

2021 Clinical Practice Guidelines

Date reviewed December 2020

Date adopted January 2021

Table of contents:

[Adult health](#)

[Infectious disease](#)

[Pediatric/adolescent health](#)

[Substance use](#)

[Women's health](#)

Condition/disease	Guideline title	Recognized source(s)	URL
Adult health Return to table of contents			
Alzheimer's disease/dementia	<i>Practice Guideline for the Treatment of Patients with Alzheimer's Disease and Other Dementias</i> (Guideline Watch October 2014)	American Psychiatric Association (APA)	https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/alzheimerwatch.pdf
	<i>American Psychiatric Association Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis in Patients with Dementia</i> (July 2018)	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9780890426807
Anxiety	<i>Anxiety Disorders</i> (Last Revised July 2018)	National Institute of Mental Health (NIMH)	http://www.nimh.nih.gov/health/publications/anxiety-disorders/treatment-of-anxiety-disorders.shtml
Asthma	<i>Guidelines for the Diagnosis and Management of Asthma (EPR-3)</i> (August 2007)	National Heart, Lung and Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma
	<i>Asthma Clinical Practice Guidelines</i> (2019)	Global Initiative for Asthma (GINA)	https://ginasthma.org
Behavioral health screening, assessment and treatment	<i>The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults</i> 3rd edition (August 2015)	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890426760.p02

<https://medproviders.anthem.com/nv>

Condition/disease	Guideline title	Recognized source(s)	URL
Bipolar disorder* * Addresses diagnosis and treatment of bipolar disorder in special populations such as children and adolescents.	<i>CANMAT and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder</i>	Canadian Network for Mood and Anxiety Treatments (CANMAT)	https://www.canmat.org/2019/03/27/2018-bipolar-guidelines/
Coronary artery disease (CAD)	<i>AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease</i> (November 2011 Update)	American Heart Association/American College of Cardiology Foundation (AHA/ACCF)	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d
	<i>Treatment of Hypertension in Patients With Coronary Artery Disease</i> (March 2015)	American Heart Association, American College of Cardiology, and American Society of Hypertension	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000000207
	<i>AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease: 2011 Update</i>	American Heart Association and American College of Cardiology Foundation	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d
	<i>Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women — 2011 Update</i> (February 2011)	American Heart Association (AHA)	https://www.ahajournals.org/doi/pdf/10.1161/CIR.0b013e31820faaf8
	<i>ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease</i> (2019)	American College of Cardiology/American Heart Association (ACC/AHA)	https://www.jacc.org/doi/10.1016/j.jacc.2019.03.009
	Celiac disease	<i>ACG Clinical Guidelines: Diagnosis and Management of Celiac Disease</i> (April 2013)	American College of Gastroenterology

Condition/disease	Guideline title	Recognized source(s)	URL
Chronic kidney disease (CKD)	<i>The National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI™) evidence-based clinical practice guidelines for all stages of chronic kidney disease (CKD) and related complications</i>	National Kidney Foundation	https://www.kidney.org/professionals/guidelines/guidelines_commentaries
	<i>Chronic Kidney Disease: Detection and Evaluation (2017)</i>	American Academy of Family Physicians (AAFP)	https://www.aafp.org/afp/2017/1215/p776.html
	National Chronic Kidney Disease Fact Sheet (2017)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/diabetes/pubs/pdf/kidney_factsheet.pdf
Chronic Obstructive Pulmonary Disease (COPD)	KDIGO (Kidney Disease Improving Global Outcomes) 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease (January 2013)	International Society of Nephrology	https://kdigo.org/guidelines/ckd-evaluation-and-management
	KDIGO (Kidney Disease Improving Global Outcomes) 2017 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease (July 2017)	International Society of Nephrology	https://kdigo.org/wp-content/uploads/2017/02/2017-KDIGO-CKD-MBD-GL-Update.pdf
Chronic Obstructive Pulmonary Disease (COPD)	<i>Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease</i>	Global Initiative for Chronic Obstructive Lung Disease (GOLD)	http://goldcopd.org/gold-reports
Depression	<i>Depression in Adults: Screening (January 2016)</i>	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/depression-in-adults-screening
	<i>CANMAT Clinicians Guidelines 2016 Depression Guidelines</i>	Canadian Network for Mood and Anxiety Treatments (CANMAT)	https://www.canmat.org/2019/03/17/2016-depression-guidelines

