

CHES Health: Recovery Support for Members

Members with substance use and behavioral health diagnoses benefit from connecting with others on a similar journey. In partnership with Anthem Blue Cross and Blue Shield Healthcare Solutions (Anthem), CHES Health* is now offering the **Connections App**, available for **free** to you and your Anthem patients. Your patients can access this app to receive 24/7 support and benefit from moderated discussion from certified peer support specialists.

With the Connections App, you can:

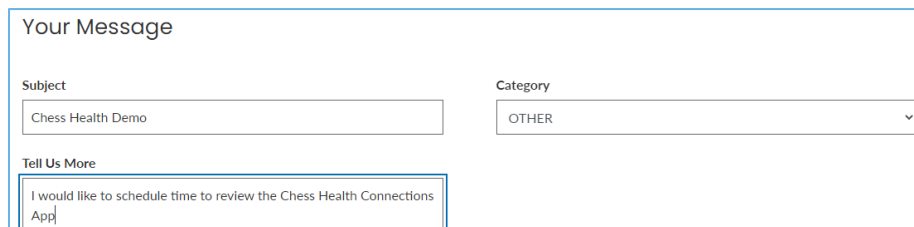
- Strengthen patient recovery between visits.
- Provide 24/7 support to patients without the need for you to add extra staff.
- Increase patient retention and adherence to your treatment plans.
- Reduce risk of relapse during their most vulnerable times.
- Improve overall patient wellbeing and treatment outcomes.

Signing up for the **Connections App** is easy for members and only takes a few minutes to complete. The time you spend helping our members connect to this tool will provide them with vital support they may need outside of our services. Our goal is to offer this key recovery support tool to as many of our members as possible to help keep them compliant with your care.

The next steps

We would love to coordinate a meeting with you and have CHES Health present the specifics on using the **Connections App**:

1. Submit a request via our *Contact Us* page at <https://providers.anthem.com/nevada-provider/contact-us/email>.
2. Under *Category*, select **OTHER**, and include “CHES Health Demo” in the **Subject**.



The screenshot shows a contact form with the following elements:

- A large text area at the top labeled "Your Message".
- A "Subject" field containing the text "Chess Health Demo".
- A "Category" dropdown menu with "OTHER" selected.
- A "Tell Us More" section with a text area containing the message: "I would like to schedule time to review the Chess Health Connections App".

If you have questions about this communication or need assistance with any other item, use the **Chat** feature in **Availity Essentials***, call Provider Services at **844-396-2330**, or use the **Contact Us** feature on our provider website to submit an inquiry to our Provider team. All inquiries will be responded to within 48 hours.

* CHES Health is an independent company providing substance use and behavioral health diagnosis app to members on behalf of Anthem Blue Cross and Blue Shield Healthcare Solutions. Availity, LLC is an independent company providing administrative support services on behalf of Anthem Blue Cross and Blue Shield Healthcare Solutions.