

General screening guidelines to assist with examination and documentation of well-child exams

Newborn assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Weight, length— W/L percentile	Blood pressure-selective	Suck, swallow	Parental concerns	Car seat, rear facing, never leave baby in the car alone, back seat	Hospital course
Head circumference	Hearing-universal	Breathe easily	Support for mother	Smoke-free environment	Exams/screenings
General appearance/signs of birth trauma	Vision-selective	Turns, calms to mom’s voice	Family make up	Smoke detectors in home	Hep B
Head shape, size, fontanelles	Metabolic/ hemoglobinopathy-universal	Eats well	Any major changes in family	Hot water temperature < 120° F	Weeks’ gestation
Neck	Bilirubin-universal	Moves in response to auditory and visual stimuli	Any changes in family health	No bottle propping	Birth weight
Eyes, red reflex, strabismus	Heart disease-universal		Maternal depression	Sleep on back, narrow crib slats	Issues/concerns
Ears, nose, mouth/throat	Assess risk for HBV infection- universal		Behavioral and social-emotional problems	Well-fitted crib mattress, no pillows	
Lungs				Never shake baby	
Heart	Nutrition	Common problems		Nutrition/feedings	Plan/referrals
Abdomen	Breast, how long, frequency- Exclusive for 6 months is ideal	Constipation		No solid food	Immunizations status
Femoral pulses	Formula, oz and frequency Brand — w/iron	Sleep		Taking temperature — Fever > 100.4° F	Hep B #1 (if indicated)
Umbilical cord		Spitting up		Cord, circumcision care	Ophthalmology referral (if < 32 weeks’ gest.)
Genitalia (male-testes, circ.)	Water source	Excessive crying		Bowel movements	
Spine	Well, city or bottled			General newborn care	
Neuro/primitive reflexes	Number of wet diapers/day			Sponge bath	
Extremities	Stools/day			When to call the doctor	
Hips- Ortolani and Barlow maneuvers	Women, Infants and Children (WIC)			Social drivers of health	
Skin/jaundice	Hunger cues				

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1-month assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Weight, length — W/L percentile	Blood pressure-selective	Lifts head when prone	Parental concerns	Car seat, facing back	Follow-up previous visit
Head circumference	Hearing-universal	Begins to smile	Development	Smoke-free environment	Medication review
General appearance	Vision-selective	Follows parent with eyes	Behavioral and social-emotional problems	Smoke detectors in home	Interval history
Skin	Metabolic/ hemoglobinopathy-universal	Turns to parent’s voice		Hot water temperature < 120° F	Changes in family health
Head, positional skull deformities, fontanelles	Tuberculosis-selective	Responds to calming actions		No bottle propping	
Neck	Maternal depression-universal			Sleeps on back,	
Eyes, red reflex, strabismus	Assess risk for HBV infection- universal			Well-fitted crib mattress, no pillows, narrow crib slats	
Ears, nose, mouth/throat				Never shake baby	
Lungs	Nutrition	Common problems	Social/family history	Nutrition/feedings	Plan/referrals
Heart	Breast, how long, frequency Exclusive for 6 months is ideal	Constipation	Parent/child adjustment	Techniques to calm	Immunizations status
Abdomen-look for masses	Formula, oz and frequency	Sleep	Any major changes in family	Cord, circumcision care	Hep B
Femoral pulses	Brand — w/iron	Spitting up	Maternal depression	Elimination	Vitamin D if breastfed
Umbilical cord	Water source Well, city or bottled	Excessive crying	Support for mother	Taking temperature — Fever > 100.4° F	TB test, if at risk
Genitalia (male-testes, circ.)	Number of wet diapers/day	Colic	Sibling response to baby	When to call the doctor	
Spine	Stools/day	Stuffy nose	Child care plans	Avoid anything around baby’s neck	
Extremities	WIC		Work plans	Tummy time when awake	
Hips- Ortolani and Barlow maneuvers	Hunger cues		Violence or abuse	Social drivers of health & community agencies	
Neuro-tone, responsive to stimuli			Learn first aid, CPR, wash hands frequently		

