant information about members.
- Encourage the interpreter to ask questions or clarify a message when necessary.
- Address members directly. Avoid directing all comments to the interpreter.
- Talk in short sentences. Discuss one concept at a time.
- Be patient. Careful interpretation may require the interpreter to use long phrases. It can take more words or time to describe a concept in another language.
- Avoid using medical jargon when possible. It may be difficult for interpreters and members to understand.
- Be aware of nonverbal cues from members such as nodding, smiling, body positioning, etc. Nonverbal cues may indicate how much the members understand.



## https://mediproviders.anthem.com/ca

Anthem Blue Cross is the trade name of Blue Cross of California. Anthem Blue Cross and Blue Cross of California Partnership Plan, Inc. are independent licensees of the Blue Cross Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc. Blue Cross of California is contracted with L.A. Care Health Plan to provide Medi-Cal Managed Care services in Los Angeles County. ACAPEC-2151-20