

Medicaid Managed Care Medicare Advantage

Interactive Care Reviewer

Submit and inquire about behavioral health prior authorizations

This communication applies to Medicaid under Anthem Blue Cross and Blue Shield Healthcare Solutions and Medicare Advantage under Anthem Blue Cross and Blue Shield (Anthem).



Course objectives

After completing this course, participants will be able to:

- List the benefits of using the Interactive Care Reviewer (ICR).
- Identify the products and services available within ICR for prior authorization (PA).
- Access ICR through the Availity* Portal.
- Create a PA request.
- Inquire about a previously submitted PA request.

Agenda

Agenda for this course:

- Review the benefits of using ICR for PA.
- Create and submit inpatient/outpatient requests.
- Inquire about an existing request.

ICR details

ICR brings improved efficiency to the PA process:

- Physicians and facilities can submit PA requests for behavioral health (BH) services, including acute inpatient stays, residential and rehabilitation stays, intensive outpatient and partial hospital programs, electroconvulsive therapy, transcranial magnetic stimulation, and psychiatric testing.
- Ordering and servicing physicians and facilities can use the inquiry feature to find information on any PA with which their tax ID/organization is affiliated.

Advantages of using the ICR

There are many advantages in using the ICR. The ICR improves the efficiency of the PA process:

- PAs are in one place and are accessible at any time by any staff member.
- No need to fax reduced paperwork!
- Users can quickly check PA status online and update requests.
- Proactive communication is conducted via email updates.
- Users can attach and submit clinical notes and supporting images.
- The ICR provides the ability to inquire on PA requests submitted via phone, fax, ICR or other online tool.

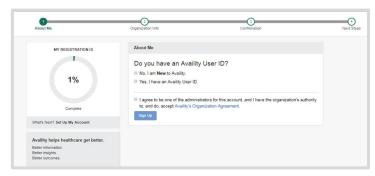
Accessing the ICR

Access the ICR via the **Availity Portal**.

- Select the **REGISTER** link to be redirected to the *Registration* details landing page.
- Select the appropriate organization type link, and you will be redirected to the *Registration Form*.
- The person starting the registration process agrees to be the administrator for the organization and can now register for the Availity Portal.

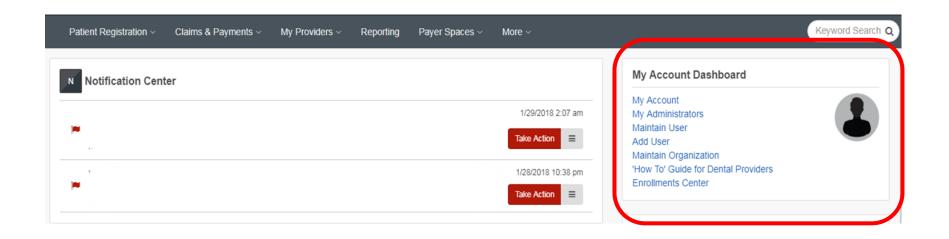






Availity administrator: granting access to the Availity Portal

The organization's Availity Portal administrator can select **Maintain User** from their *Account Dashboard* located on the upper-right corner of the home page to add functionality to an existing user. To create a new access, the administrator selects **Add User**.



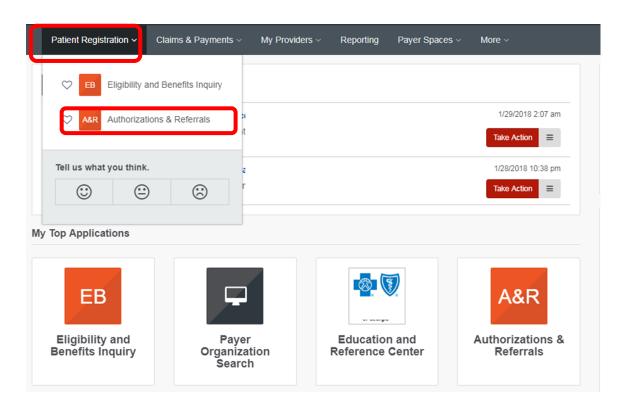
Availity administrator: granting access to the Availity Portal (cont.)

Assign users the roles of Authorization and Referral Inquiry and Authorization and Referral Request.

	Role(s)
User Roles	
\checkmark	Base Role
✓	Authorization and Referral Inquiry
V	Authorization and Referral Request
V	Claim Status
✓	Claims Management

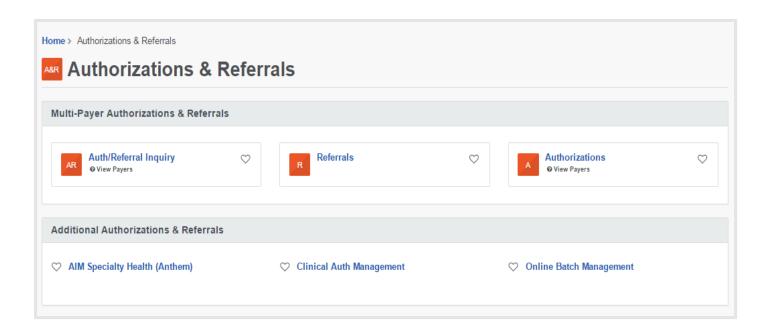
Accessing the ICR

To access the ICR from the Availity Portal, choose **Authorizations & Referrals** under the *Patient Registration* link on the top navigational bar.

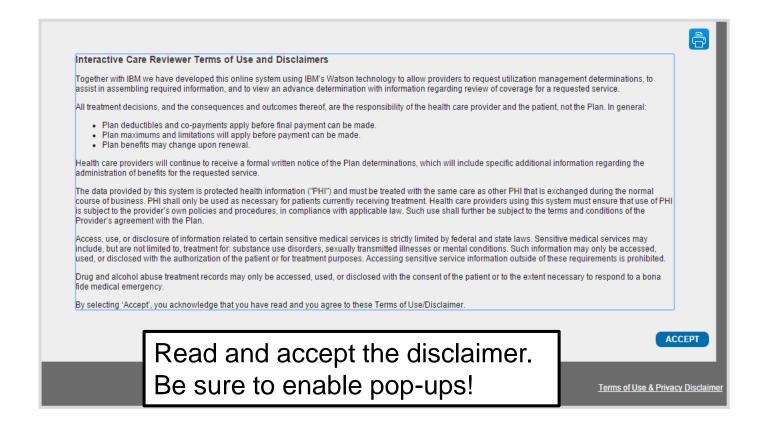


Accessing the ICR (cont.)

This is the initial landing page for setting up an authorization. If the user has not registered, they will need to select **I Need Access** to obtain the correct login information.

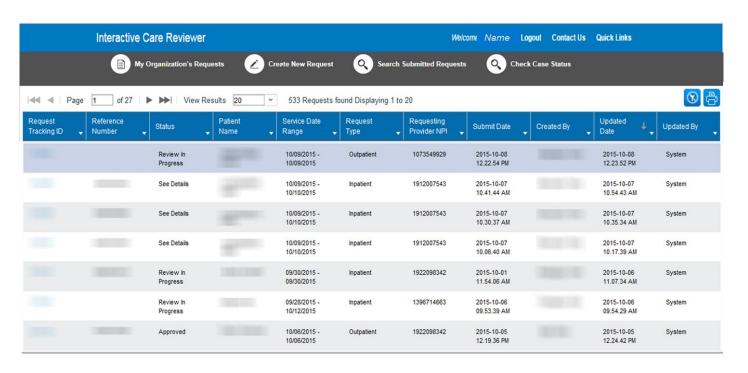


ICR Terms of Use and Disclaimers



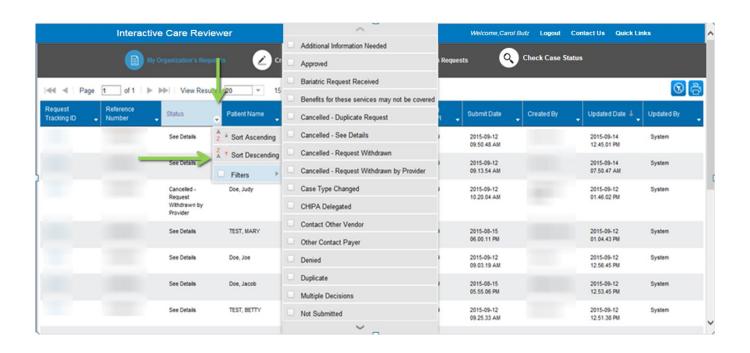
The ICR landing page/dashboard

The dashboard displays requests submitted, requests not yet submitted, cases requiring additional information and cases where a decision has been rendered.



