

## Mental Health Outpatient Treatment Report Form

*This communication applies to the Medicaid and Medicare Advantage programs for Anthem Blue Cross and Blue Shield.*

Please submit using our preferred method at <https://www.availity.com>.\* If you prefer to fax, submit to the following:

- BadgerCare Plus: **1-844-456-2697**
- Medicare Advantage: **1-844-430-1703**

Identifying data		
Patient name:		
Medicaid ID:	DOB:	
Address:		
City, State:	ZIP code:	
Provider information		
Provider name:		
TIN:	Phone:	Fax:
PCP name:		PCP NPI:
Name of other behavioral health providers:		
DSM-5 diagnoses		
Medications		
Current medications (indicate changes since last report):	Dosage:	Frequency:

\* Availity, LLC is an independent company providing administrative support services on behalf of Anthem Blue Cross and Blue Shield.

**<https://mediproviders.anthem.com/wi>**

**Current risk factors**

Suicide:  
 None    Ideation    Intent without means    Intent with means    Contracted not to harm self

Homicide:  
 None    Ideation    Intent without means    Intent with means    Contracted not to harm others

Physical or sexual abuse or child/elder neglect:  Yes    No

If yes, patient is:    Victim    Perpetrator    Both    Neither, but abuse exists in family

Abuse or neglect involves a child or elder:    Yes    No

Abuse has been legally reported:    Yes    No

**Symptoms that are the focus of current treatment**

**Progress since last review**

**Functional impairments or supports**

Family/interpersonal relationships:

**Job/school**

**Housing**

**Co-occurring medical/physical illness**

**Family history of mental illness or substance use**

**Patient's treatment history, including all levels of care**

Level of care	Number of distinct episodes/sessions	Date of last episode/session	Level of care	Number of distinct episodes/sessions	Date of last episode/session
Outpatient psych			Inpatient psych		
Outpatient substance use			Inpatient substance use		
IOP			RTC psych		
PHP			RTC substance use		

**Treatment goals for each type of service (specify with expected dates to achieve them)**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

**Objective outcome criteria by which goal achievement is measured**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

**Discharge plan and estimated discharge date**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

**Expected outcome and prognosis:**

- Return to normal functioning
- Expect improvement, anticipate less than normal functioning
- Relieve acute symptoms, return to baseline functioning
- Maintain current status, prevent deterioration

Requested service authorization				
Procedure code	Number of units	Frequency	Requested start date	Estimated number of units to complete treatment

**Note: Psychological/neuropsychological testing requests require a separate form.**

Treatment plan coordination
I have requested permission from the patient/patient's parent or guardian to release information to the PCP. <input type="checkbox"/> Yes <input type="checkbox"/> No      If no, give rationale: _____
Treatment plan was discussed with and agreed upon by the patient/patient's parent or guardian. <input type="checkbox"/> Yes <input type="checkbox"/> No      If no, give rationale: _____

Provider signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Disclaimer:** Authorization indicates that Anthem Blue Cross and Blue Shield determined medical necessity has been met for the requested service(s) but does not guarantee payment. Payment is contingent upon the eligibility and benefit limitations at the time services are rendered.

**Important note:** You are not permitted to use or disclose Protected Health Information about individuals who you are not treating or are not enrolled to your practice. This applies to Protected Health Information accessible in any online tool, sent in any medium including mail, email, fax or other electronic transmission.