

Updates to AIM Specialty Health Sleep Disorder Management Clinical Appropriateness Guidelines

Please note, this communication applies to Anthem HealthKeepers Plus, Medallion and Anthem HealthKeepers Plus, Commonwealth Coordinated Care Plus (Anthem CCC Plus) offered by HealthKeepers, Inc.

Effective for dates of service on and after September 11, 2022, the following updates will apply to the *AIM Specialty Health Sleep Disorder Management Clinical Appropriateness Guidelines*. As part of the AIM Specialty Health®* guideline annual review process, these updates are focused on advancing efforts to drive clinically appropriate, safe, and affordable health care services.

- Established sleep disorder (OSA or other) – follow-up laboratory studies – added indication for one follow-up in-lab sleep study as appropriate following insertion of a hypoglossal nerve stimulator
- Multiple Sleep Latency Testing (MSLT) and/or Maintenance of Wakefulness Testing (MWT) – new indication for MWT in occupational safety evaluation
- Management of OSA using Oral Appliances (OA) – limit guideline for oral appliance use to patients 16 years and older

As a reminder, ordering and servicing providers may submit prior authorization requests to AIM in one of several ways:

- Access the AIM *ProviderPortal*_{SM} directly at www.providerportal.com
 - **Online access is available 24/7 to process orders in real-time and is the fastest and most convenient way to request authorization.**
- Access AIM via the Availity* Web Portal at www.availity.com.
- Call the AIM Contact Center toll-free number at **800-714-0040** Monday through Friday, from 7 a.m. to 7 p.m. Central time.

For questions related to guidelines, please contact AIM via email at aim.guidelines@aimspecialtyhealth.com. Additionally, you may access and download a copy of the current and upcoming guidelines at <https://aimspecialtyhealth.com/resources/clinical-guidelines>.



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To start receiving email from us (including some sent in lieu of fax or mail), submit your information using the QR code to the right or via our online form (<https://bit.ly/2XEur24>).



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