The ICR landing page/dashboard (cont.)

All columns have up and down arrows for quick sorting. Some also have a filter option (shown here).



ICR dashboard tabs



Tabs across the top of the dashboard:

- My Organization's Requests is the home page of the application and displays the dashboard.
- Create New Request is used to start a new inpatient or outpatient request.
- Search Submitted Requests allows for the ability to search for any ICR case requested by your organization or any request with which your organization is associated. This includes requests with a status of review not required.

ICR dashboard tabs (cont.)



 Check Case Status allows for the ability to view any cases submitted associated with the tax ID(s) on the request. This includes submissions by phone, fax, etc.



Creating a new request

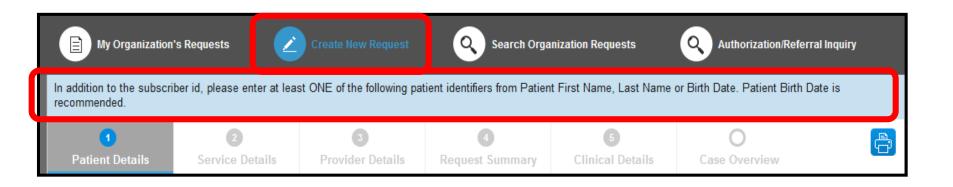
Do you want to verify if PA is required? The ICR gives you quick access to that information in most cases. Enter:

- Patient information.
- Diagnosis and procedure information.
- Provider details.

A message will appear indicating whether or not PA is required for most requests. This information can be printed or saved to a PDF and is available later via an ICR search.

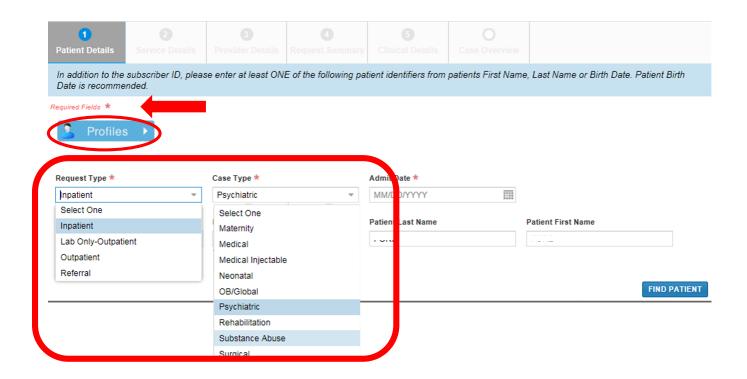
Starting a new request on the ICR

- Select Create New Request from the ICR dashboard tab.
- Watch the blue bar for messaging. Errors turn the box red.
- Menu bar shows where you are.



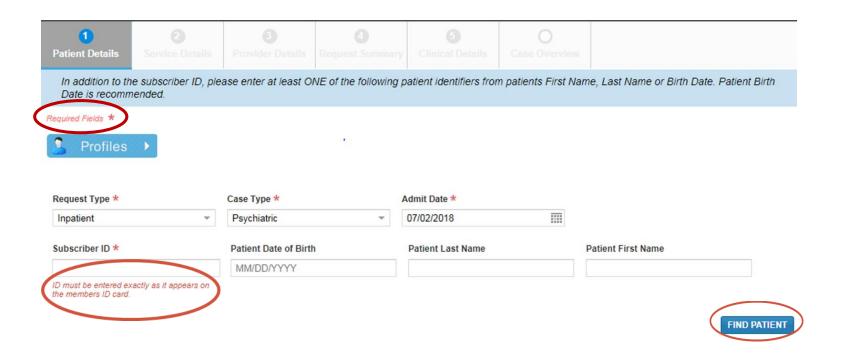
Patient details

Select from the Request Type and Case Type menus or save steps by selecting **Profiles**.



Patient details (cont.)

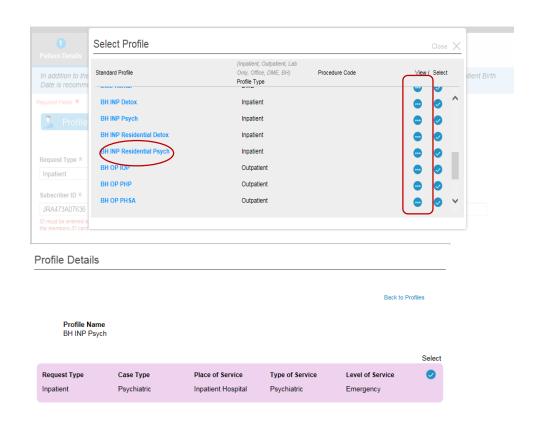
Complete all required fields, then select Find Patient.



Profile templates

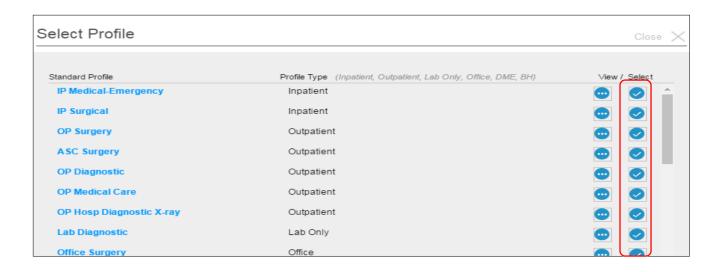
Click on the dot to view the Standard Profile.

Users will be able to see what will be populated on the Patient Details screen and on the Service Details screen.



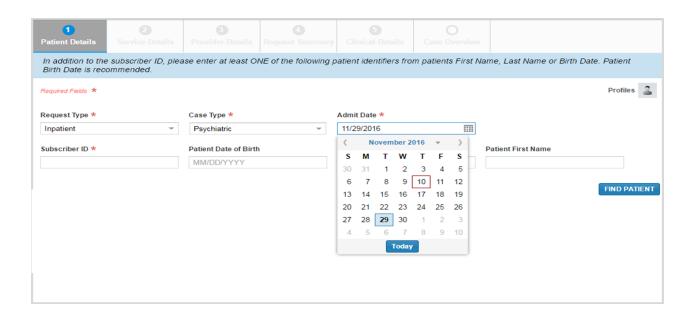
Profile templates (cont.)

Select the check mark to select a standard profile. This action will populate the mandatory *Request Type and Case Type* fields on the *Patient Details* screen and *Place of Service, Type of Service*, and *Level of Service* on the *Service Details* screen.



