

Clinical Utilization Management Guidelines

Attached is a list of the *Clinical Utilization Management (UM) Guidelines* the health plan has adopted.

The full list of *Medical Policies* and *Clinical UM Guidelines* are publicly available on the [Medical Policy and Clinical UM Guideline subsidiary website](#). Their purpose is to help you provide quality care by reducing inappropriate use of medical resources.

MCG Care Guidelines are used for:

- Medical necessity review for medical and behavioral health inpatient review.
- Inpatient site of service appropriateness.
- Inpatient rehabilitation and skilled nursing facility review.
- Outpatient based service or procedure where there is not an established *Medical Policy* or *Clinical UM Guideline*.

If MCG Care Guidelines do not cover a behavioral health service, the following standardized tools for medical necessity determinations are used:

- Adults: Level of Care Utilization System[®] (LOCUS)
- Children and Adolescents: Child and Adolescent Service Intensity Instrument (CASII)
- Young Children: Early Childhood Service Intensity Instrument (ECSII)

In addition, American Society of Addiction Medicine[®] (ASAM) criteria are used for substance use services according to state requirements.

Medicaid state contracts, regulatory guidance, CMS requirements and our *Medical Policy/Clinical UM Guidelines*, when approved by the Department for Medicaid Services (DMS), supersede MCG Care Guidelines.

Note: We make determinations of medical necessity on a case-by-case basis in accordance with the definition of medical necessity that is contained within the Medicaid state contract, regulatory guidance, CMS requirements or in our *Medical Necessity Criteria Policy ADMIN.0004*.

If the request doesn't meet established criteria guidelines, it will be referred to a licensed physician reviewer with the appropriate clinical expertise to make a decision.

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Clinical Utilization Management Criteria

The *Clinical Utilization Management Criteria* below, that are indicated as *new*, were adopted by the Medical Operations Committee for Anthem Blue Cross and Blue Shield members on December 15, 2022.

To view the criteria below, select the link in the *Criteria Title* column. For additional information regarding our *Medical Policies* and *Clinical UM Guidelines*, visit [Provider manuals and guides | Anthem Blue Cross and Blue Shield](#).

Criteria Number	Criteria Title	New Item
CG-ADMIN-01	Clinical Utilization Management (UM) Guideline for Pre-Payment Review Medical Necessity Determinations When No Other Clinical UM Guideline Exists	
CG-ANC-04	Ambulance Services: Air and Water	
CG-ANC-05	Ambulance Services: Ground; Emergent	
CG-ANC-06	Ambulance Services: Ground; Non-Emergent	
CG-ANC-08	Mobile Device-Based Health Management Applications	
CG-BEH-02	Adaptive Behavioral Treatment	
CG-BEH-15	Activity Therapy for Autism Spectrum Disorders and Rett Syndrome	
CG-DME-04	Electrical Nerve Stimulation, Transcutaneous, Percutaneous	
CG-DME-06	Pneumatic Compression Devices for Lymphedema	
CG-DME-09	Continuous Local Delivery of Analgesia to Operative Sites using an Elastomeric Infusion Pump during the Post-Operative Period	
CG-DME-18	Home Oxygen Therapy	
CG-DME-20	Orthopedic Footwear	
CG-DME-21	External Infusion Pumps for the Administration of Drugs in the Home or Residential Care Settings	
CG-DME-22	Ankle-Foot & Knee-Ankle-Foot Orthoses	
CG-DME-35	Electric Breast Pumps	
CG-DME-37	Air Conduction Hearing Aids	
CG-DME-39	Dynamic Low-Load Prolonged-Duration Stretch Devices	
CG-DME-41	Ultraviolet Light Therapy Delivery Devices for Home Use	
CG-DME-46	Pneumatic Compression Devices for Prevention of Deep Vein Thrombosis of the Extremities in the Home Setting	
CG-DME-48	Vacuum Assisted Wound Therapy in the Outpatient Setting	
CG-DME-49	Standing Frames	
CG-GENE-04	Molecular Marker Evaluation of Thyroid Nodules	
CG-GENE-13	Genetic Testing for Inherited Diseases	