Condition/disease	Guideline title	Recognized source(s)	URL
Depression (cont.)	<i>Nonpharmacologic Versus Pharmacologic Treatment of Adult Patients With Major Depressive Disorder: A Clinical Practice Guideline From the American College of Physicians</i> (2016)	American College of Physicians (ACP)	https://annals.org/aim/fullarticle/2490527/nonpharmacologic-versus-pharmacologic-treatment-adult-patients-major-depressive-disorder-clinical?_ga=2.240375883.977749235.1576523219-1562492790.1557437793
	<i>Depression in adults: recognition and management Clinical Guideline CG90</i> (Updated April 2018).	National Collaborating Centre for Mental Health commissioned by the National Institute for Health & Clinical Excellence	https://www.nice.org.uk/guidance/cg90
Diabetes	<i>Standards of Medical Care in Diabetes</i> (January 2020)	American Diabetes Association (ADA)	https://care.diabetesjournals.org/content/43/Supplement_1
Gender-Dysphoria/ Incongruence	<i>Endocrine Treatment of Gender-Dysphoric/ Gender-Incongruent Persons: An Endocrine Society* Clinical Practice Guideline</i> (September 2017)	The Endocrine Society	https://academic.oup.com/jcem/article/102/11/3869/4157558
	<i>Correction to Clinical Practice Guideline</i> (February 2018)		https://academic.oup.com/jcem/article/103/2/699/4675081
	<i>Correction to Clinical Practice Guideline</i> (July 2018)		https://academic.oup.com/jcem/article/103/7/2758/5036711
Fall risk	<i>Falls Prevention in Community-Dwelling Older Adults: Interventions</i>	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/falls-prevention-in-older-adults-interventions1
	<i>Evidence-Based Falls Prevention Programs: Resources for Professionals and Advocates</i>	National Council on Aging	https://www.ncoa.org/professionals/health/center-for-healthy-aging/national-falls-prevention-resource-center

Condition/disease	Guideline title	Recognized source(s)	URL
Heart failure (HF)	<p><i>2013 ACCF/AHA guideline for the management of heart failure: a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines</i> (October 2013)</p> <p><i>ACCF/AHA/HFSA Guideline for the Management of Heart Failure</i> (Focused Update 2017)</p>	<p>American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines/Heart Failure Society of America (ACCF/AHA/HFSA)</p>	<p>http://www.onlinejacc.org/content/62/16/e147?ijkey=079f90818917662ed8e6c54bd132bb10bede26a1&keytype=2=tf_ipsecsha</p> <p>http://www.onlinejacc.org/content/70/6/776?_ga=2.23313085.667318568.1514996759-679389624.1511900706</p>
Hyperlipidemia	<p><i>2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol</i> (October 2018)</p>	<p>American College of Cardiology/American Heart Association/ American Association of Cardiovascular and Pulmonary Rehabilitation/ American Academy of Physician Assistants/ Association of Back Cardiologists/American College of Preventive Medicine/American Diabetes Association/ American Geriatrics Society/American Pharmacists Association/ American Society of Preventive Cardiology/ National Lipid Association/Preventive Cardiovascular Nurses Association (ACC/AHA/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA)</p>	<p>https://www.acc.org/~media/Non-Clinical/Files-PDFs-Excel-MS-Word-etc/Guidelines/2018/Guidelines-Made-Simple-Tool-2018-Cholesterol.pdf</p>

Condition/disease	Guideline title	Recognized source(s)	URL
Hypertension	<i>ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults</i> (November 2017) <i>Correction to Guideline</i> (May 2018)	American College of Cardiology (ACC)/ American Heart Association (AHA)/ American Academy of Physician Assistants (AAPA)/Association of Black Cardiologists (ABC)/American College of Preventive Medicine (ACPM)/American Geriatrics Society (AGS)/American Pharmacists Association (APhA)/American Society of Hypertension (ASH)/ American Society for Preventive Cardiology (ASPC)/National Medical Association (NMA)/ Preventive Cardiovascular Nurses Association (PCNA)	http://www.onlinejacc.org/content/early/2017/11/04/j.jacc.2017.11.006?sso=1&sso_redirect_count=1&access_token= http://www.onlinejacc.org/content/71/19/2275
Low back pain	<i>Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline From the American College of Physicians</i> (2017)	American College of Physicians (ACP)	https://annals.org/aim/fullarticle/2603228/noninvasive-treatments-acute-subacute-chronic-low-back-pain-clinical-practice?_ga=2.247433220.1028399561.1575492235-1562492790.1557437793
Obesity	<i>Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral Interventions</i> (September 2018)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/obesity-in-adults-interventions
	<i>AHA/ACC/TOS Guideline for the Management of Overweight and Obesity in Adults</i> (November 2013)	American College of Cardiology (ACC)/ American Heart Association (AHA) Task Force on Practice Guidelines and The Obesity Society (TOS)	http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437739.71477.ee
Oppositional defiant disorder (ODD)	<i>Common Questions About Oppositional Defiant Disorder</i> (April 2016)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/afp/2016/0401/p586.pdf

