

Important information regarding your patient

Member name: [Member first and last name]

Medicaid ID number: [Medicaid ID number]

Provider notification: Patient at risk for preeclampsia

Summary: HealthKeepers, Inc. preliminary pregnancy risk screening process has identified the above Anthem HealthKeepers Plus patient as a potential candidate for intervention to prevent preeclampsia. Low-dose, prenatal aspirin along with home blood pressure monitoring and stress reduction tools might be helpful in achieving this goal.

Why should I prescribe low-dose aspirin therapy?

For women who have had a prior pregnancy complicated by preeclampsia, studies have shown that low-dose aspirin taken after 12 weeks of pregnancy can reduce the recurrence of the disease. More broadly, literature shows that women with certain high-risk conditions would also benefit. The U.S. Preventive Services Task Force* recommends aspirin for women with one or more of the following high-risk conditions:

- Prior pregnancy with preeclampsia
- Multifetal gestation
- Diabetes
- Hypertension
- Renal disease
- Autoimmune disease (for example, lupus, antiphospholipid syndrome)

What is the impact of this change?

Increasing provider awareness for at-risk women for preeclampsia and taking proactive measures can improve pregnancy outcomes, including decreasing the incidence of premature births and both maternal and infant mortality.

Interventions

If you decide that these interventions are appropriate for your patient please consider:

- Writing a prescription for prenatal 81 mg aspirin.
- Ordering a home blood pressure machine. Please use code **A4670** for an Auto Blood Pressure Monitor and include diagnosis code **O09.89** (supervision of other high-risk pregnancy) when ordering. Be sure to order the appropriate size cuff for the member. The following blood pressure cuffs and vendors are included for your convenience.
 - Monitor: SmartHeart Blood Pressure Monitor Automatic 2 cuffs; Vendor: DrugSource
 - Monitor: MDS4001LA Digital Blood Pressure Monitor cuffs; Vendor: Medline

Do you have questions?

If you have questions about this communication, are no longer treating this patient, wish to discontinue receiving these provider alerts or have received this fax in error, please contact Provider Services toll free at <insert phone number> or an OB case manager at <insert phone number>.

* ACOG Committee Opinion #743 July 2018; USPSTF at www.uspreventiveservicestaskforce.org

Important note: You are not permitted to use or disclose Protected Health Information about individuals who you are not treating or are not enrolled to your practice. This applies to Protected Health Information accessible in any online tool, sent in any medium including mail, email, fax or other electronic transmission.

<https://mediproviders.anthem.com/va>

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