



December 2017

Common over-the-counter medicines

All over-the-counter (OTC) products require a written prescription from your doctor. They can be filled at any network pharmacy. This list is not a full list. It is meant to give examples of some common brand names of OTC drugs. Generic OTCs are required. Cough and cold agents may be excluded for some members.

Analgesics (pain relief)

Acetaminophen
Arthritis pain relief
Aspirin/baby aspirin
Ibuprofen
Midol PM

Antacids

Maalox MS
Pepcid AC 20mg
Pepto-Bismol chew tab
Prevacid 24 HR 15mg
OTC Zantac

Antidiarrheals

Loperamide
Pepto-Bismol chew tab

Antiemetics (nausea)

Dramamine Less Drowsy
Meclizine

Antihistamines (allergy)

Clemastine fum 1.34mg
Diphenhydramine
Loratadine

Cough/cold/decongestants (age limits apply)

Guaifenesin
Loratadine-Pseudoephedrine 10-240
Ocean nasal spray

Dermatologicals (skin/topical)

Antifungals

Lotrimin
Miconazole
Tinactin

Anti-infectives

Bacitracin
Neosporin 1% anti-itch cream
Neosporin + pain relief
Ointment
Triple antibiotic ointment

Other topicals

Benzoyl Peroxide gel, wash
Calamine
Compound W Liq
Diaper Rash ointment
Hydrocortisone cream, ointment
Lice/Scabies treatments
Cerave sunscreen lotion

Diabetic supplies

Blood glucose test strips (True Metrix brand)
Glucose (oral)
Insulin select syringes/needles
Isopropyl alcohol
Isopropyl alcohol (select pads)
Ketone strips
Lancets

<https://mediproviders.anthem.com/nv>

Laxatives

Dulcolax softgel
Fiberlax caplet
Laxative enemas
Laxative suppositories
Women's laxative tablet

Medical supplies/other

Condoms
Nicotine patches/gum
Peroxide

Mouth/throat

Throat lozenges

Ophthalmic

Alaway
Artificial tears
Hypo Tears
Liquitears
TearFair drops
Tears Again

Rectal

Hemorrhoidal supp

Vaginal

Clotrimazole
Miconazole

Vitamins/minerals

Calcium
Folic acid
Iron
Niacin
Slo-Niacin 500
Pediatric vitamins (Flintstones, Gummi Bear
Prenatal Vitamins (Complete Prenatal, GNP
Daily Prenatal, Stuart Prenatal)
Vitamins: A, B, B-Complex, C, D, E, K and
Zinc