

## State communication

A message from DMAS

## COVID-19 flexibilities expiring June 30, 2021 (enforcement effective 60 days after expiration)

The following flexibilities expire June 30, 2021, and enforcement is effective 60 days post expiration.

Flexibility	State Regulation
Nursing Facilities	Suite Regulation
Waive 42 CFR 483.20(k) and § 32.1-330 allowing nursing homes	12 VAC 30-60-302(A)-(B)
to admit new residents who have not reached Level 1 or Level 2	12 VAC 30-130-150(A)-(B), (E)
Preadmission Screening.	§ 32.1-330
6	12 VAC 30-10-520(E)
	12 VAC 30-60-302
Extend minimum data set authorizations for nursing facility and	VA Code 32.1-330.
skilled nursing facility (SNF) residents.	12 VAC 30-60-302.
	12VAC30-130-140 through
	12VAC30-130-260 (04/01 Update)
Community-based and hospital LTSS Screeners may continue to	§ 32.1-330
accept verbal consent on the Individual Choice Form, DMAS-97	
verified by two witnesses	
Community-Based Teams may continue to conduct LTSS	§ 32.1-330
Screenings using telehealth methods. Community screenings	
must be completed within 30 days of the initial request.	12 VAC 30-60-301, 302, 304
Pharmacy	
Waive requirements for pharmacies to collect a signature upon	Pharmacy Manual, Chapter 2
delivery or 'proof of delivery' from patients to prevent the	
spread of the novel coronavirus through contamination of pens	
or electronic signature devices. For those circumstances where	
there is no patient's signature, the pharmacist shall write	
"COVID19," "COVID," or substantially similar language as the	
equivalent to receiving a signature.	
Home Health and Hospice	
Waive the requirements at 42 CFR §484.80(h), which require a	2 VAC 30-50-270. Hospice Services (In
nurse to conduct an onsite visit every two weeks to evaluate if	Accordance with § 1905 (O) of the
home health aides are providing care consistent with the care	Act)
plan.	

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Flexibility	State Regulation
Waive the Home Health and Hospice requirements at which	12 VAC 30-50-160(C)
require a nurse to conduct an onsite supervisory visit every two	12 VAC 30-50-270(C)(5)(h)
weeks to evaluate if hospice aides are providing care consistent	
with the care plan.	
Waive the requirements at 42 CFR §418.76(h), which require a	12 VAC 30-50-160(C)
nurse to conduct an onsite supervisory visit every two weeks to	12 VAC 30-50-270(C)(5)(h)
evaluate if hospice aides are providing care consistent with the	
care plan.	
Home health agencies may perform certifications, initial	12 VAC 30-60-70(D)(1-5)
assessments, and determines a patient's homebound status	
remotely by telephone or via video communication in lieu of a	
face-to-face visit.	
Durable Medical Equipment (DME)	
DMAS will allow National Coalition for Assistive and Rehab	DME Manual
Technology recommendations for remote protocol, for complex	
rehab equipment.	
Waive the face-to-face requirement for durable medical	12 VAC 30-60-75
equipment for the list of codes published by Medicare and	
listed in DME and Supplies Manual, Chapter IV.	
Waive in person signature requirements for home delivery of	12VAC30-50-165(L)(1)
DME supplies.	
Due to industry concerns of supply chain disruptions, DMAS is	DME Manual
instructing DME providers to only deliver one month of supplies	
at a time.	
DME providers must have contact with the member/caregiver	12 VAC 30-60-75(D)
via email, text, messaging	
service, video, phone, etc. to validate the member's need for	
refill supply orders before delivering supplies.	
DMAS will waive in person signature requirements for home	12 VAC 30-50-165
delivery of supplies until the end of the state of emergency.	
DME providers who are making home deliveries of supplies	
must be able to document delivery of supplies in lieu of an in	
person signature. Documentation of delivery can include a	
picture or text/email message from member/caregiver.	
If a third party carrier is used for delivery of supplies the DME	
provider must continue to keep documentation of confirmed	
shipment receipt as proof of delivery.	
Fair Hearing/Appeals	
Suspend in-person client appeal hearings and in-person	12 VAC 30-110-230(B)
provider appeal informal fact-finding conferences.	

