

## Clinical Utilization Management Guidelines

Anthem Blue Cross and Blue Shield Healthcare Solutions | Medicaid Managed Care

Attached is a list of the *Clinical Utilization Management (UM) Guidelines* the health plan has adopted.

The full list of *Medical Policies* and *Clinical UM Guidelines* are publicly available on the [Medical Policy and Clinical UM Guideline subsidiary website](#). Their purpose is to help you provide quality care by reducing inappropriate use of medical resources.

InterQual® Criteria or MCG Care Guidelines are used only for:

- Medical necessity review for medical and behavioral health inpatient review.
- Inpatient site of service appropriateness.
- Inpatient rehabilitation and skilled nursing facility review.
- Outpatient based service or procedure where there is not an established *Medical Policy* or *Clinical UM Guideline*.

In addition, American Society of Addiction Medicine® (ASAM) criteria is used for substance abuse services according to state requirements.

Medicaid state contracts, regulatory guidance, CMS requirements and our *Medical Policy/Clinical UM Guidelines* supersede MCG Care Guidelines and InterQual Criteria.

**Note:** We make determinations of medical necessity on a case-by-case basis in accordance with the definition of medical necessity that is contained within the Medicaid state contract, regulatory guidance, CMS requirements or in our *Medical Necessity Criteria Policy ADMIN.0004*.

If the request doesn't meet established criteria guidelines, it will be referred to the licensed physician reviewer with the appropriate clinical expertise to make a decision.



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The *Clinical Utilization Management Guidelines (CUMG)* below, which are indicated as *new*, were adopted by the Medical Operations Committee for Anthem members on June 27, 2024.

To view a guideline, visit [Provider Medical Policy Search Results](#).

| CUMG Number | CUMG Title  | New Item |
|-------------|---|----------|
| CG-ADMIN-01 | Clinical Utilization Management (UM) Guideline for Pre-Payment Review Medical Necessity Determinations When No Other Clinical UM Guideline Exists |          |
| CG-ANC-03   | Acupuncture   |          |
| CG-ANC-04   | Ambulance Services: Air and Water   |          |
| CG-ANC-05   | Ambulance Services: Ground; Emergent  |          |
| CG-ANC-06   | Ambulance Services: Ground; Nonemergent   |          |
| CG-ANC-07   | Inpatient Interfacility Transfers   |          |
| CG-ANC-08   | Mobile Device-Based Health Management Applications  |          |
| CG-BEH-14   | Intensive In-Home Behavioral Health Services  |          |
| CG-BEH-15   | Activity Therapy for Autism Spectrum Disorders and Rett Syndrome  |          |
| CG-DME-03   | Neuromuscular Stimulation in the Treatment of Muscle Atrophy  |          |
| CG-DME-04   | Electrical Nerve Stimulation, Transcutaneous, Percutaneous  |          |
| CG-DME-05   | Cervical Traction Devices for Home Use  |          |
| CG-DME-06   | Compression Devices for Lymphedema  |          |
| CG-DME-07   | Augmentative and Alternative Communication (AAC) Devices with Digitized or Synthesized Speech Output  |          |
| CG-DME-08   | Infant Home Apnea Monitors  |          |
| CG-DME-09   | Continuous Local Delivery of Analgesia to Operative Sites using an Elastomeric Infusion Pump During the Postoperative Period                      |          |
| CG-DME-10   | Durable Medical Equipment   |          |
| CG-DME-12   | Home Phototherapy Devices for Neonatal Hyperbilirubinemia   |          |
| CG-DME-13   | Lower Limb Prosthesis   |          |
| CG-DME-15   | Hospital Beds and Accessories   |          |
| CG-DME-16   | Pressure Reducing Support Systems Groups 1, 2 and 3   |          |
| CG-DME-18   | Home Oxygen Therapy   |          |
| CG-DME-19   | Therapeutic Shoes, Inserts or Modifications for Individuals with Diabetes   |          |
| CG-DME-20   | Orthopedic Footwear   |          |