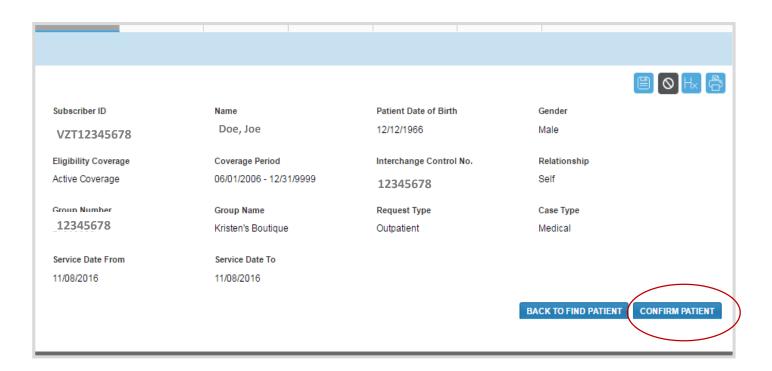
Patient details: date of service (inpatient — admit date)

The admit date **cannot** be changed once the case is submitted!

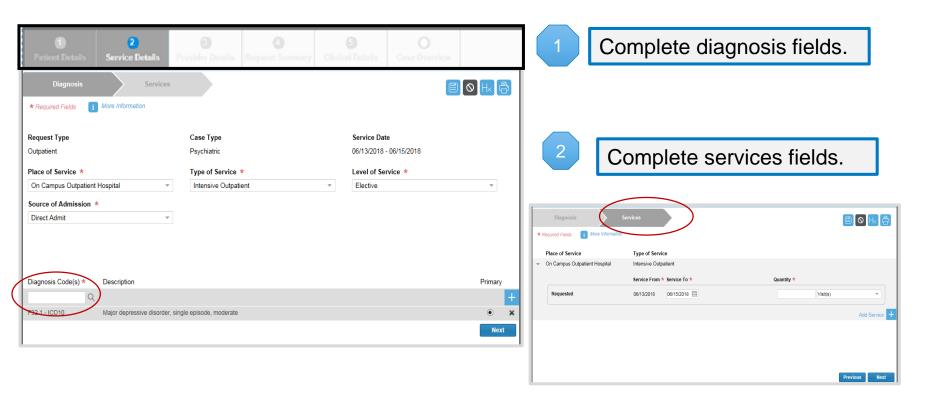


Patient details

A message in the blue bar will indicate if the member's PA cannot be completed using the ICR.

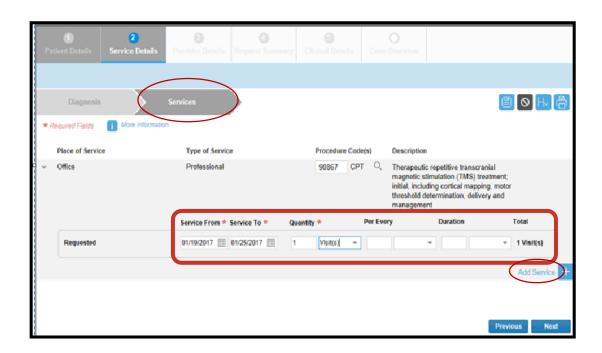


Service details — outpatient examples



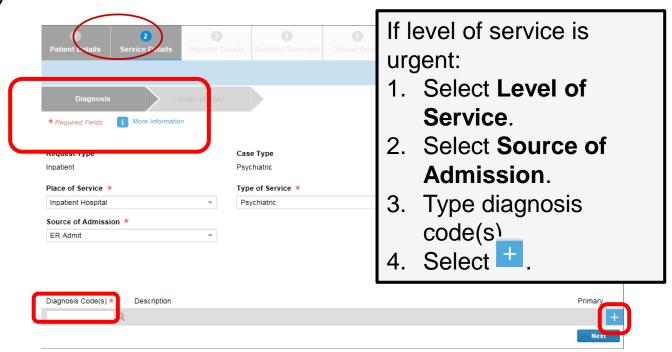
Service details — outpatient examples (cont.)

Select plus sign again to enter that procedure to case before selecting the **Next** button.

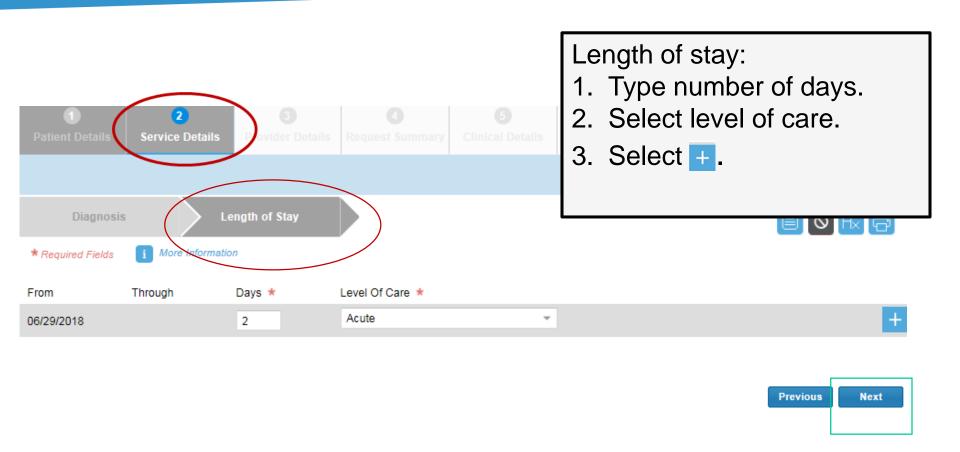


Service details: diagnosis (inpatient)

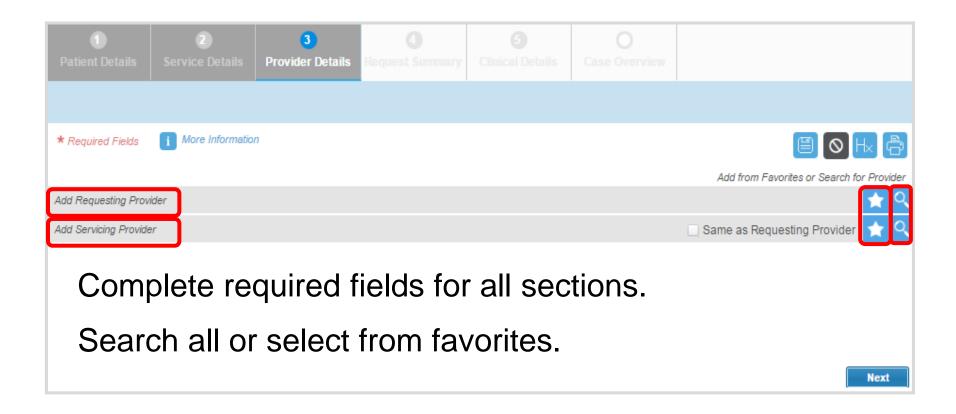
Urgent level of service is only an option for a future admission. If the date of admission is the current date (or in the past), options are elective and emergency.



Service details: length of stay (inpatient)

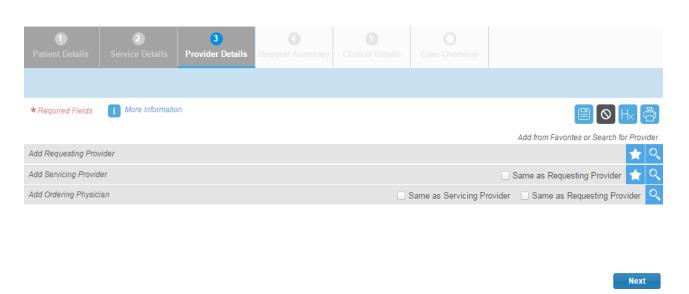


Provider details

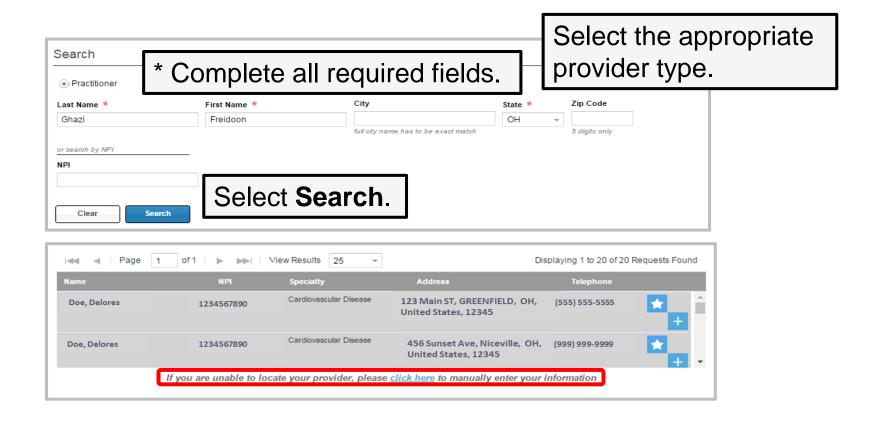


Ordering provider

The Ordering Provider Information section appears for some specific outpatient requests. Examples include: Place of Service — Home or Type of Service — Diagnostic Lab, Dialysis, Durable Medical Equipment, Home Health Care, Physical Therapy, Radiation Therapy.



