

# Treatment Plan Request Form for Autism Spectrum Disorders

New York | Medicaid

Care providers can submit requests online using our preferred method at <https://Availity.com>. The submission must include information about a board-certified behavior analyst (BCBA) or other qualified healthcare provider (QHCP), and this Treatment Plan Request Form for Autism Spectrum Disorders.

Check one: ☐ Comprehensive Applied Behavior Analysis (ABA) request ☐ Focused ABA request

Please print clearly and fill out the entire form, even if the information is documented in attachments. Incomplete or illegible forms will be returned.

| Member information                                                                                   |                                |
|------------------------------------------------------------------------------------------------------|--------------------------------|
| Member name:                                                                                         |                                |
| Date of birth:                                                                                       | Member ID:                     |
| Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other |                                |
| Member address:                                                                                      |                                |
| City, state:                                                                                         | ZIP:                           |
| State where services are conducted (if different from above):                                        |                                |
| Caregiver name:                                                                                      |                                |
| Phone:                                                                                               | Email:                         |
| Diagnosis:                                                                                           | Diagnosed by whom:             |
| Age of first ABA treatment:                                                                          | Start date of current request: |

| Agency information |
|--------------------|
| Agency name:       |

To learn more about applying for health insurance, including Medicaid, Child Health Plus, Essential Plan, and Qualified Health Plans through the NY State of Health, The Official Health Plan Marketplace, visit [nystateofhealth.ny.gov](http://nystateofhealth.ny.gov) or call 855-355-5777.

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**Agency information**

|                                                                                                          |                                                                                     |
|----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| TID:                                                                                                     | NPI:                                                                                |
| Agency phone:                                                                                            | Is voicemail confidential? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Fax:                                                                                                     |                                                                                     |
| Are you in network with your local Anthem plan? <input type="checkbox"/> Yes <input type="checkbox"/> No |                                                                                     |
| Servicing address:                                                                                       |                                                                                     |
| Contact person name:                                                                                     |                                                                                     |
| Phone:                                                                                                   | Email:                                                                              |

**BCBA or rendering provider information**

|                                    |                                                                                     |
|------------------------------------|-------------------------------------------------------------------------------------|
| Provider name:                     |                                                                                     |
| TID:                               | NPI:                                                                                |
| Phone:                             | Is voicemail confidential? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Email:                             |                                                                                     |
| Address (if different from above): |                                                                                     |

**Place of service [location(s) where services will take place]**

|                                 |                                                  |                                                  |
|---------------------------------|--------------------------------------------------|--------------------------------------------------|
| <input type="checkbox"/> Home   | <input type="checkbox"/> School (if allowed)     | <input type="checkbox"/> Other (please specify): |
| <input type="checkbox"/> Clinic | <input type="checkbox"/> Telehealth (if allowed) | _____                                            |

**Assessment**

For initial assessment requests when requesting only 97151/97152 and 0362T, or if a member has new insurance coverage, the following should be included:

- Diagnostic evaluation/report completed by a doctorate-level clinician or allowable QHCP per state regulations confirming the member's diagnosis, to include:
  - Records showing how the patient meets criteria for Autism Spectrum Disorder as per DSM-5-TR criteria.
  - Standardized diagnostic tools such as Autism Diagnostic Interview, Revised (ADI-R); Autism Diagnostic Observation Schedule, Second Edition (ADOS-2); Childhood Autism Rating Scale, Second Edition (CARS-2).
- ABA referral (current within the last two years) that includes the DSM-5 Diagnostic Checklist for ASD diagnoses and symptom severity level.

## Treatment

The treatment plan should be dated within 30 days of the start date.

We recommend including the following in your request:

- Statement of any previous interventions for ASD and outcomes.
- Current behavioral support plan and treatment plan, including symptoms and behaviors requiring treatment.
- Cumulative graphs/charts of baseline data and current progress.
- Description of progress on goals since last review.
- Baseline and updated assessments (for example, Vineland, VB Mapp, ABLLS-R) to show progress toward goals is occurring.
- List any other services the member is receiving (for example, PT, OT, ST, school, behavioral health) and coordination of care with other care providers noted.
- Description of treatment setting(s).
- Individualized schedule of treatment (hours per day/week).
- Documentation of changes in parental/caregiver/guardian situation, if applicable, since the last review, plus measurable goals for parent training.
- Measurable, client-specific plans for generalization:
  - If home and community generalization is not possible, then describe the behaviors that are preventing generalization.
- Measurable, client-specific, discharge/transition plan:
  - May address plan for transition from comprehensive to focused ABA treatment.

| Adaptive behavior treatment                                                                                                                                                                                                 | Units | CPT® code | Timeframe                |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|-----------|--------------------------|
| Behavior identification assessment (initial or reassessment) administered by a physician/QHCP. Units are in 15-minute increments.                                                                                           |       | 97151     | Per authorization period |
| Behavior identification supporting assessment administered by technician under the direction of physician/QHCP, face-to-face with patient. Units are in 15-minute increments.                                               |       | 97152     | Per authorization period |
| Adaptive behavior treatment by protocol administered by a technician under the direction of a physician/QHCP, receiving two hours of supervision for every 10 hours of direct treatment. Units are in 15-minute increments. |       | 97153     | Per week                 |

| Adaptive behavior treatment                                                                                                                                                                                          | Units | CPT® code | Timeframe                |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|-----------|--------------------------|
| Group adaptive behavior treatment by protocol by technician under the direction of physician/QHCP, face-to-face with two or more patients. Units are in 15-minute increments.                                        |       | 97154     | Per week                 |
| Adaptive behavior treatment with protocol modification, administered by a physician/QHCP. May be used for the Direction of Technician (Oversight) face- to-face with one patient. Units are in 15-minute increments. |       | 97155     | Per week                 |
| Family Adaptive Behavior Treatment Guidance — administered by a physician/QHCP, with or without the patient present. Units are in 15-minute increments.                                                              |       | 97156     | Per authorization period |
| Multiple-Family Group Adaptive Behavior Treatment Guidance — multiple family group, administered by the physician/QHCP. Units are in 15-minute increments.                                                           |       | 97157     | Per authorization period |
| Group adaptive behavior treatment with protocol modification (Social Skills Group) by a physician/QHCP, face-to-face with two or more patients. Units are in 15-minute increments.                                   |       | 97158     | Per week                 |

|                                                                                                                         |  |         |  |
|-------------------------------------------------------------------------------------------------------------------------|--|---------|--|
| Provider name (print)                                                                                                   |  | Date    |  |
| Provider signature                                                                                                      |  | License |  |
| <i>My signature confirms that any paraprofessional under my supervision has the appropriate education and training.</i> |  |         |  |

If you are unable to submit through <https://Availity.com>, you may fax treatment plans to **844-452-8072**.