| CUMG Number | CUMG Title  | New Item |
|-------------|---|----------|
| CG-DME-21   | External Infusion Pumps for the Administration of Drugs in the Home or Residential Care Settings            |          |
| CG-DME-22   | Ankle-Foot & Knee-Ankle-Foot Orthoses   |          |
| CG-DME-23   | Lifting Devices for Use in the Home   |          |
| CG-DME-24   | Wheeled Mobility Devices: Manual Wheelchairs — Standard, Heavy Duty and Lightweight                         |          |
| CG-DME-25   | Seat Lift Mechanisms  |          |
| CG-DME-26   | Back-Up Ventilators in the Home Setting   |          |
| CG-DME-30   | Prothrombin Time Self-Monitoring Devices  |          |
| CG-DME-31   | Powered Wheeled Mobility Devices  |          |
| CG-DME-33   | Wheeled Mobility Devices: Manual Wheelchairs — Ultra Lightweight  |          |
| CG-DME-34   | Wheeled Mobility Devices: Wheelchair Accessories  |          |
| CG-DME-35   | Electric Breast Pumps   |          |
| CG-DME-36   | Pediatric Gait Trainers   |          |
| CG-DME-37   | Air Conduction Hearing Aids   |          |
| CG-DME-39   | Dynamic Low-Load Prolonged-Duration Stretch Devices   |          |
| CG-DME-40   | Noninvasive Electrical Bone Growth Stimulation of the Appendicular Skeleton                                 |          |
| CG-DME-41   | Ultraviolet Light Therapy Delivery Devices for Home Use   |          |
| CG-DME-42   | Continuous Glucose Monitoring Devices   |          |
| CG-DME-43   | High Frequency Chest Compression Devices for Airway Clearance   |          |
| CG-DME-44   | Electric Tumor Treatment Field (TTF)  |          |
| CG-DME-45   | Ultrasound Bone Growth Stimulation  |          |
| CG-DME-46   | Pneumatic Compression Devices for Prevention of Deep Vein Thrombosis of the Extremities in the Home Setting |          |
| CG-DME-47   | Noninvasive Home Ventilator Therapy for Respiratory Failure   |          |
| CG-DME-48   | Vacuum Assisted Wound Therapy in the Outpatient Setting   |          |
| CG-DME-49   | Standing Frames   |          |
| CG-DME-50   | Automated Insulin Delivery Systems  |          |
| CG-DME-51   | External Insulin Pumps  |          |
| CG-DME-52   | Continuous Passive Motion Devices in the Home Setting   |          |
| CG-DME-53   | Biomechanical Footwear Therapy  |          |
| CG-DME-54   | Mechanical Insufflation-Exsufflation Devices  | New      |
| CG-DME-55   | Automated External Defibrillators for Home Use  | New      |
| CG-LAB-03   | Tropism Testing for HIV Management  |          |
| CG-LAB-09   | Drug Testing or Screening in the Context of Substance Use Disorder and Chronic Pain                         |          |
| CG-LAB-10   | Zika Virus Testing  |          |
| CG-LAB-11   | Screening for Vitamin D Deficiency in Average Risk Individuals  |          |
| CG-LAB-12   | Testing for Oral and Esophageal Cancer  |          |
| CG-LAB-13   | Skin Nerve Fiber Density Testing  |          |

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|-------------|--|----------|
| CG-LAB-14   | Respiratory Viral Panel Testing in the Outpatient Setting  |          |
| CG-LAB-15   | Red Blood Cell Folic Acid Testing  |          |
| CG-LAB-16   | Serum Amylase Testing  |          |
| CG-LAB-17   | Molecular Gastrointestinal Pathogen Panel (GIPP) Testing for Infectious Diarrhea in the Outpatient Setting |          |
| CG-LAB-19   | Laboratory Evaluation of Vitamin B12   |          |
| CG-LAB-20   | Thyroid Testing  |          |
| CG-LAB-21   | Serum Iron Testing   |          |
| CG-LAB-22   | Nucleic Acid Amplification Tests Using Algorithmic Analysis for the Diagnosis of Bacterial Vaginosis       |          |
| CG-LAB-24   | Outpatient Urine Culture   |          |
| CG-LAB-25   | Outpatient Glycated Hemoglobin and Protein Testing   |          |
| CG-LAB-26   | Outpatient Alpha-Fetoprotein Testing   |          |
| CG-LAB-27   | Human Chorionic Gonadotropin Testing   |          |
| CG-LAB-28   | Prostate Specific Antigen Testing  |          |
| CG-LAB-29   | Gamma Glutamyl Transferase Testing   |          |
| CG-LAB-30   | Outpatient Laboratory-based Blood Glucose Testing  |          |
| CG-LAB-32   | Cancer Antigen 125 Testing   |          |
| CG-MED-02   | Esophageal pH Monitoring   |          |
| CG-MED-05   | Ketogenic Diet for Treatment of Intractable Seizures   |          |
| CG-MED-08   | Home Enteral Nutrition   |          |
| CG-MED-19   | Custodial Care   |          |
| CG-MED-21   | Anesthesia Services and Moderate ("Conscious") Sedation  |          |
| CG-MED-23   | Home Health  |          |
| CG-MED-24   | Electromyography and Nerve Conduction Studies  |          |
| CG-MED-26   | Neonatal Levels of Care  |          |
| CG-MED-28   | Iontophoresis  |          |
| CG-MED-34   | Monitored Anesthesia Care for Gastrointestinal Endoscopic Procedures                                       |          |
| CG-MED-35   | Retinal Telescreening Systems  |          |
| CG-MED-37   | Intensive Programs for Pediatric Feeding Disorders   |          |
| CG-MED-39   | Bone Mineral Density Testing Measurement   |          |
| CG-MED-40   | External Ambulatory Cardiac Monitors   |          |
| CG-MED-41   | Moderate to Deep Anesthesia Services for Dental Surgery in the Facility Setting                            |          |
| CG-MED-42   | Maternity Ultrasound in the Outpatient Setting   |          |
| CG-MED-45   | Transrectal Ultrasonography  |          |
| CG-MED-46   | Ambulatory Electroencephalography  |          |
| CG-MED-47   | Fundus Photography   |          |
| CG-MED-48   | Scrotal Ultrasound   |          |
| CG-MED-49   | Auditory Brainstem Responses (ABRs) and Evoked Otoacoustic Emissions (OAEs) for Hearing Disorders          |          |
| CG-MED-50   | Visual, Somatosensory and Motor Evoked Potentials  |          |

