



## The mental health practitioner hub

# A new education resource for Anthem Blue Cross and Blue Shield (Anthem) mental and behavioral health providers

The mental health practitioner hub is for those who treat mental health, moving practitioners from generalists to specialists by earning certificates and badges in evidence-based interventions and practices.

#### How to access

- 1. Go to app.psychhub.com/signup/OHAnthem-MHP.
- 2. Complete Let's Get Started section.
- 3. Check box to agree to Terms of Use.
- 4. Select Sign Up.

#### What are the benefits?

- · No cost for Anthem providers
- Access to courses, videos, and other content
- Ability to earn CEUs

#### In the mental health practitioner hub:

Everything needed to compliment treatment in between sessions:

- Foundational & specialty practitioner course
- Therapeutic-specific companion videos
- Mental health literacy video library
- Journal and interactive exercises
- Tip sheets with specific resources
- Assessments to measure treatment progress



\*Psych Hub is an independent company providing mental health training services on behalf of Anthem Blue Cross and Blue Shield.

### https://providers.anthem.com/oh

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