

Medical Policies and Clinical Utilization Management Guidelines update

Please note, this communication applies to Anthem HealthKeepers Plus, Medallion and Anthem HealthKeepers Plus, Commonwealth Coordinated Care Plus (Anthem CCC Plus) offered by HealthKeepers, Inc.

The *Medical Policies, Clinical Utilization Management (UM) Guidelines, and Third-Party Criteria* below were developed and/or revised to support clinical coding edits. Note, several policies and guidelines were revised to provide clarification only and are not included. Existing precertification requirements have not changed.

Please share this notice with other members of your practice and office staff.

To view a guideline, visit <https://www.anthem.com/provider/policies/clinical-guidelines/search>.

Notes/updates

Updates marked with an asterisk (*) notate that the criteria may be perceived as more restrictive.

- ***CG-LAB-19 — Laboratory Evaluation of Vitamin B12:**
 - Outlines the *Medically Necessary* and *Not Medically Necessary* criteria for the use of vitamin B12 blood test
- ***DME.00044 — Wheelchair Mounted Robotic Arm:**
 - The use of a wheelchair mounted robotic arm is considered *Investigational and Not Medically Necessary* for all uses
- ***MED.00138 — Wearable Devices for Stress Relief and Management:**
 - Wearable devices for management, monitoring or prevention of stress and stress-related conditions are considered *Investigational and Not Medically Necessary* for all indications
- ***CG-MED-81 — Ultrasound Ablation for Oncologic Indications:**
 - Added *Not Medically Necessary* statement for TULSA
- ***CG-SURG-78 — Locoregional and Surgical Techniques for Treating Primary and Metastatic Liver Malignancies:**
 - Revised the clinical indications to add a *Not Medically Necessary* statement for histotripsy
- ***MED.00099 — Navigational Bronchoscopy:**
 - Removed the word *Electromagnetic* in the Position Statement
- ***SURG.00010 — Treatments for Urinary Incontinence:**
 - Added new criterion to *Investigational and Not Medically Necessary* statement on endovaginal cryogen-cooled, monopolar radiofrequency remodeling
 - Added *as treatments for urinary incontinence* to *Investigational and Not Medically Necessary* statement and removed wording on urinary incontinence
- ***SURG.00097 — Scoliosis Surgery:**
 - Added “minimally invasive deformity correction system” to the Scope and Position Statement

* AIM Specialty Health is an independent company providing some utilization review services on behalf of HealthKeepers, Inc.

<https://providers.anthem.com/va>

HealthKeepers, Inc. is an independent licensee of the Blue Cross and Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc. Anthem HealthKeepers Plus, offered by HealthKeepers, Inc., is a health plan that contracts with the Virginia Department of Medical Assistance Services to provide Commonwealth Coordinated Care Plus (CCC Plus) benefits to enrollees.
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Effective April 1, 2022, HealthKeepers, Inc. will begin using the **AIM Specialty Health®* Clinical Appropriateness Guidelines** for medical necessity review of the below services. Please note, our Utilization Management team will complete these reviews using the *AIM Clinical Appropriateness Guidelines*:

- *Advanced Imaging Clinical Appropriateness Guideline:*
 - *Imaging of the Brain*
 - *Imaging of the Head and Neck*
 - *Imaging of the Heart*
 - *Imaging of the Chest*
 - *Imaging of the Abdomen and Pelvis*
 - *Oncologic Imaging*
- *Musculoskeletal Interventional Pain Management Clinical Appropriateness Guideline*
- *Radiation Oncology Clinical Appropriateness Guideline*

Medical Policies

On November 11, 2021, the Medical Policy and Technology Assessment Committee (MPTAC) approved the following *Medical Policies* applicable to HealthKeepers, Inc. These guidelines take effect April 1, 2022.

| Publish date | Medical Policy number | Medical Policy title | New or revised |
|---------------------|------------------------------|---|-----------------------|
| 12/29/2021 | *DME.00044 | <i>Wheelchair Mounted Robotic Arm</i> | New |
| 12/29/2021 | *MED.00138 | <i>Wearable Devices for Stress Relief and Management</i> | New |
| 11/18/2021 | GENE.00052 | <i>Whole Genome Sequencing, Whole Exome Sequencing, Gene Panels, and Molecular Profiling</i> | Revised |
| 12/29/2021 | *MED.00099 | <i>Navigational Bronchoscopy</i> | Revised |
| 12/29/2021 | *SURG.00010 | <i>Treatments for Urinary Incontinence</i> | Revised |
| 12/29/2021 | SURG.00011 | <i>Allogeneic, Xenographic, Synthetic, Bioengineered, and Composite Products for Wound Healing and Soft Tissue Grafting</i> | Revised |
| 11/18/2021 | SURG.00026 | <i>Deep Brain, Cortical, and Cerebellar Stimulation</i> | Revised |
| 12/29/2021 | SURG.00037 | <i>Treatment of Varicose Veins (Lower Extremities)</i> | Revised |
| 12/29/2021 | *SURG.00097 | <i>Scoliosis Surgery</i> | Revised |

Clinical UM Guidelines

On November 11, 2021, the MPTAC approved the following *Clinical UM Guidelines* applicable to HealthKeepers, Inc. These guidelines adopted by the medical operations committee for our members on December 16, 2021. These guidelines take effect April 1, 2022.

| Publish date | Clinical UM Guideline number | Clinical UM Guideline title | New or revised |
|---------------------|-------------------------------------|--|-----------------------|
| 12/29/2021 | *CG-LAB-19 | <i>Laboratory Evaluation of Vitamin B12</i> | New |
| 12/29/2021 | CG-DME-06 | <i>Compression Devices for Lymphedema</i> | Revised |
| 12/29/2021 | *CG-MED-81 | <i>Ultrasound Ablation for Oncologic Indications</i> | Revised |
| 11/18/2021 | CG-OR-PR-05 | <i>Myoelectric Upper Extremity Prosthetic Devices</i> | Revised |
| 12/29/2021 | *CG-SURG-78 | <i>Locoregional and Surgical Techniques for Treating Primary and Metastatic Liver Malignancies</i> | Revised |

If you have any questions about this communication, call Anthem HealthKeepers Plus, Medallion Provider Services at **800-901-0020** or Anthem CCC Plus Provider Services at **855-323-4687**.



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To start receiving email from us (including some sent in lieu of fax or mail), submit your information using the QR code to the right or via our online form (<https://bit.ly/2XEUr24>).