| CUMG Number | CUMG Title   | New Item |
|-------------|--|----------|
| CG-MED-51   | Three-Dimensional (3-D) Rendering of Imaging Studies   |          |
| CG-MED-52   | Allergy Immunotherapy (Subcutaneous)   |          |
| CG-MED-53   | Cervical Cancer Screening Using Cytology and Human Papillomavirus Testing                            |          |
| CG-MED-54   | Strapping  |          |
| CG-MED-56   | Non-Obstetrical Transvaginal Ultrasonography   |          |
| CG-MED-57   | Cardiac Stress Testing with Electrocardiogram  |          |
| CG-MED-59   | Upper Gastrointestinal Endoscopy in Adults   |          |
| CG-MED-60   | Anesthesia During Cataract Surgery   |          |
| CG-MED-61   | Preoperative Testing for Low-Risk Invasive Procedures and Surgeries                                  |          |
| CG-MED-62   | Resting Electrocardiogram Screening in Adults  |          |
| CG-MED-64   | Transcatheter Ablation of Arrhythmogenic Foci in the Pulmonary Veins                                 |          |
| CG-MED-65   | Manipulation Under Anesthesia  |          |
| CG-MED-66   | Cryopreservation of Oocytes or Ovarian Tissue  |          |
| CG-MED-68   | Therapeutic Apheresis  |          |
| CG-MED-69   | Inhaled Nitric Oxide   |          |
| CG-MED-70   | Wireless Capsule Endoscopy for Gastrointestinal Imagine and the Patency Capsule                      |          |
| CG-MED-71   | Chronic Wound Care in the Home or Outpatient Setting   |          |
| CG-MED-73   | Hyperbaric Oxygen Therapy (Systemic/Topical)   |          |
| CG-MED-74   | Implantable Ambulatory Event Monitors and Mobile Cardiac Telemetry                                   |          |
| CG-MED-76   | Magnetic Source Imaging and Magnetoencephalography   |          |
| CG-MED-78   | Anesthesia Services for Interventional Pain Management Procedures                                    |          |
| CG-MED-79   | Diaphragmatic/Phrenic Nerve Stimulation and Diaphragm Pacing Systems                                 |          |
| CG-MED-81   | High Intensity Focused Ultrasound (HIFU) for Oncologic Indications                                   |          |
| CG-MED-83   | Site of Care: Specialty Pharmaceuticals  |          |
| CG-MED-84   | Non-Obstetric Gynecologic Duplex Ultrasonography of the Abdomen and Pelvis in the Outpatient Setting |          |
| CG-MED-85   | Posterior Segment Optical Coherence Tomography   |          |
| CG-MED-86   | Enhanced External Counterpulsation in the Outpatient Setting   |          |
| CG-MED-88   | Preimplantation Embryo Biopsy  |          |
| CG-MED-89   | Home Parenteral Nutrition  |          |
| CG-MED-90   | Chelation Therapy  |          |
| CG-MED-91   | Remote Therapeutic and Physiologic Monitoring Services   |          |
| CG-MED-92   | Foot Care Services   |          |
| CG-MED-93   | Navigational Bronchoscopy  |          |
| CG-MED-94   | Vestibular Function Testing  |          |

