

State communication A message from DMAS

Active COVID-19 flexibilities

The following flexibilities remain active at this time:

#	Flexibility	Status		
General or Applies to Multiple Services				
1.	Suspend all drug co-payments for Medicaid and FAMIS members.	Active		
2.	Telehealth policies – as described in prior Medicaid Memoranda issued on	Active		
	March 19, 2020, May 15, 2020, and September 30, 2020 – including waiver			
	of penalties for HIPAA non-compliance and other privacy requirements.			
3.	Allow facilities to be fully reimbursed for services rendered to an unlicensed	Active		
	facility (during PHE). This rule applies to facility based providers only.			
4.	Electronic signatures will be accepted for visits that are conducted through	Active		
	telehealth.			
Waivers				
5.	Members who receive less than one service per month will not be	Active		
	discharged from a HCBS waiver.			
6.	Any member with a significant change requesting an increase in support due	Active		
	to changes in medical condition and/or changes in natural supports must			
	have an in-person visit.			
7.	Allow legally responsible individuals (parents of children under age 18 and	Active		
	spouses) to provide personal care/personal assistance services for			
	reimbursement.			
8.	Personal care, respite, and companion aides hired by an agency shall be	Active		
	permitted to provide services prior to receiving the standard 40-hour			
	training.			
9.	Allow Community Engagement (CE)/Community Coaching (CC) to be	Active		
	provided through telephonic/video-conferencing for individuals who have			
	the technological resources and ability to participate with remote CE/CC			
	staff via virtual platforms,			
10.	Allow In-home Support services to be delivered via an electronic method or	Active		
4.5	telehealth of service delivery.			
11.	Allow Group Day Services to be provided through video conferencing for	Active		
	individuals who have the technological resources and ability to participate			
1.0	with remote Group Day staff via virtual platforms.			
12.	Residential providers are permitted to not comply with the HCBS settings	Active		
	requirement at 42 CFR 441.301(c)(4)(vi)(D) that individuals are able to have			
	visitors of their choosing at any time.			

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Addiction & Recovery Treatment Services (ARTS)				
13.	Opioid treatment programs may administer medication as take home	Active		
	dosages, up to a 28-day supply.			
14.	Allowing a member's home to serve as the originating site for prescription	Active		
	of buprenorphine.			
Behar	vioral Health Services			
15.	Therapeutic Day Treatment (TDT), Intensive In-Home Services (IIH), Mental	Active, telehealth		
	Health Skill Building (MHSS), Intensive Community Treatment (ICT) and			
	Psychosocial Rehabilitation (PSR).			
	The service authorization request for new services will be used to			
	track which members are continuing to receive these services, assess			
	the appropriateness of the services being delivered via different			
	modes of treatment, and to determine if this is an appropriate service			
	to meet the member's needs.			
16.	Therapeutic Day Treatment (TDT), Intensive In-Home Services (IIH), Mental	Active, telehealth		
	Health Skill Building (MHSS), Intensive Community Treatment (ICT) and			
	Psychosocial Rehabilitation (PSR).			
	Face-to-face service requirements will continue to be waived, but			
	documentation shall justify the rationale for the service through a			
	different model of care until otherwise notified. The goals,			
	objectives, and strategies of the ISP shall be updated to reflect any			
	change or changes in the individual's progress and treatment needs,			
	including changes impacting the individual related to COVID-19, as			
	well as any newly identified problem. Documentation of this review			
	shall be added to the individual's medical record as evidenced by the			
	dated signatures of the LMHP, LMHP-R, LMHPRP, LMHP-S, QMHP-A,			
	QMHP-C, or QMHP-E and the individual.			
17.	For youth participating in both TDT and IIH, TDT should not be used in	Active, telehealth		
	person in the home as this would be a duplication of services. TDT may be			
	provided through telehealth to youth receiving IIH (in person or via			
	telehealth) as long as services are coordinated to avoid duplication and			
	ensure efficacy of the treatment provided.			