Condition/disease	Guideline title	Recognized source(s)	URL
Post-traumatic stress disorder (PTSD)	<p><i>Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults</i> (February 2017)</p> <p><i>VA/DOD Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder</i> (V3.2017)</p> <p><i>PTSD Screening Instruments</i></p>	<p>American Psychological Association (APA)</p> <p>Department of Veterans Affairs Department of Defense: The Management of Posttraumatic Stress Disorder Work Group</p> <p>Department of Veterans Affairs: PTSD: National Center for PTSD</p>	<p>https://www.apa.org/ptsd-guideline</p> <p>https://www.healthquality.va.gov/guidelines/MH/ptsd</p> <p>https://www.ptsd.va.gov/professional/assessment/screens/index.asp</p>
Rheumatoid arthritis	<p><i>American College of Rheumatology: Referral Guidelines</i> (August 2015)</p> <p><i>2015 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis</i> (October 2015)</p>	<p>American College of Rheumatology (ACR)</p>	<p>https://www.rheumatology.org/Portals/0/Files/Referral%20Guidelines.pdf</p> <p>https://www.rheumatology.org/Portals/0/Files/ACR%202015%20RA%20Guideline.pdf</p>
Schizophrenia	<p><i>Treatment Guidelines: Schizophrenia</i></p>	<p>Page maintained by the College of Psychiatric & Neurologic Pharmacists (CPNP). Sources include, but not limited to:</p> <ul style="list-style-type: none"> • Agency for Health Research and Quality (AHRQ) • American Academy of Child & Adolescent Psychiatry • American Psychiatric Association (APA) • Canadian Psychiatric Association • National Institute for Health and Clinical Excellence (NICE) Guidelines • 	<p>https://cpnp.org/guideline/external/schizophrenia</p>

Condition/disease	Guideline title	Recognized source(s)	URL
Sickle cell anemia	Evidence-Based Management of Sickle Cell Disease: Expert Panel Report (September 2014)	National Heart, Lung, Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/health-topics/evidence-based-management-sickle-cell-disease
Suicide risk	<i>SAFE-T: Suicide Assessment Five Step Evaluation and Triage</i>	Suicide Prevention Resource Center (SPRC)	https://www.sprc.org/resources-programs/suicide-assessment-five-step-evaluation-and-triage-safe-t-pocket-card
	<i>Assessment and Management of Patients at Risk for Suicide (2019)</i>	Veterans Administration/ Department of Defense (VA/DoD)	https://www.healthquality.va.gov/guidelines/mh/srb/index.asp
Surgery	<i>Surgical technical evidence review for gynecologic surgery conducted for the Agency for Healthcare Research and Quality Safety Program for Improving Surgical Care and Recovery (December 2018)</i>	Agency for Healthcare Research and Quality (AHRQ)	https://www.ajog.org/article/S0002-9378(18)30583-0/pdf
	<i>Surgical Technical Evidence Review for Colorectal Surgery Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (October 2017)</i>	AHRQ	https://www.ncbi.nlm.nih.gov/pubmed/28797562
	<i>Surgical Technical Evidence Review for Elective Total Joint Replacement Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (February 2018)</i>	AHRQ	https://journals.sagepub.com/doi/pdf/10.1177/2151458518754451

