

Condition Care Program

A resource for your patients

Our Condition Care Program (CNDC) is based on a system of coordinated care management interventions and communications designed to assist physicians and others in managing patients with chronic conditions.

About CNDC

The mission of the CNDC is to improve the health and quality of life of the members served.

Our program staff uses motivational interviewing techniques to:

- Prioritize member-centered healthcare needs and goals.
- Identify barriers to goals.
- Increase member knowledge of health condition(s) and care plan.
- Encourage member self-care efforts.
- Coordinate healthcare services.

Who is eligible?

Members diagnosed with one or more of the conditions listed below are eligible for CNDC services:

- Asthma
- Bipolar disorder
- Chronic obstructive pulmonary disease (COPD)
- Congestive heart failure (CHF)
- Coronary artery disease (CAD)
- Diabetes
- HIV/AIDS
- Hypertension
- Major depressive disorder adult
- Major depressive disorder child/adolescent
- Schizophrenia
- · Substance abuse disorder



Provider Rights and Responsibilities

Provider Rights and Responsibilities can be accessed in the provider manual and on the CNDC provider website at https://providers.anthem.com/oh.

We welcome your referrals

To refer a member to the CNDC, fill out our *Condition-Care Referral Form* online at https://providers.anthem.com/oh and email the completed form to Condition-Care-Provider-Referrals@anthem.com.

Questions about the program?

Email us at Condition-Care-Provider-Referrals@ anthem.com or call **888-830-4300** from 8:30 a.m. to 5:30 p.m. local time, Monday through Friday, to reach a CNDC staff member. Confidential voicemail is available 24 hours a day. For more information about CNDC, visit https://providers.anthem.com/oh.



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