Flexibility	State Regulation
Automatically grant client appeal reschedule requests and	12 VAC 30-110-230(B)
automatically schedule a new hearing when the appellant	12 VAC 30-110-260
misses a scheduled hearing (note: DMAS will grant reschedule	
requests if timely made and will allow the client/representative	
to submit good cause to show why a hearing was missed. A	
hearing will be rescheduled if good cause for missing the	
hearing is received in the timeframe set by the Hearing Officer).	
Waivers and Telehealth	

Flexibility	State Regulation
For services facilitation providers, the consumer (Individual)	12VAC30-120-935
Training visit (S5109) and Services facilitation training (S5116)	
may be conducted using telehealth methods.	
Waiver of face to face requirements for case management for	12VAC30-50-410 through
LTSS DD waiver services.	12VAC30-50-440,
	12VAC30-50-470 through
	12VAC30-50-491
Behavioral Health/ARTS	
Waiver of case management face-to-face requirements	12VAC30-50-410 through
behavioral health and ARTS services. Face-to-face every 90 days	12VAC30-50-440,
may continue to be met via telehealth post the end of the state	12VAC30-50-470 through
public health emergency per Executive Order 51 and 58.	12VAC30-50-491
Waiver of certain discharge requirements for behavioral health	12VAC30-60-61-C(14)
1) if an individual is ready for a lower level of care and 2) waive	12VAC30-60-61-D(17)
the discharge requirement if there are no services for 30 days.	12 VAC $30-50-130(D)(2)(c)(4)$ and
	(D)(2)(g)(4)
Service Authorizations for Behavioral Health and ARTS A 14-day	MCO/BHSA Contracts
grace period will be granted for the submission of Behavioral	
Health Authorizations within Community Mental Health	
Rehabilitation Services (CMHRS), Assessments,	
Psychotherapies, Inpatient Treatment Services, and ARTS Levels	
of Care:	
Medicaid managed care organizations (MCOs) and Magellan	
of Virginia will allow up to 14 days after the start of a new	
behavioral health or ARTS service or after the expiration of an	
existing authorization for a service authorization request to be	
submitted from the provider to the MCO or Magellan of	
Virginia.	
• This grace period does not waive medical necessity	
requirements for the services or other requirements currently	
set forth in policies for submissions of service authorization	
requests.	
• This grace period does not guarantee payment.	

Policy flexibilities for behavioral health services –	12VAC30-60-61
Therapeutic Day Treatment (TDT), Intensive In-Home Services	12VAC30-50-226
(IIH), Mental Health Skill Building (MHSS), and Psychosocial	
Rehabilitation (PSR).	
Service delivery may be provided outside of the school setting,	
office setting, or clinic setting for the duration of the PHE.	
Policy flexibilities for behavioral health services –	12VAC30-60-61
TDT providers licensed for school-based and non-school based	
care may provide services outside of the school, including	

Flexibility	State Regulation
during the summer, with their current license due to current	
needs to maintain social distancing. Providers are reminded	
that they must report to DBHDS Office of Licensing any changes	
to their programs that have occurred as a result of COVID-19.	
Policy flexibilities for behavioral health services –	12 VAC 30-50-130(D)(2)(c)(4) and
Individuals who have not participated in a service in 30 days do	(D)(2)(g)(4)
not have to be discharged from the service. If the service	12 VAC 30-60-61(C)(14), (D)(17)
authorization period ends, a new authorization request shall be	
made for the service to continue.	
Behavioral Therapy –	12VAC30-60-61
• For Behavior Therapy services, a physician letter, referral, or	
determination is not required for submission of a service	
authorization. The MCO and Magellan of Virginia shall review	
the request and make a determination without the physician	
referral. The physician referral, letter or determination shall be	
completed within at least 60 days of the start of the service	