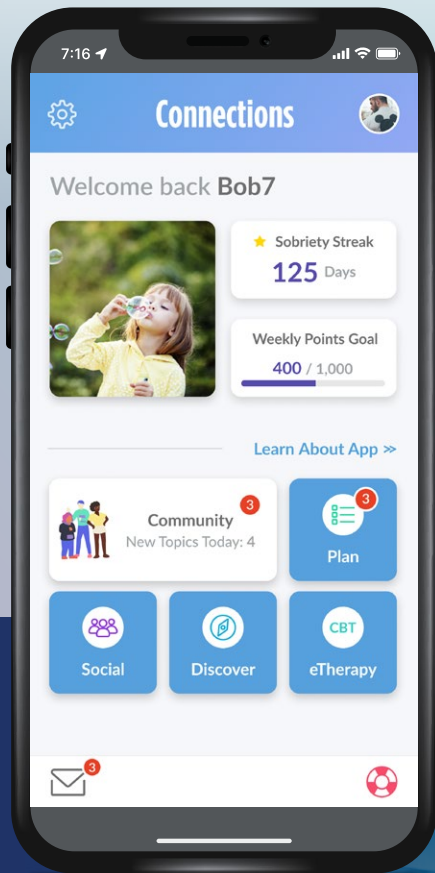


Connections App



24/7 Recovery Support

- Anonymous, moderated discussion forums to get and give community peer support
- Digital CBT to learn recovery skills
- Recovery and sobriety tracking
- Gamification: activity points, levels & badges
- Video and community resource library
- Reminders and motivations
- Crisis support, if necessary

Supported by CHES Health's team of certified peer support specialists



Mike6

I love the support we get from this app each day. This has become such a part of my life, I really look forward to reading and engaging with people on here. I am beyond grateful for what I've gotten from this place, I can't imagine not chatting with you guys/gals. Thank you for everything you do. ❤️



Easy Options for Providers to Give Connections App to Patients

OPTION 1 Invite a CHES peer team member to explain to member via Zoom or phone call and set them up with access/plan for discharge
Preferred Option
Email onboarding@chess.health

OPTION 2 Request quick enrollment link to setup your patients on your own schedule

OPTION 3 Get full access to CHES Dashboard to setup and support patients