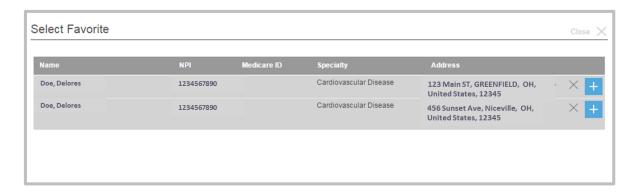
Provider details



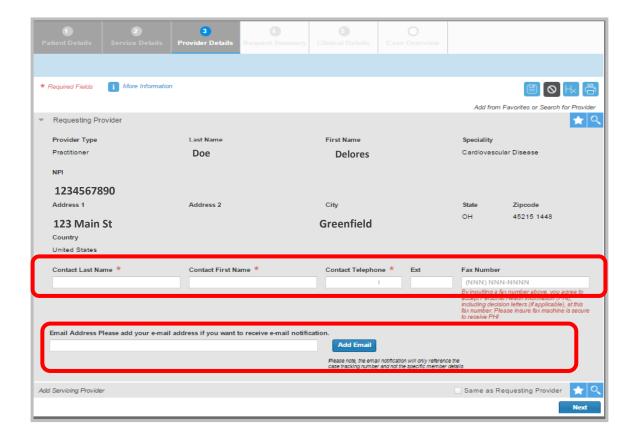
Favorites

ICR allows providers to save up to 25 favorites for:

- Requesting providers.
- Servicing providers.
- Facility durable medical equipment providers.
- Refer to providers.

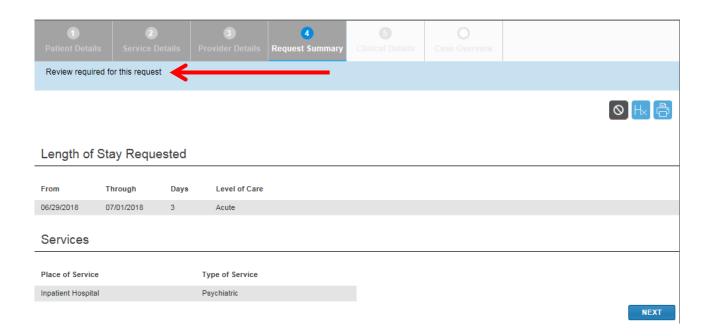


Provider details: contact information

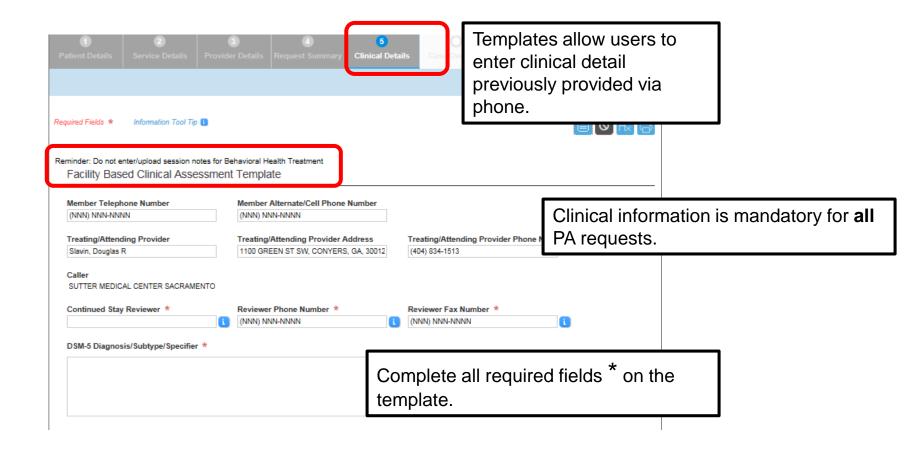


Request summary

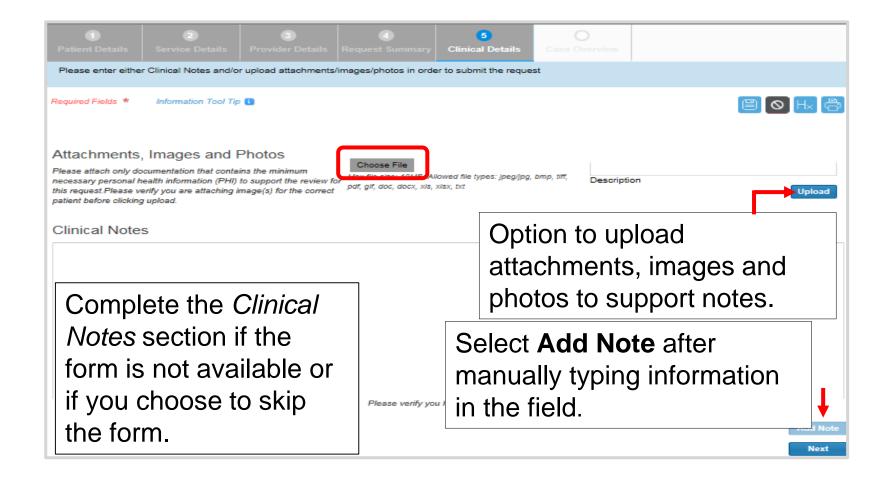
The Request Summary page is where users will be able to verify whether the services require PA. If the services do not require PA, users can note the tracking ID and close out the request. If users need to search for it later, they can locate the request by the tracking ID or patient information.



Clinical details: provider form

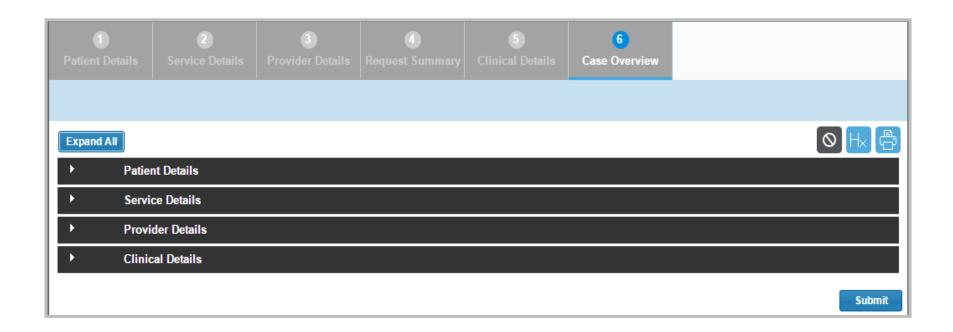


Clinical details: provider form (cont.)