| CUMG Number | CUMG Title   | New Item |
|-------------|--|----------|
| CG-MED-95   | Transanal Irrigation   |          |
| CG-MED-96   | Prefabricated External Infant Ear Molding Systems  |          |
| CG-MED-97   | Biofeedback and Neurofeedback  | New      |
| CG-OR-PR-02 | Prefabricated and Prophylactic Knee Braces   |          |
| CG-OR-PR-03 | Custom-made Knee Braces  |          |
| CG-OR-PR-04 | Cranial Remodeling Bands and Helmets (Cranial Orthotics)   |          |
| CG-OR-PR-05 | Myoelectric Upper Extremity Prosthesis Devices   |          |
| CG-OR-PR-06 | Spinal Orthoses: Thoracic-Lumber-Sacral (TLSO), Lumbar-Sacral (LSO), and Lumber  |          |
| CG-OR-PR-08 | Microprocessor Controlled Lower Limb Prosthesis  |          |
| CG-OR-PR-09 | Microprocessor Controlled Knee-Ankle-Foot Orthosis   |          |
| CG-REHAB-02 | Outpatient Cardiac Rehabilitation  |          |
| CG-REHAB-03 | Pulmonary Rehabilitation   |          |
| CG-REHAB-07 | Skilled Nursing and Skilled Rehabilitation Services (Outpatient)   |          |
| CG-REHAB-08 | Private Duty Nursing in the Home Setting   |          |
| CG-REHAB-12 | Rehabilitative and Habilitative Services in the Home Setting: Physical Medicine/Physical Therapy, Occupational Therapy and Speech-Language Pathology |          |
| CG-SURG-01  | Colonoscopy  |          |
| CG-SURG-03  | Blepharoplasty, Blepharoptosis Repair and Brow Lift  |          |
| CG-SURG-05  | Maze Procedure   |          |
| CG-SURG-07  | Vertical Expandable Prosthetic Titanium Rib  |          |
| CG-SURG-08  | Sacral Nerve Stimulation as a Treatment of Neurogenic Bladder Secondary to Spinal Cord Injury  |          |
| CG-SURG-09  | Temporomandibular Disorders  |          |
| CG-SURG-10  | Ambulatory or Outpatient Surgery Center Procedures   |          |
| CG-SURG-11  | Surgical Treatment for Dupuytren's Contracture   |          |
| CG-SURG-12  | Penile Prosthesis Implantation   |          |
| CG-SURG-15  | Endometrial Ablation   |          |
| CG-SURG-17  | Trigger Point Injections   |          |
| CG-SURG-18  | Septoplasty  |          |
| CG-SURG-24  | Functional Endoscopic Sinus Surgery (FESS)   |          |
| CG-SURG-25  | Injection Treatment for Morton's Neuroma   |          |
| CG-SURG-28  | Transcatheter Uterine Artery Embolization  |          |
| CG-SURG-29  | Lumbar Discography   |          |
| CG-SURG-30  | Tonsillectomy for Children with or without Adenoidectomy   |          |
| CG-SURG-31  | Treatment of Keloids and Scar Revision   |          |
| CG-SURG-34  | Diagnostic Infertility Surgery   |          |
| CG-SURG-35  | Intracytoplasmic Sperm Injection (ICSI)  |          |
| CG-SURG-36  | Adenoidectomy  |          |
| CG-SURG-37  | Destruction of Pre-Malignant Skin Lesions  |          |
| CG-SURG-40  | Cataract Removal Surgery for Adults  |          |

