



# The mental health practitioner hub



## A new education resource for Anthem HealthKeepers Plus mental and behavioral health providers

The mental health practitioner hub is for those who treat mental health, moving practitioners from generalists to specialists by earning certificates and badges in evidence-based interventions and practices.

#### How to access:

- 1. Go to app.psychhub.com/signup/ VAAnthem-MHP.
- 2. Complete Let's Get Started section.
- 3. Check box to agree to Terms of Use.
- 4. Select Sign Up.

#### What are the benefits?

- No cost for Anthem HealthKeepers Plus providers
- · Access to courses, videos, and other content
- Ability to earn continuing education units (CEU)

### In the mental health practitioner hub

Everything needed to complement treatment in between sessions:

- · Foundational and specialty practitioner course
- Therapeutic-specific companion videos
- Mental health literacy video library
- Journal and interactive exercises
- Tip sheets with specific resources
- Assessments to measure treatment progress

Learn more about Anthem HealthKeepers Plus programs providers.anthem.com/va