Condition/disease	Guideline title	Recognized source(s)	URL
Trauma care	<i>A Treatment Improvement Protocol: Trauma-Informed Care in Behavioral Health Services</i> (2014)	Substance Abuse and Mental Health Services Administration (SAMHSA)	https://store.samhsa.gov/product/Trauma-Informed-Care-in-Behavioral-Health-Services/SMA15-4420
	<i>Trauma-Informed Care in Behavioral Health Services: Treatment Improvement Protocol (TIP) Series</i>		https://store.samhsa.gov/?f[0]=series:5568
Infectious disease Return to table of contents			
Chlamydia/Human Papillomavirus (HPV)	<i>Sexually Transmitted Diseases Treatment Guidelines</i> (June 2015)	Center for Disease Control and Prevention (CDC)	https://www.cdc.gov/std/tg2015/tg-2015-print.pdf
Hepatitis B	<i>AASLD Guidelines for Treatment of Chronic Hepatitis B</i> (August 2015)	American Association for the Study of Liver Diseases (AASLD)	https://www.aasld.org/sites/default/files/2019-06/Terrault_et_al-2016-Hepatology.pdf
	<i>Update on Prevention, Diagnosis, and Treatment of Chronic Hepatitis B: AASLD 2018 Hepatitis B Guidance</i> (Jan 2018)		https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5975958/pdf/nihms957253.pdf
Hepatitis C	<i>HCV Guidance: Recommendations for Testing, Managing and Treating Hepatitis C</i>	Infectious Diseases Society of America (IDSA)/American Association for the Study of Liver Disease (AASLD)	http://www.hcvguidelines.org/
	<i>Guidelines for the Screening, Care and Treatment of Persons with Chronic Hepatitis C Infection</i> (April 2016)	World Health Organization (WHO)	http://apps.who.int/iris/bitstream/handle/10665/205035/9789241549615_eng.pdf;jsessionid=569946A6B8399B8CED0D09D7F7A9BD3C?sequence=1
HIV/AIDS	<i>Primary Care Guidelines for the Management of Persons Infected With HIV: 2013 Update by the HIV Medicine Association of the Infectious Diseases Society of America</i> (November 2013)	HIV Medicine Association of the Infectious Diseases Society of America (IDSA)	https://www.idsociety.org/globalassets/idsa/practice-guidelines/primary-care-guidelines-for-the-management-of-persons-infected-with-hiv-2013-update-by-the-hiv-medicine-association-of-the-infectious-diseases-society-of-america.pdf

Condition/disease	Guideline title	Recognized source(s)	URL
HIV/AIDS (cont.)	<i>Recommendations for HIV Prevention with Adults and Adolescents with HIV in the United States</i> (December 2014)	Centers of Disease Control and Prevention (CDC)	https://stacks.cdc.gov/view/cdc/44064
	<i>2017 HIVMA of IDSA Clinical Practice Guideline for the Management of Chronic Pain in Patients Living With HIV</i> (September 2017)	Infectious Diseases Society of America	https://www.idsociety.org/globalassets/idsa/practice-guidelines/2017-hivma-of-idsa-clinical-practice-guideline-for-the-management-of-chronic-pain-in-patients-living-with-hiv.pdf
	<i>HIV and Adolescents: Guidance for HIV testing and counselling and care for adolescents living with HIV</i> (2013)	World Health Organization (WHO)	http://apps.who.int/iris/bitstream/handle/10665/94334/9789241506168_eng.pdf?sequence=1
Pediatric/adolescent health (See Adult health — Bipolar Disorder for resources for bipolar disorder in the pediatric and adolescent population) Return to table of contents			
Attention Deficit Hyperactivity Disorder (ADHD)	<i>Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents</i> (October 2019)	American Academy of Pediatrics (AAP)	https://pediatrics.aappublications.org/content/144/4/e20192528
Autism	<i>Practice parameter: Screening and diagnosis of autism</i> (Reaffirmed August 2014)	American Academy of Neurology (AAN) and the Child Neurology Society (CNS)	https://n.neurology.org/content/neurology/55/4/468.full.pdf
	<i>Identification Evaluation and Management of Children With Autism Spectrum Disorder</i> (January 2020)	American Academy of Pediatrics (AAP)	https://pediatrics.aappublications.org/content/pediatrics/early/2019/12/15/peds.2019-3447.full.pdf