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2-month assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Weight, length— W/L percentile	Blood pressure-selective	Begins to push up when prone	Parental concerns	Car seat, facing back	Follow-up previous visit
Head circumference	Hearing-universal	Holds head up when held	Development	Smoke-free environment	Medication review
General appearance	Vision-selective	Begins to smile	Behavioral and social-emotional problems	Smoke detectors in home	Interval history
Head, fontanelles	Metabolic/ Hemoglobinopathy-universal	Follows parent with eyes		Hot water temperature < 120° F	Special health care needs
Neck, look for torticollis	Maternal depression-universal	Turns to parent’s voice		Bath safety	Changes in family health
Eyes, red reflex, strabismus	Assess risk for HBV infection- universal	Coos		No bottle propping	
Ears, nose, mouth/throat		Self-comfort		Sleeps on back	
Lungs		Cries when bored (no activity)		Crib safety	
Heart		Symmetrical movement		Never shake baby	
Abdomen	Nutrition	Common problems	Social/family history	Nutrition/feedings	Plan/referrals
Femoral pulses	Breast, how long, frequency	Constipation	Parent/Child adjustment	Delay solids	Immunizations status
Genitalia (male-testes)	Formula, oz and frequency Brand — w/iron	Sleep	Any major changes in family	Elimination	DTaP, IPV, Hib, Hep B, PCV-13
Spine	Not ready to start solid foods	Spitting up	Maternal depression	Techniques to calm	Rotavirus vaccine
Extremities	Water source Well, city or bottled	Excessive crying	Support for mother-ensure mother had post-partum check up	Rolling over — prevent falls	Vitamin D if breastfed
Hips- Ortolani and Barlow maneuvers		Colic	Sibling response to baby	When to call the doctor	
Skin	Stools/day	Stuffy nose	Child care plans	Tummy time when awake	
Neuro-strength, tone	WIC	Diaper rash	Working out of the home	Keep small items away from baby	
			Violence or abuse	Social drivers of health & community agencies	

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4-month assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Weight, length— W/L percentile	Blood pressure-selective	Push up to elbows when prone	Parental concerns	Car seat, facing back	Follow-up previous visit
Head circumference	Hearing-selective	Head control	Development	Smoke-free environment	Medication review
General appearance	Vision-selective	Rolls and reaches for objects	Behavioral and social-emotional problems	Smoke detectors in home	Interval history
Head, fontanelles	Anemia risk assessment-selective	Responds to affection		Sleep and daily routines	Special health care needs
Neck	Maternal depression-universal	Babbles and coos		Hot water temperature < 120° F	Changes in family health
Eyes, red reflex, strabismus	Assess risk for HBV infection- universal	Self-comfort		Bath safety	
Ears, nose, mouth/throat				No bottle propping	
Lungs				Sleep on back, Crib safety	
Heart				Teething	
Abdomen	Nutrition	Common problems	Social/family history	Never shake baby	Plan/referrals
Femoral pulses	Breast, how long, frequency	Constipation	Any major changes in family	Nutrition/feedings	Immunizations status
Genitalia (male testes)	Formula, oz and frequency Brand — w/iron	Sleep	Family support	Solid foods — delay until 6 months old	DTaP, IPV, Hib, Hep B, PCV-13
Spine		Spitting up	Working out of the home	Weight gain	Rotavirus vaccine
Extremities	Water source Well, city or bottled	Excessive crying	Child care	Elimination	Vitamin D if breastfed
Hips	Other liquids	Colic	Violence or abuse	Walkers- do not recommend	
Skin	WIC	Stuffy nose		Rolling over — prevent falls	
Neuro	No solids until 6 months	Diaper rash		Choking	
				Social drivers of health & community agencies	
				Tummy time when awake	