| CUMG Number | CUMG Title   | New Item |
|-------------|--|----------|
| CG-SURG-41  | Surgical Strabismus Correction   |          |
| CG-SURG-46  | Myringotomy and Tympanostomy Tube Insertion  |          |
| CG-SURG-50  | Assistant Surgeons   |          |
| CG-SURG-51  | Outpatient Cystourethroscopy   |          |
| CG-SURG-55  | Cardiac Electrophysiological Studies (EPS) and Catheter Ablation   |          |
| CG-SURG-56  | Diagnostic Fiberoptic Flexible Laryngoscopy  |          |
| CG-SURG-57  | Diagnostic Nasal Endoscopy   |          |
| CG-SURG-58  | Radioactive Seed Localization of Nonpalpable Breast Lesions  |          |
| CG-SURG-61  | Cryosurgical or Radiofrequency Ablation to Treat Solid Tumors Outside the Liver  |          |
| CG-SURG-70  | Gastric Electrical Stimulation   |          |
| CG-SURG-71  | Reduction Mammoplasty  |          |
| CG-SURG-72  | Endothelial Keratoplasty   |          |
| CG-SURG-73  | Balloon Sinus Ostial Dilation  |          |
| CG-SURG-75  | Transanal Endoscopic Microsurgical (TEM) Excision of Rectal Lesions  |          |
| CG-SURG-76  | Carotid, Vertebral and Intracranial Artery Stent Placement with or without Angioplasty                                   |          |
| CG-SURG-77  | Refractive Surgery   |          |
| CG-SURG-78  | Locoregional and Surgical Techniques for Treating Primary and Metastatic Liver Malignancies                              |          |
| CG-SURG-79  | Implantable Infusion Pumps   |          |
| CG-SURG-81  | Cochlear Implants and Auditory Brainstem Implants  |          |
| CG-SURG-82  | Bone-Anchored and Bone Conduction Hearing Aids   |          |
| CG-SURG-83  | Bariatric Surgery and Other Treatments for Clinically Severe Obesity   |          |
| CG-SURG-84  | Mandibular/Maxillary (Orthognathic) Surgery  |          |
| CG-SURG-87  | Nasal Surgery for the Treatment of Obstructive Sleep Apnea and Snoring   |          |
| CG-SURG-88  | Mastectomy for Gynecomastia  |          |
| CG-SURG-89  | Radiofrequency Neurolysis and Pulsed Radiofrequency Therapy for Trigeminal Neuralgia                                     |          |
| CG-SURG-90  | Mohs Micrographic Surgery  |          |
| CG-SURG-91  | Minimally Invasive Ablative Procedures for Epilepsy  |          |
| CG-SURG-92  | Paraesophageal Hernia Repair   |          |
| CG-SURG-93  | Angiographic Evaluation and Endovascular Intervention for Dialysis Access Circuit Dysfunction                            |          |
| CG-SURG-94  | Keratoprosthesis   |          |
| CG-SURG-95  | Sacral Nerve Stimulation and Percutaneous Tibial Nerve Stimulation for Urinary and Fecal Incontinence; Urinary Retention |          |
| CG-SURG-96  | Intraocular Telescope  |          |

| CUMG Number    | CUMG Title  | New Item |
|----------------|---|----------|
| CG-SURG-98     | Prostate Biopsy using MRI Fusion Techniques   |          |
| CG-SURG-99     | Panniculectomy and Abdominoplasty   |          |
| CG-SURG-100    | Laser Trabeculoplasty and Laser Peripheral Iridotomy  |          |
| CG-SURG-101    | Ablative Techniques as a Treatment for Barrett's Esophagus  |          |
| CG-SURG-102    | Alcohol Septal Ablation for Treatment of Hypertrophic Cardiomyopathy  |          |
| CG-SURG-103    | Penile Circumcision   |          |
| CG-SURG-104    | Intraoperative Neurophysiological Monitoring  |          |
| CG-SURG-105    | Corneal Collagen Cross-Linking  |          |
| CG-SURG-106    | Venous Angioplasty with or without Stent Placement or Venous Stenting Alone   |          |
| CG-SURG-108    | Stereotactic Radiofrequency Pallidotomy   |          |
| CG-SURG-111    | Open Sacroiliac Joint Fusion  |          |
| CG-SURG-112    | Carpal Tunnel Decompression Surgery   |          |
| CG-SURG-113    | Tonsillectomy with or without Adenoidectomy for Adults  |          |
| CG-SURG-114    | Ophthalmic use of Nd: YAG Laser for Posterior Capsulotomy   |          |
| CG-SURG-115    | Mechanical Embolectomy for Treatment of Stroke  |          |
| CG-SURG-116    | Surgical Treatment of Hyperhidrosis   |          |
| CG-SURG-117    | Balloon Dilation of the Eustachian Tubes  |          |
| CG-SURG-118    | Intraocular Anterior Segment Aqueous Drainage Devices (without extraocular reservoir)                                 |          |
| CG-SURG-119    | Treatment of Varicose Veins (Lower Extremities)   |          |
| CG-SURG-120    | Vagus Nerve Stimulation   |          |
| CG-SURG-121    | Fetal Surgery for Prenatally Diagnosed Malformations  |          |
| CG-THER-RAD-07 | Intravascular Brachytherapy (Coronary and Non-Coronary)   |          |
| CG-TRANS-02    | Kidney Transplantation  |          |
| CG-TRANS-03    | Donor Lymphocyte Infusion for Hematologic Malignancies after Allogeneic Hematopoietic Progenitor Cell Transplantation |          |



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