Condition/disease	Guideline title	Recognized source(s)	URL
Celiac disease	<i>Guideline for the Diagnosis and Treatment of Celiac Disease in Children: Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition</i> (January 2005)	North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition (NASPGHAN)	http://www.naspghan.org/files/documents/pdfs/position-papers/celiac_guideline_2004_jpgn.pdf
Depression	<i>Depression in Children and Adolescents: Screening</i> (February 2016)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/depression-in-children-and-adolescents-screening
	<i>Depression in children and young people: identification and management</i> (updated June 2019)	National Institute for Health and Care Excellence (NICE)	https://www.nice.org.uk/guidance/ng134
Hypertension in children and adolescents	<i>Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents</i> (September 2017)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/pediatrics/140/3/e20171904.full.pdf
Obesity	<i>Expert Committee Recommendations Regarding the Prevention, Assessment, and Treatment of Child and Adolescent Overweight and Obesity: Summary Report</i> (December 2007)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/120/Supplement_4/S164.full.pdf
	<i>Clinical Report: The Role of the Pediatrician in Primary Prevention of Obesity</i> (July 2015)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/early/2015/06/23/peds.2015-1558
Oppositional defiant disorder (ODD)	<i>Fifty years of preventing and treating childhood behavior disorders: a systematic review to inform policy and practice</i> (April 2017)	National Institute of Health (NIH) PubMed	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5950520/

Condition/disease	Guideline title	Recognized source(s)	URL
Pharmacologic monitoring of antipsychotics	Canadian Alliance for Monitoring Effectiveness and Safety of Antipsychotics in Children (CAMESA) Guidelines (2011)	Canadian Institutes of Health Research	http://comesaguideline.org/#:~:text=The%20Canadian%20Alliance%20for%20Monitoring%20Effectiveness%20and%20Safety%20of%20Antipsychotic,Canadian%20Institutes%20of%20Health%20Research.
Substance use Return to table of contents			
Substance use	<i>Medication-Assisted Treatment of Adolescents With Opioid Use Disorders</i> (September 2016)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/early/2016/08/18/peds.2016-1893
	<i>American Society of Addiction Medicine Consensus Statement — Appropriate Use of Drug Testing in Clinical Addiction Medicine</i> (Reviewed December 2019)	American Society of Addiction Medicine	https://www.asam.org/docs/default-source/quality-science/appropriate_use_of_drug_testing_in_clinical-1-(7).pdf?sfvrsn=2
	<i>Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions</i> (November 2018)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions
	<i>CDC Guideline for Prescribing Opioids for Chronic Pain — United States</i> (March 2016)	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm
	<i>American Society of Addiction Medicine Clinical Practice Guideline on Alcohol Withdrawal Management</i> (2020)	American Society of Addiction Medicine	https://www.asam.org/docs/default-source/quality-science/awg-3-20-20.pdf?sfvrsn=d87852c2_2
	<i>American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder</i> (Reviewed 2020)	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9781615371969

Condition/disease	Guideline title	Recognized source(s)	URL
Substance use (cont.)	<i>American Pain Society and College on Problems of Drug Dependence Methadone Safety: A Clinical Practice Guideline from the American Pain Society and College on Problems of Drug Dependence, in Collaboration with the Heart Rhythm Society (July 2018)</i>	American Pain Society and College on Problems of Drug Dependence	https://www.sciencedirect.com/science/article/abs/pii/S1526590014005227?via%3Dihub
Cigarette cessation	<i>Medication-Assisted Treatment (MAT) (Last Updated February 2018)</i>	Substance Abuse Mental Health Services Administration (SAMHSA)	https://www.samhsa.gov/medication-assisted-treatment
	Relearn Life Without Cigarettes	National Alliance for Tobacco Cessation (NATC)	https://www.becomeanex.org
	Identifying and Treating Patients Who Use Tobacco (July 2017)	U.S. Department of Health and Human Services	https://millionhearts.hhs.gov/files/Tobacco-Cessation-Action-Guide.pdf
	<i>ACC Expert Consensus Decision Pathway on Tobacco Cessation Treatment (2018)</i>	American College of Cardiology (ACC)	https://www.acc.org/latest-in-cardiology/ten-points-to-remember/2018/12/04/16/10/2018-acc-expert-consensus-decision-pathway-on-tobacco
Electronic cigarettes	<i>Electronic Cigarettes</i>	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm
All states offer free smoking cessation telephone quit line services. Dialing 1-800-QUIT NOW (1-800-784-8669) will connect the caller to their state quit line.			
Women's health Return to table of contents			
Routine antepartum care	<i>American Academy of Pediatrics, Guidelines for Perinatal Care, 8th edition (September 2017)</i>	American Academy of Pediatrics (AAP) & American Congress of Obstetrics and Gynecology (ACOG)	https://shop.aap.org/guidelines-for-perinatal-care-8th-edition-ebook/ Members only
Preventive care	<i>Women's Preventive Services Guidelines (Last Reviewed 2017)</i>	Health Resources and Services Administration (HRSA)	https://www.hrsa.gov/womens-guidelines-2016/index.html
Cancer screening	<i>Women's Health Care Physicians: Cervical Cancer FAQs (December 2015)</i>	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/Patients/FAQs/Cervical-Cancer
	<i>Cervical Cancer: Screening (August 2018)</i>	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/cervical-cancer-screening