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6-month assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Weight, length— W/L percentile	Blood pressure-selective	Able to sit briefly	Parental concerns	Car seat, facing back	Follow-up previous visit
Head circumference	Hearing-selective	Head control	Development	Smoke-free environment	Medication review
General appearance	Vision-selective	Rolls and reaches for objects	Behavioral and social-emotional problems	Smoke detectors in home	Interval history
Head, fontanelles	Tuberculosis risk screening-selective	Responds to affection, name		Sleep and daily routines	Special health care needs
Neck	Dental/Oral-universal	Babbles		Hot water temperature < 120° F	Changes in family health
Eyes, red reflex, alignment	Lead risk screening-selective	Self-comfort		Drowning	
Ears, nose, mouth/throat	Maternal depression-universal	Puts things in mouth		No bottle propping	
Lungs	Assess risk for HBV infection- universal			Put on back to sleep, awake but drowsy	
Heart				Kitchen safety	
Abdomen	Nutrition	Common problems	Social/family history	Brushing teeth	Plan/referrals
Femoral pulses	Breast, how long, frequency	Constipation	Any major changes in family	Nutrition/feedings	Immunizations status
Genitalia (male-testes)	Formula, oz and frequency Brand — w/iron	Sleep	Family support	Solid foods — when and how to add	DTaP, IPV, Hib, Hep B, PCV-13, influenza, COVID
Spine	Starting single-ingredient foods	Spitting up	Working out of the home	Drinking from a cup	Rotavirus vaccine
Extremities	Water source Well, city, bottled, fluoridated	Excessive crying	Child care	Safety proofing home, poison control number	Vitamin D if breastfed
Hips	Other liquids-no need for juice	Colic	Violence or abuse	Walkers-do not recommend	TB test, if at risk
Skin	WIC	Stuffy nose	Talk, read to baby	Rolling over — prevent falls	Fluoride varnish every 3-6 months once teeth erupt
Neuro		Diaper rash		Choking — finger foods	Oral fluoride supplementation if indicated
				Teething, oral health	
				Social drivers of health/community agencies	

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9-month assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Weight, length — W/L percentile	Blood pressure-selective	Sits well	Parental concerns	Car seat safety	Follow-up previous visit
Head circumference	Hearing-selective	Pulls to stand	Development	Smoke-free environment	Medication review
General appearance	Vision-selective	Crawls	Goes to parent for comfort	Smoke detectors in home	Interval history
Head, fontanelles	Dental/Oral-universal	Imitates sounds	Stranger anxiety	Sleep and daily routines	Special health care needs
Neck	Lead risk screening-selective	Plays peek-a-boo	Behavioral and social-emotional problems	Burns	Changes in family health
Eyes, red reflex, alignment	Developmental screen-universal	Puts things in mouth		Drowning	
Ears, nose, mouth/throat	Assess risk for HBV infection- universal	Looks for dropped items		Age-appropriate discipline	
Teeth-caries, staining, spots		<i>Mama or Dada nonspecific</i>		No bottle in bed or propping	
Lungs		Starting to feed self		Social drivers of health & community agencies	
Heart				Childproof home	
Abdomen	Nutrition		Social/family history	Brushing teeth, oral health, dental visit	Plan/referrals
Femoral pulses	Breast, how long, frequency		Any major changes in family	Solid foods	Immunizations status
Genitalia (male-testes)	Formula, oz and frequency		Family support	Self-feeding	Influenza, COVID
Spine	Brand — w/iron		Child care	Choking — finger foods	Catch-up immunizations
Extremities	Introducing table foods		Violence or abuse	Drinking from a cup	Dental, if at risk or tooth eruption
Hips	Water source Well, city, bottled, fluoridated		Talk, read to baby	Separation anxiety	Fluoride varnish every 3-6 months once teeth erupt
Skin				Falls/Window guards	Oral fluoride supplementation if indicated
Neuro	Other liquids			Poisons	
	WIC			No TV	
	Encourage cup			Teething	