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CG-GENE-14	Gene Mutation Testing for Solid Tumor Cancer Susceptibility and Management	
CG-GENE-16	BRCA Testing for Breast and/or Ovarian Cancer Syndrome	
CG-LAB-03	Tropism Testing for HIV Management	
CG-LAB-09	Drug Testing or Screening in the Context of Substance Use Disorder and Chronic Pain	
CG-LAB-10	Zika Virus Testing	
CG-LAB-11	Screening for Vitamin D Deficiency in Average Risk Individuals	
CG-LAB-13	Skin Nerve Fiber Density Testing	
CG-LAB-14	Respiratory Viral Panel Testing in the Outpatient Setting	
CG-LAB-16	Serum Amylase Testing	
CG-LAB-17	Molecular Gastrointestinal Pathogen Panel (GIPP) Testing for Infectious Diarrhea in the Outpatient Setting	
CG-MED-08	Home Enteral Nutrition	
CG-MED-21	Anesthesia Services and Moderate ("Conscious") Sedation	
CG-MED-24	Electromyography and Nerve Conduction Studies	
CG-MED-34	Monitored Anesthesia Care for Gastrointestinal Endoscopic Procedures	
CG-MED-37	Intensive Programs for Pediatric Feeding Disorders	
CG-MED-39	Bone Mineral Density Testing Measurement	
CG-MED-41	Moderate to Deep Anesthesia Services for Dental Surgery in the Facility Setting	
CG-MED-46	Electroencephalography and Video Electroencephalographic Monitoring	
CG-MED-49	Auditory Brainstem Responses (ABRs) and Evoked Otoacoustic Emissions (OAEs) for Hearing Disorders	
CG-MED-50	Visual, Somatosensory and Motor Evoked Potentials	
CG-MED-51	Three-Dimensional (3-D) Rendering of Imaging Studies	
CG-MED-53	Cervical Cancer Screening Using Cytology and Human Papillomavirus Testing	
CG-MED-61	Preoperative Testing for Low-Risk Invasive Procedures and Surgeries	
CG-MED-62	Resting Electrocardiogram Screening in Adults	
CG-MED-65	Manipulation Under Anesthesia	
CG-MED-66	Cryopreservation of Oocytes or Ovarian Tissue	
CG-MED-69	Inhaled Nitric Oxide	
CG-MED-72	Hyperthermia for Cancer Therapy	
CG-MED-76	Magnetic Source Imaging and Magnetoencephalography	
CG-MED-78	Anesthesia Services for Interventional Pain Management Procedures	
CG-MED-89	Home Parenteral Nutrition	
CG-MED-90	Chelation Therapy	
CG-OR-PR-02	Prefabricated and Prophylactic Knee Braces	
CG-OR-PR-05	Myoelectric Upper Extremity Prosthesis Devices	

Criteria Number	Criteria Title	New Item
CG-OR-PR-06	Spinal Orthoses: Thoracic-Lumber-Sacral (TLSO), Lumbar-Sacral (LSO), and Lumber	
CG-REHAB-02	Outpatient Cardiac Rehabilitation	
CG-REHAB-03	Pulmonary Rehabilitation	
CG-REHAB-10	Level of Care: Outpatient Physical Therapy, Occupational Therapy and Speech-Language Pathology Services	
CG-REHAB-12	Rehabilitative and Habilitative Services in the Home Setting: Physical Medicine/Physical Therapy, Occupational Therapy and Speech-Language Pathology	
CG-SURG-03	Blepharoplasty, Blepharoptosis Repair and Brow Lift	
CG-SURG-09	Temporomandibular Disorders	
CG-SURG-12	Penile Prosthesis Implantation	
CG-SURG-24	Functional Endoscopic Sinus Surgery (FESS)	
CG-SURG-25	Injection Treatment for Morton's Neuroma	
CG-SURG-27	Gender Affirming Surgery	
CG-SURG-31	Treatment of Keloids and Scar Revision	
CG-SURG-40	Cataract Removal Surgery for Adults	
CG-SURG-41	Surgical Strabismus Correction	
CG-SURG-63	Cardiac Resynchronization Therapy with or without an Implantable Cardioverter Defibrillator for the Treatment of Heart Failure	
CG-SURG-70	Gastric Electrical Stimulation	
CG-SURG-73	Balloon Sinus Ostial Dilation	
CG-SURG-77	Refractive Surgery	
CG-SURG-78	Locoregional and Surgical Techniques for Treating Primary and Metastatic Liver Malignancies	
CG-SURG-79	Implantable Infusion Pumps	
CG-SURG-81	Cochlear Implants and Auditory Brainstem Implants	
CG-SURG-82	Bone-Anchored and Bone Conduction Hearing Aids	
CG-SURG-84	Mandibular/Maxillary (Orthognathic) Surgery	
CG-SURG-85	Hip Resurfacing	
CG-SURG-86	Endovascular/Endoluminal Repair of Aortic Aneurysms, Aortoiliac Disease, Aortic Dissection and Aortic Transection	
CG-SURG-94	Keratoprosthesis	
CG-SURG-97	Cardioverter Defibrillators	
CG-SURG-99	Panniculectomy and Abdominoplasty	
CG-SURG-104	Intraoperative Neurophysiological Monitoring	
CG-SURG-107	Surgical and Minimally Invasive Treatments for Benign Prostatic Hyperplasia (BPH)	
CG-THER-RAD-07	Intravascular Brachytherapy (Coronary and Non-Coronary)	
CG-TRANS-02	Kidney Transplantation	