Condition/disease	Guideline title	Recognized source(s)	URL
Diabetes and pregnancy	<i>Management of Diabetes in Pregnancy</i> (January 2019)	American Diabetes Association (ADA)	http://care.diabetesjournals.org/content/42/Supplement_1/S165
	<i>Gestational Diabetes Mellitus, Screening</i> (January 2014)	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/gestational-diabetes-mellitus-screening?ds=1&s=gestational%20diabetes
	Gestational Diabetes	American Congress of Obstetrics and Gynecology (ACOG)	http://www.acog.org/Search?Keyword=gestational+diabetes
	<i>Postpartum Screening for Abnormal Glucose Tolerance in Women</i> <i>Who Had Gestational Diabetes Mellitus</i>	American Congress of Obstetrics and Gynecology (ACOG)	http://www.acog.org/Search?Keyword=Postpartum+Screening+for+Abnormal+Glucose+Tolerance+in+Women+Who+Had+Gestational+Diabetes+Mellitus&Topics=43d4646b-dc34-4c12-abeb-bb516387312f Members only
Obstetrical care	<i>Guidelines for Antenatal Care</i>	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/Search?Keyword=antenatal&Topics=906bff1e-0656-4579-a7df-4a22f9bce483
	<i>WHO recommendations for Prevention and treatment of pre-eclampsia and eclampsia</i> (2011)	World Health Organization (WHO)	http://whqlibdoc.who.int/publications/2011/9789241548335_eng.pdf
	<i>Committee Opinion 455. Magnesium Sulfate Before Anticipated Preterm Birth for Neuroprotection</i> (Reaffirmed 2020)	American Congress of Obstetrics and Gynecology (ACOG)/Society for Maternal Fetal Health (SMFH)	https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Obstetric-Practice/Magnesium-Sulfate-Before-Anticipated-Preterm-Birth-for-Neuroprotection
	<i>Pre-Gestational Diabetes Mellitus Number 201</i> (December 2018)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/Search?Keyword=pregestational+diabetes Members only
	<i>Management of Preterm Labor Number 171</i> (Reaffirmed 2018)	American Congress of Obstetrics and Gynecology (ACOG)	http://www.acog.org/Search?Keyword=management+of+preterm+labor Members only
	<i>Chronic Hypertension in Pregnancy</i> (January 2019)	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/practice-bulletin/articles/2019/01/chronic-hypertension-in-pregnancy Members only

Condition/disease	Guideline title	Recognized source(s)	URL
Obstetrical care (cont.)	<i>Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in Obstetric and Gynecologic Practice. Number 633 (Reaffirmed 2018)</i>	American Congress of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Ethics/Alcohol-Abuse-and-Other-Substance-Use-Disorders-Ethical-Issues-in-Obstetric-and-Gynecologic-Practice
	<i>Guidelines for the identification and management of substance use and substance use disorders in pregnancy (2014)</i>	World Health Organization (WHO)	http://apps.who.int/iris/bitstream/10665/107130/1/9789241548731_eng.pdf?ua=1
	<i>Substance Abuse and Mental Health Services Association Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their Infants (May 2018)</i>	Substance Abuse and Mental Health Services Association	https://store.samhsa.gov/sites/default/files/d7/priv/sma18-5054.pdf
Smoking cessation during pregnancy	<i>Tobacco and Nicotine Cessation During Pregnancy ACOG. Number 807 (May 2020)</i>	American Congress of Obstetrics and Gynecology (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy
	<i>Need Help Putting Out That Cigarette?</i>	American Congress of Obstetrics and Gynecology (ACOG)	http://www.tobacco-cessation.org/PDFs/NeedHelpBooklet.pdf
	<i>Smoking Cessation for Pregnancy and Beyond: A Virtual Clinic, an Innovative Web-Based Training for Healthcare Professionals</i>	Dartmouth Medical School	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4394722