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12-month assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Weight, length — W/L percentile	Blood pressure-selective	Waves bye	Parental concerns	Car seat safety	Follow-up previous visit
Head circumference	Hearing-selective	Pulls to stand, walks holding on	Development	Smoke-free environment	Medication review
General appearance	Vision-selective	Copies gestures	Praise for good behavior	Smoke detectors in home	Interval history
Head, fontanelles	Anemia screening-universal	Imitates sounds	Stranger anxiety	Sleep and daily routines	Special health care needs
Neck	Dental/oral-universal	Plays peek-a-boo	Separation anxiety	Burns	Changes/Concerns — child health
Eyes, red reflex, alignment	Lead risk screening-universal for Medicaid members	Follows simple directions	Establish routines	Drowning	Changes in family health
Ears, nose, mouth/throat	TB risk assessment-selective	”Mama” or “Dada” specifically and at least 1 other word	Behavioral and social-emotional problems	Age-appropriate discipline	
Teeth-carries, staining, spots	Assess risk for HBV infection- universal	Drinks from a cup			
Lungs		Feeds self		Stop bottle	
Heart				Childproof home	
Abdomen	Nutrition		Social/family history	Brushing teeth/visit dentist	Plan/referrals
Femoral pulses	Continued breastfeeding if desired		Any major changes in family	Solid foods, Self-feeding	Immunizations status
Genitalia (male-testes/ female-labia open)	Transitioning from formula		Family support	Social drivers of health & community agencies	Varicella, PCV-13, Hib, DTaP, Hep B, Hep A, IPV, MMR, Influenza, COVID
Spine	Transition to family meals, 3 meals + 2-3 snacks		Child care	Choking — finger foods	
Extremities	Self feeding		Violence or abuse	Drinking from a cup	Catch-up immunizations
Hips				No TV	TB test, if at risk
Skin	Other liquids-water, no need for juice			Falls/Window guards	Dental home or referral
Neuro	WIC			Poisons	Fluoride varnish every 3-6 months once teeth erupt
	Weaned from bottle				Oral fluoride supplementation if indicated

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15-month assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Weight, length — W/L percentile	Blood pressure- selective	Speaks two or three words	Parental concerns	Car seat safety	Follow-up previous visit
Head circumference	Hearing-selective	Walks well	Development	Carbon monoxide detectors	Medication review
General appearance	Vision-selective	Bends down without falling	Temper tantrums	Smoke detectors in home	Interval history
Head, fontanelles	Anemia-selective	Scribbles	Discourage hitting, biting, other aggressive behavior	Childproof home	Special health care needs
Neck	Oral Health- universal	Tries to do what others do	Behavioral and social-emotional problems	Age-appropriate discipline	Changes in family health
Eyes, red reflex, alignment	Assess risk for HBV infection- universal	Follows simple commands		Consistent bedtime routine	
Ears, nose, mouth/throat		Listens to a story		Burns	
Teeth-carries, staining, spots		Puts a block in a cup		First dentist visit	
Lungs				Puts a block in a cup	
Heart				Healthy food/snack choices	
Abdomen	Nutrition		Social/family history	Whole milk	Plan/referrals
Femoral pulses	Breast, how long, frequency		Any major changes in family	Falls	Immunizations status
Genitalia (male-testes)	Offer a variety of healthy foods		Family support	Poisons	MMR, Hib, varicella, PCV-13, Hep A, DTaP, influenza, COVID
Spine			Violence or abuse	No TV	
Extremities- gait	Meals + snacks		Talk, read to baby	Sleep	Catch-up immunizations
Hips	Water, no need for juice, Milk 16-24 oz. a day			Behavior	Dental home or referral
Skin					Fluoride varnish every 3-6 months once teeth erupt
Neuro	Weaned from bottle				
	WIC				

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18-month assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Weight, length — W/L percentile	Blood pressure- selective	Identifies at least 2 body parts, names 5 familiar objects	Parental concerns	Car seat safety	Follow-up previous visit
Head circumference	Hearing- selective	Walks up steps	Development	Carbon monoxide detectors	Medication review
General appearance	Vision- selective	Sits in chair	Temper tantrums — time-outs	Smoke detectors in home	Interval history
Head, fontanel	Anemia - selective	Engages others	Discourage hitting, biting, other aggressive behavior	Childproof home	Special health care needs
Neck	Lead- selective	Points to pictures, objects	Behavioral and social-emotional problems	Age-appropriate discipline	Changes in family health
Eyes, red reflex, alignment		Uses spoon and cup		Consistent bedtime routine	
Ears, nose, mouth/throat	Autism screening-universal	Scribbles		Burns	
Teeth-carries, staining, spots	Development-universal	Throws a ball		First dentist visit	
Lungs	Oral Health-universal	Helps to dress/undress		Healthy food/snack choices	
Heart	Assess risk for HBV infection- universal			Whole milk	
Abdomen	Nutrition		Social/family history	Falls	Plan/referrals
Femoral pulses	Weaned from bottle		Any major changes in family	Poisons	Immunizations status
Genitalia (male-testes)	Offer a variety of healthy foods		Family support	No TV/electronics	DTaP, MMR, varicella, Hib, Hep A, PCV-13, COVID, Influenza
Spine	Meals + snacks		Violence or abuse	Toilet training readiness	Catch-up immunizations
Extremities	Water, no need for juice, Milk 16-24 oz. a day		Talk, read, sing to baby		Dental home or referral
Hips	WIC				Fluoride varnish every 3-6 months once teeth erupt
Skin					Oral fluoride supplementation if indicated
Neuro					