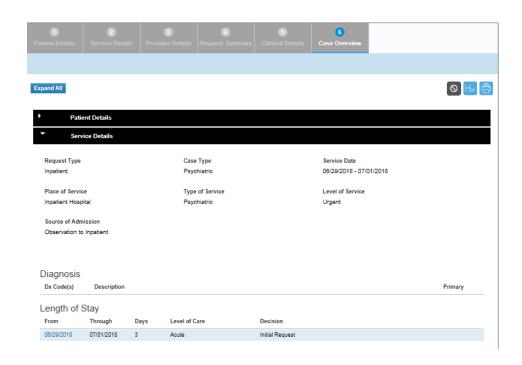
Case overview

View all details of the request entered before submitting.



Case overview (cont.)

To modify information, select the title of the page to go back and edit fields. Select **Submit** to do the final submission of the request.

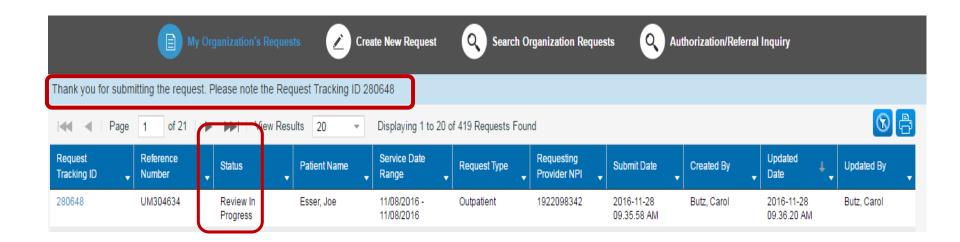


Select **Expand All** to review all sections.

Select the arrow to expand one section.

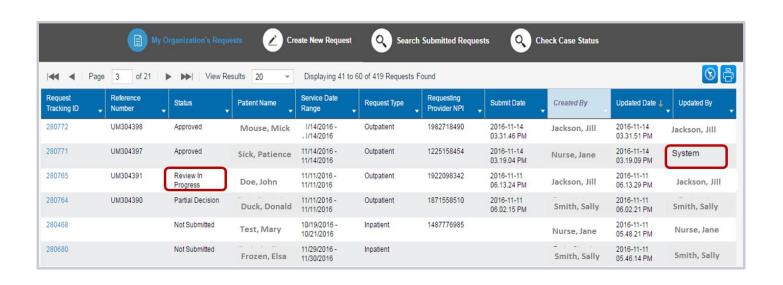
Submitted request in ICR

Once a request has been submitted, the dashboard will appear and the new request will be viewable at the top with a *Review In Progress* status. Confirmation that it was submitted and the tracking ID will be viewable in the blue bar.



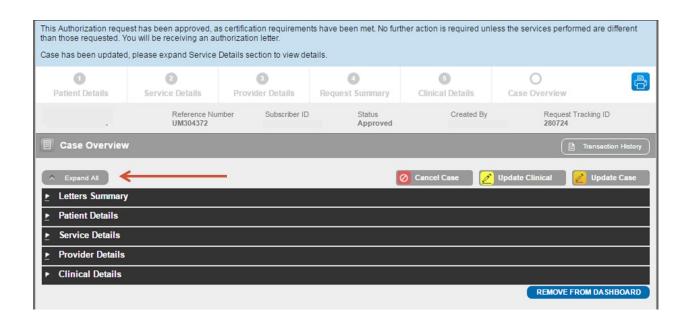
Viewing a decision — inpatient or outpatient

Submitted requests will have a *Review in Progress* status. If a user has entered an email address on the *Provider Details* page, they will receive emails when there is activity on a case. Look for cases that are last updated by system and where status is no longer *Review In Progress*. Those cases with updates or a decision can be viewed by selecting **Request Tracking ID**.



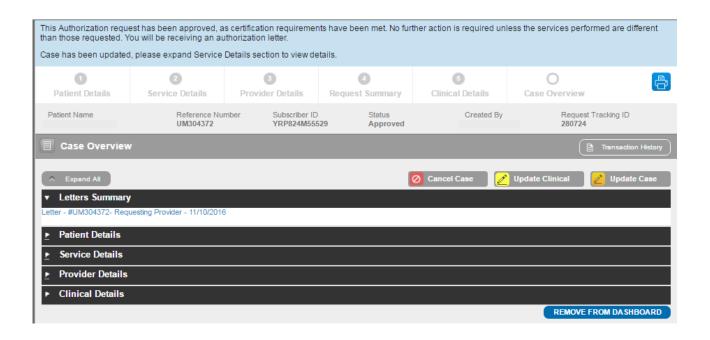
Viewing a decision/request for additional information

To view status details, select the tracking number from the dashboard and then select **Expand All** to allow the case information to be viewable. View decision letters associated with your requests.



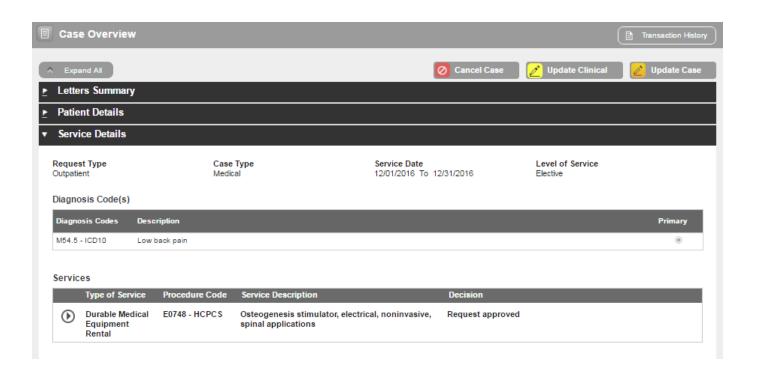
Provider letters

Provider letters associated with the request are viewable by expanding the **Letters Summary** section.



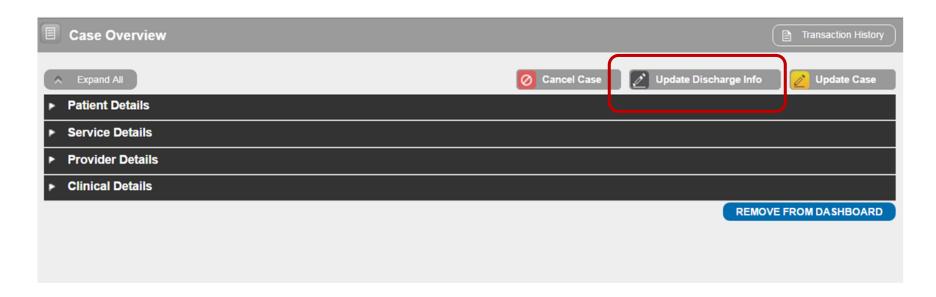
Viewing a decision

Look at the *Procedure Code* section to view the decision, to see if additional information is needed or to see if the case is pending for other reasons.



Discharge notes

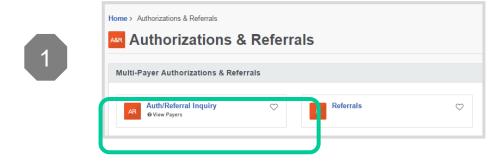
You will have an option available to select **Update Discharge Info** if it applies to the case — This is also available for cases submitted by phone/fax.





User access to the ICR — inquiry

To inquire on any PA submitted by phone, fax, ICR or other online tool, choose **Auth/Referral Inquiry** under the *Authorizations* & *Referrals* link. Then choose the payer and organization.



