

Clinical Utilization Management Guidelines

Kentucky | Anthem Blue Cross and Blue Shield Medicaid

Attached is a list of the *Clinical UM Guidelines* Anthem has adopted.

The full list of *Medical Policies* and *Clinical Utilization Management (UM) Guidelines* are publicly available on the [Medical Policy and Clinical UM Guideline subsidiary website](#). Their purpose is to help you provide quality care by reducing inappropriate use of medical resources.

MCG Care Guidelines are used for:

- Medical necessity review for medical and behavioral health inpatient review.
- Inpatient site of service appropriateness.
- Inpatient rehabilitation and skilled nursing facility review.
- Outpatient based service or procedure where there is not an established medical policy or clinical UM guideline.

If MCG Care Guidelines do not cover a behavioral health service; the following standardized tools for medical necessity determinations are used:

- Adults: Level of Care Utilization System® (LOCUS)
- Children and Adolescents: Child and Adolescent Service Intensity Instrument (CASII)
- Young Children: Early Childhood Service Intensity Instrument (ECSII)

In addition, American Society of Addiction Medicine® (ASAM) criteria are used for substance abuse services according to state requirements.

Medicaid state contracts, regulatory guidance, CMS requirements and our *Medical Policy/Clinical UM Guidelines*, when approved by the Department for Medicaid Services (DMS), supersede MCG Care Guidelines.

Note: We make determinations of medical necessity on a case-by-case basis in accordance with the definition of medical necessity that is contained within the Medicaid state contract, regulatory guidance, CMS requirements or in our *Medical Necessity Criteria Policy ADMIN.0004*.

If the request doesn't meet established criteria guidelines, it will be referred to a licensed physician reviewer with the appropriate clinical expertise to make a decision.

Clinical Utilization Management Guidelines

Kentucky | Anthem Blue Cross and Blue Shield Medicaid

The *Clinical Utilization Management Guidelines (CUMG)* below, that are indicated as *new*, were adopted by the Medical Operations Committee for Medicaid members on December 21, 2023.

To view a guideline, visit [Provider Medical Policy Search Results | Anthem.com](#)

CUMG number	CUMG title	New item
CG-MED-69	Inhaled Nitric Oxide	



Email is the quickest and most direct way to receive important information from Anthem.

To start receiving email from us (including some sent in lieu of fax or mail), submit your information using the QR code to the right or via our online form: <http://anthem.ly/signup-abcbs-ky>.