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24-month assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Height/Weight — BMI	Blood pressure- selective	Says 50 words, combines 2	Parental concerns	Car seat safety	Follow-up previous visit
Head circumference	Hearing- selective	Follows 2 step commands	Development	Carbon monoxide detectors	Medication review
General appearance	Vision- selective	Names at least 5 body parts	Temper tantrums — time-outs	Smoke detectors in home	Interval history
Head, fontanel	Anemia - selective	Language 50% understandable to strangers	Playing with other children	Childproof home	Special health care needs
Neck	Lead risk assessment- universal	Kicks a ball	Self-expression	Age-appropriate discipline	Changes in family health
Eyes, red reflex, alignment	Tuberculosis - selective	Jumps	Behavioral and social-emotional problems	Consistent bedtime routine	
Ears, nose, mouth/throat	Autism screening -universal	Runs		Burns	
Teeth-carries, staining, spots	Dyslipidemia- selective	Plays alongside other children		Physical activity	
Lungs	Oral Health- universal	Takes off some clothing		Bike helmet	
Heart	Assess risk for HBV infection- universal	Stacks objects, turns pages		Picky eater	
Abdomen	Nutrition	Draws lines	Social/family history	Supervise outside	Plan/referrals
Femoral pulses	Weaned from bottle		Any major changes in family	Guns	Immunizations status
Genitalia (male-testes)	Offer a variety of healthy foods		Family support	Poisons	Hep A, influenza, COVID
Spine	Meals + snacks		Violence or abuse	Limit TV/electronics to 1 hrs/day, none during meals	Catch-up immunizations
Extremities	Water, no need for juice, Milk 16-24 oz. a day		Talk, read, sing to baby	Toilet training	Dental home or referral
Hips	WIC		Model appropriate language	Social drivers of health & community agencies	Lipid profile, if at risk
Skin			Screen time		TB test, if at risk
Neuro					Fluoride varnish every 3-6 months once teeth erupt
					Oral fluoride supplementation if indicated

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30-month assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Height/Weight — BMI	Blood pressure- selective	Uses pronouns appropriately	Parental concerns	Car seat safety	Follow-up previous visit
General appearance	Hearing- selective	Walks up steps alternating feet	Development	Carbon monoxide detectors	Medication review
Head	Vision- selective	Runs without falling	Plays with other children	Smoke detectors in home	Interval history
Neck	Oral Health- universal	Washes and dries hands	Temperament	Childproof home	Special health care needs
Eyes, red reflex, alignment	Developmental- universal	Uses a fork	Set limits	Outdoor safety	Changes in family health
Ears, nose, mouth/throat	Assess risk for HBV infection- universal	Catches large ball	Behavioral and social-emotional problems	Consistent routines	
Teeth-carries, staining, spots		Copies vertical line		Sun exposure	
Lungs				Physical activity	
Heart				Bike helmet	
Abdomen				Picky eater	
Femoral pulses	Nutrition		Social/family history	Supervise outside	Plan/referrals
Genitalia (male-testes)	Offer a variety of healthy foods		Changes since last visit	Guns	Immunizations status
Spine	Meals + snacks		Parents working outside home	Poisons	Influenza, COVID
Extremities	Water, no need for juice, Milk 16-24 oz. a day		Child care type	Limit TV/electronics to 1 hrs/day, none during meals	Catch-up immunizations
Hips	WIC		Daily reading	Toilet training	Dental home or referral
Skin			Preschool readiness		Fluoride varnish every 3-6 months once teeth erupt
Neuro			Maintain family Routines		Oral fluoride supplementation if indicated