* Indicates a required field

* Organization:

* Organization:

* Organization:

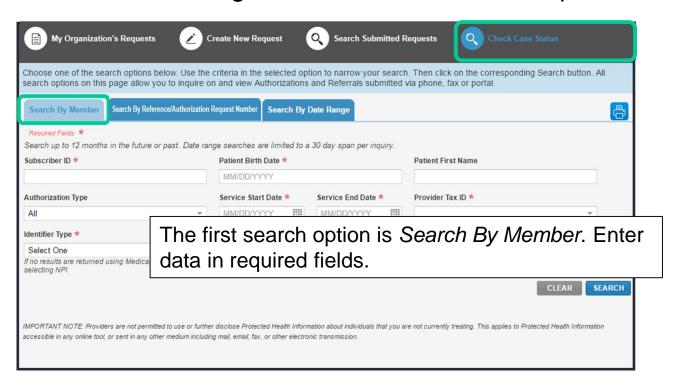
* Organization:

* You are about to be re-directed to third-party site away from Availity's secure site, which may require a separate log-in. Availity provides the link to this site for your convenience and revenue amount of the content, products, or services. You will remain logged in to Availity.

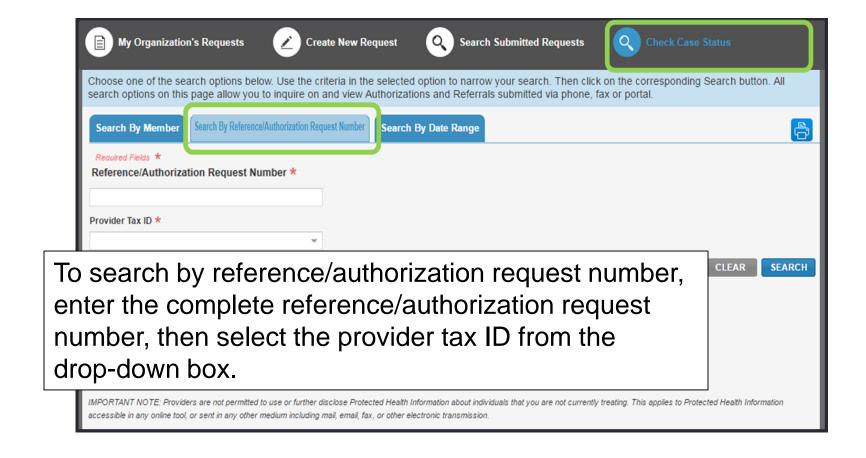
* Submit Clear

Search using Check Case Status

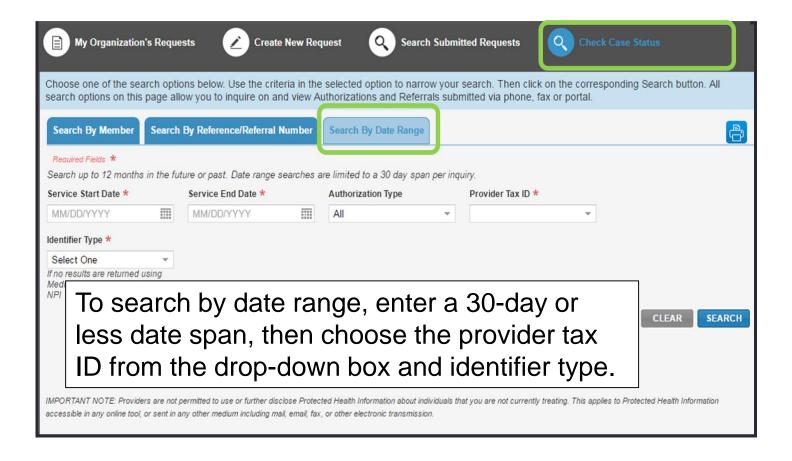
Ordering and servicing physicians and facilities can make an inquiry to view the details for the services using the **Check Case Status** option.



Search by reference/authorization request number



Search by date range



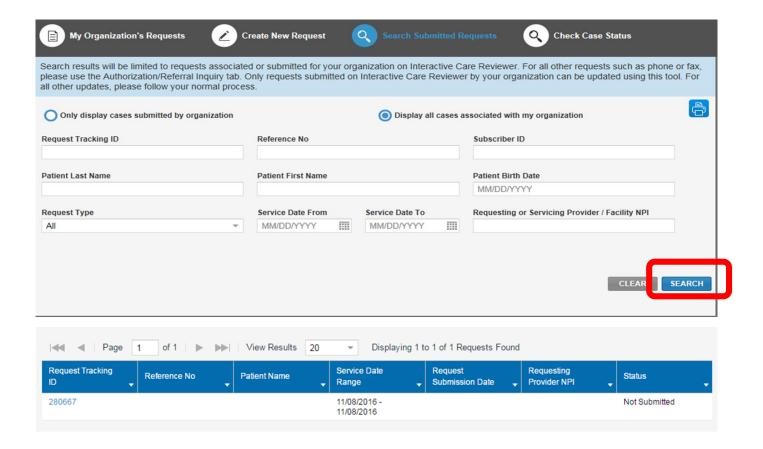
Search organization requests

Users will have the option to select *Only display cases submitted by organization* or *Display all cases associated with my organization* and complete one or more of the fields.

My Organization's Requests Create New Reque Q Check Case Status results will be limited to requests associated or submitted for your organization on Interactive Care Reviewer. For all other requests such as phone or fax, please use the Authorization/Referral Inquiry tab. Only requests submitted on Interactive Care Reviewer by your organization can be updated using this tool. For all other updates, please follow your normal process. Only display cases submitted by organization Display all cases associated with my organization Request Tracking ID Reference No Subscriber ID **Patient First Name Patient Birth Date** Patient Last Name MM/DD/YYYY Request Type Service Date From Service Date To Requesting or Servicing Provider / Facility NPI MM/DD/YYYY MM/DD/YYYY SEARCH What functions are available from the Search Submitted Requests tab?

- Locate a request that has a status of Review Not Required.
- Locate a request that is not submitted.
- Locate a request that has been archived.
- Update a request.

Search results



Behavioral health PA submission capabilities

- Submit PA requests for BH services including acute inpatient stays, residential and rehabilitation stays, intensive outpatient and partial hospital programs, electroconvulsive therapy, transcranial magnetic stimulation, applied behavioral analysis therapy, and psychiatric testing.
- Templates allow providers to enter clinical details previously provided via phone.
- Update cases or request an extension within the ICR tool.



Qualifications for adding clinical to an ICR request

The ICR request must be:

- A psychiatric or substance abuse inpatient case.
- In an approved or pending status.
- An ICR-created request (in other words, not phone or fax).

When clinical is able to be added to a request in ICR, this button will appear in the top right of the ICR screen if the request is opened from the dashboard or via search submitted requests.

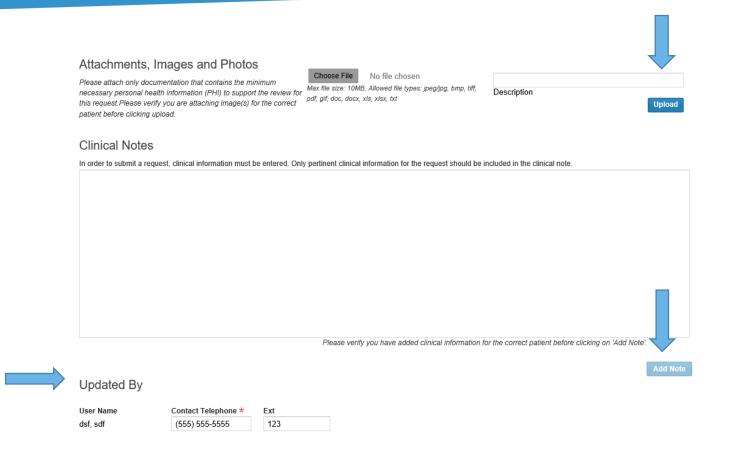


How to add clinical to the request

User should select **Yes**, and then they will be directed to the *Clinical Details Page*.

- User can attach a file(s) or add clinical notes into the Clinical Notes text box.
- User must provide their phone number and extension (if applicable).
- Select Next at the bottom of the screen when clinical has been added/attached.

Screen shot of Clinical Details page



How to add clinical to the request

- After selecting Next, the user is presented with the Case Overview Page.
 - Scroll to the bottom of the Case Overview Page and select the Submit Update button.