Criteria Number	Criteria Title	New Item
CG-TRANS-03	Donor Lymphocyte Infusion for Hematologic Malignancies after Allogeneic Hematopoietic Progenitor Cell Transplantation	
ANC.00006	Biomagnetic Therapy	
ANC.00007	Cosmetic and Reconstructive Services: Skin Related	
ANC.00008	Cosmetic and Reconstructive Services of the Head and Neck	
DME.00011	Electrical Stimulation as a Treatment for Pain and Other Conditions: Surface and Percutaneous Devices	
DME.00025	Self-Operated Spinal Unloading Devices	
DME.00032	Automated External Defibrillators for Home Use	
DME.00037	Cooling Devices and Combined Cooling/Heating Devices	
DME.00038	Static Progressive Stretch (SPS) and Patient-Actuated Serial Stretch (PASS) Devices	
DME.00048	Virtual Reality-Assisted Therapy Systems	
GENE.00009	Gene Expression Profiling and Genomic Biomarker Tests for Prostate Cancer	
GENE.00010	Panel and other Multi-Gene Testing for Polymorphisms to Determine Drug-Metabolizer Status	
GENE.00025	Proteogenomic Testing for the Evaluation of Malignancies	
GENE.00041	Genetic Testing to Confirm the Identity of Laboratory Specimens	
GENE.00049	Circulating Tumor DNA Panel Testing (Liquid Biopsy)	
GENE.00050	Gene Expression Profiling for Coronary Artery Disease	
GENE.00052	Whole Genome Sequencing, Whole Exome Sequencing, Gene Panels, and Molecular Profiling	
GENE.00053	Metagenomic Sequencing for Infectious Disease in the Outpatient Setting	
GENE.00054	Paired DNA and Messenger RNA (mRNA) Genetic Testing to Detect, Diagnose and Manage Cancer	
GENE.00055	Gene Expression Profiling for Risk Stratification of Inflammatory Bowel Disease (IBD) Severity	
GENE.00056	Gene Expression Profiling for Bladder Cancer	
GENE.00057	Gene Expression Profiling for Idiopathic Pulmonary Fibrosis	
LAB.00003	In Vitro Chemosensitivity Assays and In Vitro Chemoresistance Assays	
LAB.00011	Selected Protein Biomarker Algorithmic Assays	
LAB.00015	Detection of Circulating Tumor Cells	
LAB.00019	Proprietary Algorithms for Liver Fibrosis in the Evaluation and Monitoring of Chronic Liver Disease	
LAB.00024	Immune Cell Function Assay	
LAB.00027	Selected Blood, Serum and Cellular Allergy and Toxicity Tests	
LAB.00029	Rupture of Membranes Testing in Pregnancy	
LAB.00030	Measurement of Serum Concentrations of Monoclonal Antibody Drugs and Antibodies to Monoclonal Antibody Drugs	
LAB.00035	Multi-biomarker Disease Activity Blood Tests for Rheumatoid Arthritis	