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3-year assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Height/Weight% — BMI	Hearing- selective	Uses 3 word sentences	Parental concerns	Car seat safety	Follow-up previous visit
Blood Pressure	Vision- universal	Language is 75% understandable to strangers	Development	Carbon monoxide detectors	Medication review
General appearance	Oral Health- universal	Tells story from book or TV	Plays with other children	Smoke detectors in home	Interval history
Head	Anemia- selective	Pedals a tricycle	Manage anger	Smoke-free environment	Special health care needs
Neck	Lead- selective	Climbs on furniture	Reinforce good behavior	Childproof home	Changes in family health
Eyes	Tuberculosis- selective	Jumps forward	Behavioral and social-emotional problems	Outdoor safety	
Ears, nose, mouth/throat	Assess risk for HBV infection- universal	Draws a circle		Consistent routines	
Teeth-carries, staining, spots		Draws person with head and 1 other body part		Sun exposure	
Lungs		Eats independently		Physical activity	
Heart		Potty trained		Bike helmet	
Abdomen	Nutrition	Plays in cooperation, shares	Social/family history	Supervise outside, street safety	Plan/referrals
Femoral pulses	Offer a variety of healthy foods		Changes since last visit	Guns	Immunizations status
Genitalia (male-testes)	Meals + snacks		Parents working outside home	Poisons	Influenza, COVID
Spine	Water, no need for juice, Milk 16-24 oz. a day		Child care type	Limit TV/electronics to 1 hours/day	Catch-up immunizations
Extremities	WIC		Read, sing, play	Social drivers of health & community agencies	Dental referral
Hips			Preschool	Prevent choking by cutting food into small pieces	TB test, if at risk
Skin			Family activities		Fluoride varnish every 3-6 months once teeth erupt
Neuro			Parent/Child interaction		Oral fluoride supplementation if indicated
			Show affection		

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4-year assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Height/Weight — BMI	Hearing- universal	Asks questions	Parental concerns	Appropriate car restraints	Follow-up previous visit
Blood pressure	Vision- universal	Uses 4-word sentences	Development	Carbon monoxide detectors	Medication review
General appearance	Dyslipidemia- selective	Skips on 1 foot	Plays with other children	Smoke detectors in home	Interval history
Head	Anemia- selective	Climbs stairs, alternating feet without support	Behavioral and social-emotional problems	Smoke-free environment	Special health care needs
Neck	Lead- selective	Draws person with at least 3 body parts		Safety rules with adults	Changes in family health
Eyes, red reflex, alignment	Tuberculosis- selective	Draws simple cross		Daily reading	
Ears, nose, mouth/throat	Oral Health- universal Assess risk for HBV infection- universal	Brushes teeth		Consistent routines	
Teeth-carries, staining, spots		Dresses/undresses without much help		Sun exposure	
Lungs				Daily physical activity	
Heart				Bike helmet	
Abdomen	Nutrition		Social/family history	Outside supervision and street safety	Plan/referrals
Femoral pulses	Offer a variety of healthy foods		Changes since last visit	Guns	Immunizations status
Genitalia (male-testes)	Meals + snacks		Parents working outside home	Social determinants of health & community agencies	DTaP, IPV, MMR, varicella, influenza, COVID
Spine	Water, no need for juice, Milk 16-24 oz. a day		School readiness	Limit TV, electronics to 1 hr/day	Catch-up immunizations
Extremities- formal motor assessment	WIC		Family activities		Dental home or referral
Hips			Parent/Child interaction		Lipid profile, if at risk
Skin			Helps at home		TB test, if at risk
Neuro			How to be safe with adults		Fluoride varnish every 3-6 months once teeth erupt
					Oral fluoride supplementation if indicated