Submit Update

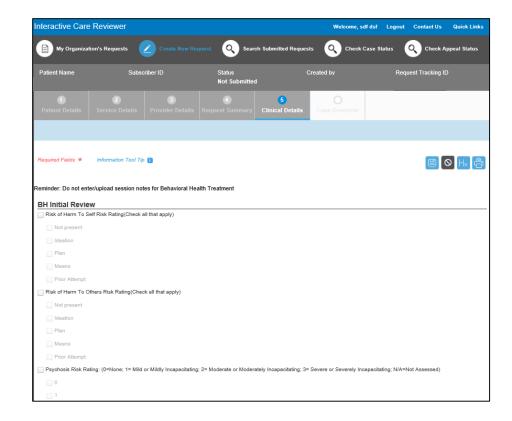
 The user will then be directed back to the dashboard. The additional clinical will be sent to Utilization Management for evaluation.



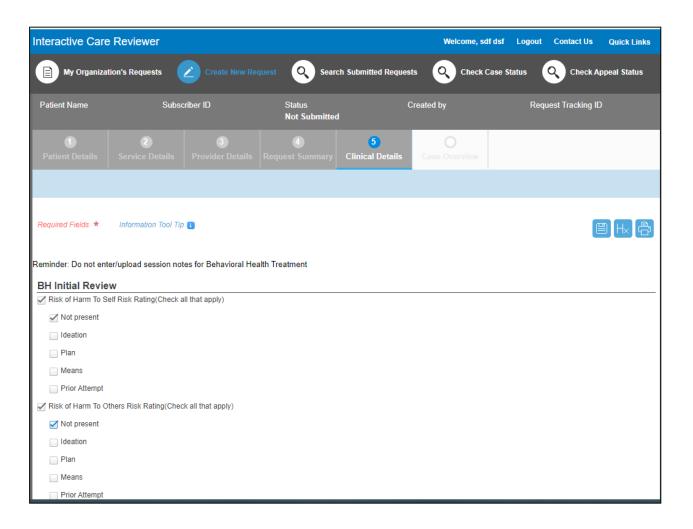
ICR enhancements for BH

UM Algorithm Initial Psych Review:

- Fill out the seven questions.
- Select the parent checkbox on the left of the screen before filling out the remaining questions.
- Agree to the Disclaimer.



BH Initial Review
Risk of Harm To Self Risk Rating(Check all that apply)
Not present
✓ Ideation
Plan
Means
Prior Attempt
☑ Risk of Harm To Others Risk Rating(Check all that apply)
✓ Not present
Ideation
Plan
Means
Prior Attempt
Psychosis Risk Rating: (0=None; 1= Mild or Mildly Incapacitating; 2= Moderate or Moderately Incapacitating; 3= Severe or Severely Incapacitating; N/A=Not Assessed)
_ 0
☑ 1
_ 3
□ N/A
Substance Use (Risk Rating: (0=None; 1= Mild or Mildly Incapacitating; 2= Moderate or Moderately Incapacitating; 3= Severe or Severely Incapacitating; N/A=Not Assessed)
♂ 0
□1
_ 3
□ N/A
Disclaimer
I confirm that the information entered on this form is accurate and complete based on the records available at the time of this request. I understand the health plan or its designees may request medical documentation to verify the accuracy of the information reported on this form.
By submitting this request you are confirming that the information you have provided on this form is accurate and complete based on your clinical assessment of the patient and the records available to you as of the date of this request



Psychosis Risk Rating: (0=None; 1= Mild or Mildly Incapacitating; 2= Moderate or Moderately Incapacitating; 3= Severe or Severely Incapacitating; N/A=Not Assessed)
☑ 0
□1
2
□ 3
□ N/A
Substance Use (Risk Rating: (0=None; 1= Mild or Mildly Incapacitating; 2= Moderate or Moderately Incapacitating; 3= Severe or Severely Incapacitating; N/A=Not Assessed)
□ 0
□1
☑ 2
□ 3
□ N/A
Substance Use Screening (Check if applicable and give score) CIWA:
☑ cows:
15
For substance use disorders, please complete the following additional information: Current assessment of American Society of Addiction Medicine (ASAM) criteria
☑ Dimension 1 (acute intoxication) and/or withdrawal potential) Risk Rating
Minimal/none-not under influence, minimal withdrawal potential
☑ Mild-recent use but minimal withdrawal potential
Moderate-recent use, needs 24 hour monitoring
Significant-potential for or history of severe withdrawal, history of withdrawal seizures
Severe-presents with severe withdrawal, current withdrawal seizures

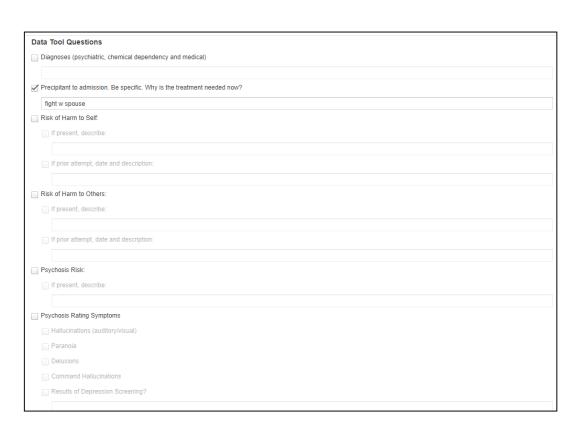
☑ Dimension 2 (biomedical conditions and complications) Risk Rating
Minimal/none-none or insignificant medical problems
✓ Mild-mild medical problems that do not require special monitoring
Moderate-medical condition requires monitoring but not intensive treatment
Significant-medical condition has a significant impact on treatment and requires 24 hour monitoring
Severe-medical condition requires intensive 24 hour medical management
✓ Dimension 3 (emotional, behavioral or cognitive complications) Risk Rating
Minimal/none-none or insignificant psychiatric or behavioral symptoms
✓ Mild-psychiatric or behavioral symptoms have minimal impact on treatment
Moderate-Impaired mental status; passive suicidal/homicidal ideations; impaired ability to complete ADL's
Significant-suicidal/homicidal ideations, behavioral or cognitive problems or psychotic symptoms require 24 hour monitoring
Severe-active suicidal/homicidal ideations and plans, acute psychosis, severe emotional lability or delusions. Unable to attend to ADL's. psychiatric and/or behavioral symptoms require 24 hour medical management
☑ Dimension 4 (readiness to change) Risk Rating
Maintenance-engaged in treatment
Action-committed to treatment and modifying behavior and surroundings
Preparation-planning to take action and is making adjustments to change behavior. Has not resolved ambivalence
Contemplative-ambivalent, acknowledges having a problem and beginning to think about it, has indefinite plan to change
Pre-Contemplative-in treatment due to external pressure, resistant to change
☑ Dimension 5 (relapse, continued use or continued problem potential) Risk Rating
Minimal/none-little likelihood of relapse
✓ Mild-recognizes triggers, uses coping skills
Moderate-aware of potential triggers for MH/SA issues but requires close monitoring
Significant-not aware of potential triggers for MH/SA issues, continues to use/relapse despite treatment
Severe-unable to control use without 24 hour monitoring, unable to recognize potential triggers for MH/SA despite consequences

☑ Dimension 6 (recovery living environment) Risk Rating
Minimal/none-supportive environment
✓ Mild-environmental support adequate but inconsistent
Moderate-moderately supportive environment for MH/SA issues
Significant-lack of support in environment or environment supports substance use
Severe-environment does not support recovery or mental health efforts; resides with an emotionally/physically abuse individual OR active user; coping skills and recovery require a 24 hour setting
Disclaimer
✓ I confirm that the information entered on this form is accurate and complete based on the records available at the time of this request. I understand the health plan or its designees may request medical documentation to verify the accuracy of the information reported on this form.
By submitting this request you are confirming that the information you have provided on this form is accurate and complete based on your clinical assessment of the patient and the records available to you as of the date of this request
Next