18.	During the PHE, TDT, IIH, MHSS, ICT and PSR providers may bill for one unit	Active, telehealth
	on days when a billable service is provided, even if time spent in billable	
	activities does not reach the time requirements to bill a service unit. This	
	allowance only applies to the first service unit and does not apply to	
	additional time spent in billable activities after the time requirements for	
	the first service unit is reached. Providers shall bill for a maximum of one	
	unit per day if any of the following apply:	
	The provider is only providing services through telephonic	
	communications. If only providing services through telephonic	
	communications, the provider shall bill a maximum of one unit per	
	member per day, regardless of the amount of time of the phone	
	call(s).	
	The provider is delivering services through telephonic	
	communications, telehealth or face-to-face and does not reach a full	
	unit of time spent in billable activities.	
	The provider is delivering services through any combination of	
	telephonic communications, telehealth and in-person services and	
	does not reach a full unit of time spent in billable activities.	
	does not reach a fair time of time spent in omator activities.	
19.	Behavioral Therapy (H2033) -	Active, telehealth
	Face-to-face service requirements will continue to be waived, but	
	documentation shall justify the rationale for the service through a	
	different model of care until otherwise notified. The goals,	
	objectives, and strategies of the ISP shall be updated to reflect any	
	change or changes in the individual's progress and treatment needs,	
	including changes impacting the individual to COVID-19, as well as	
	any newly identified problem. Documentation of this review shall be	
	added to the individual's medical record as evidenced by the dated	
	signatures of the LMHP, LMHP-R, LMHP-RP, LMHP-S, LBA or LABA.	
20.	Behavioral Therapy (H2033) –	Active, telehealth
	One service unit equals 15 minutes for this level of care. Effective	
	June 11, 2020, Behavioral Therapy providers do not have a one unit	
	max limit per day for audio-only communications	
Nursi	ng Facilities	
21.	Waive the requirements at 42 CFR 483.35(d) (with the exception of 42 CFR	Active
	483.35(d)(1)(i)), which require that a SNF and NF may not employ anyone	
	for longer than four months unless they met the training and certification	
	requirements under § 483.35(d).	
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22.	Drugs dispensed for 90 days will be subject to a 75% refill "too-soon" edit.	Active
	Patients will only be able to get a subsequent 90 day supply of drugs after	
	75% of the prescription has been used (approximately day 68).	
23.	The agency makes exceptions to their published Preferred Drug List if drug	Active
	shortages occur.	
24.	Suspend all drug co-payments for Medicaid and FAMIS members	Active

Appeals				
25.	For all appeals filed during the state of emergency, Medicaid members will	Active		
	automatically keep their coverage.			
26.	There will be no financial recovery for continued coverage for appeals filed	Active		
	during the period the emergency.			
27.	Delay scheduling of fair hearings and issuing fair hearing decisions due to an	Active		
	emergency beyond the state's control.			
28.	The state may offer to continue benefits to individuals who are requesting a	Active		
	fair hearing if the request comes later than the date of the action under 42			
	CFR 431.230.			
29.	Allows applicants and beneficiaries to have more than 90 days to request a	Active		
	fair hearing for eligibility or fee-for-service appeals.			
30.	Modification of the timeframe under 42 C.F.R. §438.408(f)(2) for enrollees	Active		
	to exercise their appeal rights to allow more than 120 days to request a fair			
	hearing when the initial 120th day deadline for an enrollee occurred during			
	the period of this section 1135 waiver.			
31.	Verbal authorization for representation during the appeal.	Active		

Member Eligibility and Enrollment

Continuity of coverage will remain in place for Medicaid members through the end of the federal Public Health Emergency (PHE) and Maintenance of Effort (MOE). No closures or reduction of coverage will be taken on Medicaid enrollments through the end of the federally declared emergency unless a death is reported, an enrollee moves from Virginia permanently, or an enrollee requests closure of coverage. Individuals who become incarcerated must have their coverage reduced to cover inpatient services only.

Federal continuity of coverage requirements do not apply to lawfully residing non-citizen pregnant women or children under age 19. Additionally, the continuity of coverage requirements do not apply for coverage in the Family Access to Medical Insurance Security (FAMIS) or FAMIS MOMS programs Individuals who no longer meet eligibility requirements in the FAMIS or FAMIS MOMS programs will be re-determined and enrolled in other coverage or, if no longer eligible, referred to the Federal Marketplace for coverage options.

LTSS providers, please note that eligibility workers are unable to process increases in patient pay at this time due to the PHE and MOE.