Criteria Number	Criteria Title	New Item
LAB.00036	Multiplex Autoantigen Microarray Testing for Systemic Lupus Erythematosus	
LAB.00037	Serologic Testing for Biomarkers of Irritable Bowel Syndrome (IBS)	
LAB.00038	Cell-free DNA Testing to Aid in the Monitoring of Kidney Transplants for Rejection	
LAB.00039	Pooled Antibiotic Sensitivity Testing	
LAB.00041	Machine Learning Derived Probability Score for Rapid Kidney Function Decline	
MED.00002	Selected Sleep Testing Services	
MED.00011	Sensory Stimulation for Brain-Injured Individuals in Coma or Vegetative State	
MED.00013	Parenteral Antibiotics for the Treatment of Lyme Disease	
MED.00024	Adoptive Immunotherapy and Cellular Therapy	
MED.00053	Non-Invasive Measurement of Left Ventricular End Diastolic Pressure in the Outpatient Setting	
MED.00059	Idiopathic Environmental Illness (IEI)	
MED.00089	Quantitative Muscle Testing Devices	
MED.00096	Low-Frequency Ultrasound Therapy for Wound Management	
MED.00097	Neural Therapy	
MED.00098	Hyperoxemic Reperfusion Therapy	
MED.00101	Physiologic Recording of Tremor using Accelerometer(s) and Gyroscope(s)	
MED.00103	Automated Evacuation of Meibomian Gland	
MED.00118	Continuous Monitoring of Intraocular Pressure	
MED.00125	Biofeedback and Neurofeedback	
MED.00128	Insulin Potentiation Therapy	
MED.00130	Surface Electromyography and Electrodermal Activity Sensor Devices for Seizure Monitoring	
MED.00131	Electronic Home Visual Field Monitoring	
MED.00132	Adipose-derived Regenerative Cell Therapy and Soft Tissue Augmentation Procedures	
MED.00133	Ingestion Event Monitors	
MED.00134	Non-invasive Heart Failure and Arrhythmia Management and Monitoring System	
MED.00137	Eye Movement Analysis Using Non-spatial Calibration for the Diagnosis of Concussion	
OR-PR.00005	Upper Extremity Myoelectric Orthoses	
OR-PR.00006	Powered Robotic Lower Body Exoskeleton Devices	
RAD.00044	Magnetic Resonance Neurography	
RAD.00057	Near-Infrared Coronary Imaging and Near-Infrared Intravascular Ultrasound Coronary Imaging	
RAD.00061	PET/MRI	
RAD.00063	Magnetization-Prepared Rapid Acquisition Gradient Echo Magnetic Resonance Imaging (MPRAGE MRI)	

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RAD.00064	Myocardial Sympathetic Innervation Imaging with or without Single-Photon Emission Computed Tomography (SPECT)	
RAD.00065	Radiostereometric Analysis (RSA)	
SURG.00008	Mechanized Spinal Distraction Therapy	
SURG.00010	Treatments for Urinary Incontinence	
SURG.00023	Breast Procedures; including Reconstructive Surgery, Implants and Other Breast Procedures	
SURG.00036	Fetal Surgery for Prenatally Diagnosed Malformations	
SURG.00037	Treatment of Varicose Veins (Lower Extremities)	
SURG.00043	Electrothermal Shrinkage of Joint Capsules, Ligaments, and Tendons	
SURG.00052	Percutaneous Vertebral Disc and Vertebral Endplate Procedures	
SURG.00061	Presbyopia and Astigmatism-Correcting Intraocular Lenses	
SURG.00084	Implantable Middle Ear Hearing Aids	
SURG.00104	Extraosseous Subtalar Joint Implantation and Subtalar Arthroereisis	
SURG.00113	Artificial Retinal Devices	
SURG.00124	Carotid Sinus Baroreceptor Stimulation Devices	
SURG.00128	Implantable Left Atrial Hemodynamic Monitor	
SURG.00129	Oral, Pharyngeal and Maxillofacial Surgical Treatment for Obstructive Sleep Apnea or Snoring	
SURG.00132	Drug-Eluting Devices for Maintaining Sinus Ostial Patency	
SURG.00138	Laser Treatment for Onychomycosis	
SURG.00139	Intraoperative Assessment of Surgical Margins During Breast-Conserving Surgery with Radiofrequency Spectroscopy or Optical Coherence Tomography	
SURG.00140	Peripheral Nerve Blocks for Treatment of Neuropathic Pain	
SURG.00142	Genicular Nerve Blocks and Ablation for Chronic Knee Pain	
SURG.00147	Synthetic Cartilage Implant for Metatarsophalangeal Joint Disorders	
SURG.00148	Spectral Analysis of Prostate Tissue by Fluorescence Spectroscopy	
SURG.00152	Wireless Cardiac Resynchronization Therapy for Left Ventricular Pacing	
SURG.00153	Cardiac Contractility Modulation Therapy	
SURG.00159	Focal Laser Ablation for the Treatment of Prostate Cancer	
TRANS.00004	Cell Transplantation (Mesencephalic, Adrenal-Brain and Fetal Xenograft)	
TRANS.00025	Laboratory Testing as an Aid in the Diagnosis of Heart Transplant Rejection	