BH Continued Stay Review
☑ Risk of Harm To Self Risk Rating(Check all that apply)
□ Not present
✓ Ideation
✓ Plan
Means
Prior Attempt
Risk of Harm To Others Risk Rating(Check all that apply)
Not present
✓ Ideation
✓ Plan
Means
Prior Attempt
Psychosis Risk Rating: (0=None; 1= Mild or Mildly Incapacitating; 2= Moderate or Moderately Incapacitating; 3= Severe or Severely Incapacitating; N/A=Not Assessed)
□1
 ✓ 2
□ 3
□ N/A
Substance Use (Risk Rating: (0=None; 1= Mild or Mildly Incapacitating; 2= Moderate or Moderately Incapacitating; 3= Severe or Severely Incapacitating; N/A=Not Assessed)
□ 0
□1
□ 2
□ 3
□ N/A
Substance Use Screening (Check if applicable and give score) Current treatment plan
Medications
Have medications changed (type, dose/and/or frequency) since admission?
☐ Yes
□ No
Have any prn medications been administered?
☐ Yes

✓ Attending groups?
✓ Yes
□ No
□ N/A
✓ Family or other supports involved in treatment?
✓ Yes
□ No
□ N/A
✓ Member is improving in (check all that apply):
✓ Thought Process
✓ Yes
□ No
Affect
Yes
□ No
☐ Mood
Yes
□ No
Performing ADL's
Yes
□ No
Impulse Control/Behavior
Yes
□ No
Sleep
Yes
□ No
Disclaimer
☑ I confirm that the information entered on this form is accurate and complete based on the records available at the time of this request. I understand the health plan or its designees may request medical documentation to verify the accuracy of the information reported on this form.
By submitting this request you are confirming that the information you have provided on this form is accurate and complete based on your clinical assessment of the patient and the records available to you as of the date of this request
Next

Data Tool Questions: These will only be visible in the event the enhancement was unable to approve based on the information submitted.

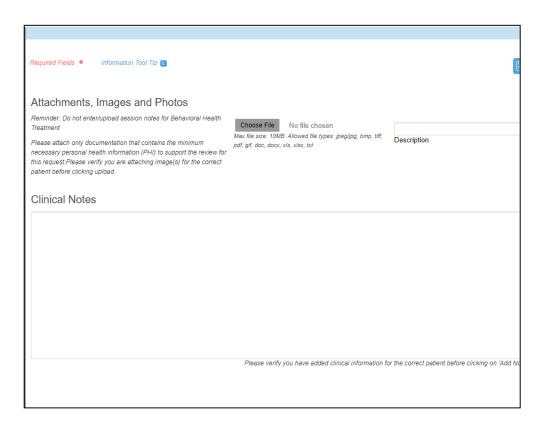


✓ Substance Use Information
✓ Substance Risk Rating
Alcohol
☐ Marijuana
✓ Cocaine
□ PCP
LSD
☐ Methamphetamines
Opioids
Barbiturates
Benzodiazepines
Other
Urine Screening (UDS)
□ Yes
☑ No
□ Unknown
Urine Screening if YES
Positive (If checked, list drugs):
☐ Negative
Pending
Blood Alcohol Level (BAL)
☐ Yes
□ No
□ Unknown
Blood Alcohol Level (BAL) if YES, enter value

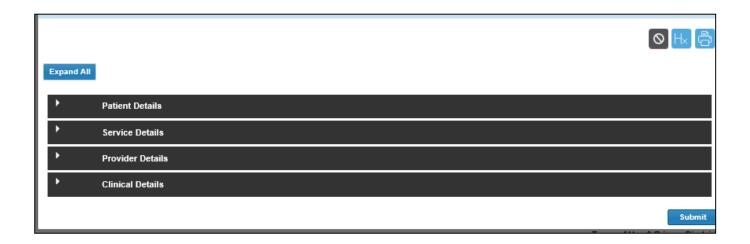
✓ Substance Use:
✓ If present, describe last use, frequency, duration, sober history:
last was before April 15
✓ ASAM Criteria: Describe symptoms
Dimension 1 (acute intoxication) and/or withdrawal potential) (such as vitals, withdrawal symptoms):
Dimension 2 (biomedical conditions and complications)
Disconsing 3 (ameticaed, habeuisted at cognitive complications)
Dimension 3 (emotional, behavioral or cognitive complications)
Dimension 4 (readiness to change)
Dimension 5 (relapse, continued use or continued problem potential)
Dimension 6 (recovery living environment)
✓ If any ASAM dimensions have moderate or higher risk ratings, how are they being addressed in treatment or discharge planning?
should have all been low enough to meet
Should have all been low enough to meet Treatment Plan Info
Previous treatment
Include provider name, facility name, medications, specific treatment/levels of care and adherence.
✓ Current treatment plan
✓ Standing medications:
Yes
As needed Medications Administered (not just ordered):



Additional clinical notes if available can now be attached.



Once the information has been entered and **Submit** is selected, ICR will return the user to the dashboard.



ICR additional information

Ask your Availity administrator to grant you the appropriate role assignment, then follow these instructions to access ICR through the <u>Availity Portal</u>:

Do you create and submit prior authorization requests?

Required role assignment: Authorization and Referral Request

Do you check the status of the case or results of the authorization request?

Required role assignment: Authorization and Referral Inquiry

Once you have the authorization role assignment, log onto Availity with your unique user ID and password, and follow these steps:

- 1. Select **Patient Registration** from Availity's homepage.
- Select Authorizations & Referrals.
- Select Authorizations (for requests) or select Auth/Referral Inquiry (for inquiries).

ICR additional information (cont.)

Training:

Follow these instructions to access ICR on-demand training through the Availity Custom Learning Center:

- From Availity's homepage, select Payer Spaces > Anthem tile > Applications > Custom Learning Center tile.
- From the Courses screen, use the filter catalog and select Interactive Care
 Reviewer Online Authorizations from the menu. Then, select Apply.
- You will find two pages of online courses consisting of on-demand videos and reference documents illustrating navigation and features of ICR. Enroll for the course(s) you want to take immediately or save for later.

Wrapping up

Helpful tip:

- If you receive the system temporarily unavailable message on a consistent basis, your organization's firewall may be blocking the site. Please contact your IT department and ask them to review internet filters and add https://mediproviders.anthem.com/nv as a trusted site to bypass the proxy.
- Clear your cache if there seems to be missing fields or if you continue to have errors.
- Remember admit date for inpatient requests cannot be changed once you submit.
- When you make a new member plan, make a new favorites list.
- You can submit your requests from any computer with internet access. We recommend you use Internet Explorer 11, Chrome, Firefox or Safari for optimal viewing.

Wrapping up (cont.)

Now it's your turn!

 Use ICR to determine whether PA is required, submit authorizations for many members covered by our plans and inquire to find details on submitted cases.

As a reminder:

- Access the ICR via the Availity Portal. If your practice does not have access, go to https://www.availity.com and select **Register**.
- Already use the Availity Portal? Your Availity administrator can grant you
 access to Authorizations and Referral Request and/or Authorization
 and Referral Inquiry, and you can start using the ICR right away.

Contacts

For questions about ICR:

- Medicaid: Contact Provider Services at 1-844-396-2330.
- Medicare: Call the number on the back of your patient's member ID card for Provider Services.

For questions about Availity registration and access, contact Availity Client Services at: **1-800-AVAILITY** (**1-800-282-4548**).





Medicaid Managed Care Medicare Advantage

* Availity, LLC is an independent company providing administrative support services on behalf of Anthem.

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