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5- to 6-year assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Height/Weight — BMI	Hearing- universal	Good language skills	Parental concerns	Appropriate booster/car restraints	Follow-up previous visit
Blood pressure	Vision- universal	Speaks clearly	Development/learning	Smoke/Carbon monoxide detectors	Medication review
General appearance	Anemia- selective	Balances on 1 foot, hops, skips	Attention	No smoking in home	Interval history
Head	Lead- selective	Ties a knot	Social interaction	Sexual safety	Special health care needs
Neck	Oral health- universal	Counts to 10	Cooperation/Oppositional	Swimming safety	Changes in family health
Eyes	Tuberculosis- selective	Copies squares and triangles	Sleep	Consistent routines	
Ears, nose, mouth/throat		Draws a person (6 parts)	Behavioral and social-emotional problems	Sun exposure	
Teeth-carries, staining, spots				Safety helmets	
Lungs				Street safety	
Heart	Dyslipidemia- selective			Guns	
	Assess risk for HBV infection- universal				
Abdomen	Nutrition		Social/family history	Brushing/Flossing teeth	Plan/referrals
Femoral pulses	Offer a variety of healthy foods		Changes since last visit	Limit TV	Immunizations status
Genitalia (male-testes)	Limit sugary foods and drinks		Parents working outside home	Well balanced diet, including breakfast	DTaP, IPV, MMR, varicella, influenza, COVID
Spine	Water, no need for juice, Milk 2-3 times a day		After-school care/activities	Healthy weight	Catch-up immunizations
Musculoskeletal- Fine/Gross motor skills, Gait	Stop eating when satisfied		Parent/child/sibling interaction	Daily physical activity	Dental referral
Skin			School readiness	Bullying	Lipid profile, if at risk
Neuro			Family time	Social drivers of health & community agencies	TB test, if at risk
			How to be safe with adults		Fluoride varnish every 3-6 months once teeth erupt through age 5
					Oral fluoride supplementation if indicated

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7- to 8-year assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Height/Weight% — BMI percentile	Hearing-selective at 7, universal at 8	Good hand-eye coordination	Parental concerns	Appropriate booster/car restraints	Follow-up previous visit
Temp, pulse, resp — blood pressure	Vision exam-selective at 7, universal at 8	Enjoys hobbies and collecting	Development/Learning	Smoke/Carbon monoxide detectors	Medication review
General appearance	Anemia risk screening	Uses reflective thinking	Participates in after-school activities	No smoking in home	Interval history
Head	Tuberculosis-selective	May experience guilt/shame	School performance	Sexual safety	Special health care needs
Neck	Oral Health- selective		Homework	Swimming safety	Changes in family health
Eyes, red reflex, alignment	Anemia-selective		Sleep	Consistent routines	
Ears, nose, mouth/throat	Dyslipidemia- selective at 8		Behavioral and social-emotional problems	Sun exposure	
Teeth-carries, gingival	Assess risk for HBV infection- universal			Safety helmets and pads	
Lungs				Street safety	
Heart				Guns	
Abdomen	Nutrition		Social/family history	Brushing/Flossing teeth	Plan/referrals
Femoral pulses	Offer a variety of healthy foods		Changes since last visit	Limit TV and screen time, monitor computer use	Immunizations status
Breasts/Genitalia	Limit sugary foods and drinks		Parents working outside home	Well-balanced diet, including breakfast	Influenza, COVID
Sexual maturity	Water, no need for juice, Milk 2-3 times a day		After-school care/activities	Healthy weight	Catch-up immunizations
Spine	Stop eating when satisfied		Parent/Child/Sibling interaction	Daily physical activity	Dental referral
Musculoskeletal + gait			Parent/Teacher concerns	Bullying	Lipid profile, if at risk
Skin			Eat meals as a family	Social drivers of health & community agencies	TB test, if at risk
Neuro				Puberty	Oral fluoride supplementation if indicated

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9- to 10-year assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Height/Weight — BMI	Hearing- selective at 9, universal at 10	Rough and tumble play	Parental concerns	Appropriate booster/car restraints	Follow-up previous visit
Blood pressure	Vision exam- selective at 9, universal at 10	Enjoys team games	Development/Learning	Smoke/Carbon monoxide detectors	Medication review
General appearance	Anemia- selective	Likes complex crafts and tasks	Self-control	No smoking in home	Interval history
Head	Tuberculosis- selective	Ability to learn and apply skills	Sense of accomplishment	Sexual safety	Special health care needs
Neck	Oral Health- selective	Capable of longer interest	Competitive	Swimming safety	Changes in family health
Eyes	Dyslipidemia- universal (once between 9 and 11)	More abstract reasoning	Behavioral and social-emotional problems	Consistent routines	
Ears, nose, mouth/throat	Assess risk for HBV infection- universal			Sun exposure	
Teeth-caries, gingival				Safety helmets and pads	
Lungs				Street safety	
Heart				Guns	
Abdomen	Nutrition		Social/family history	Brushing/Flossing teeth	Plan/referrals
Femoral pulses	Offer a variety of healthy foods		Changes since last visit	Limit TV and screen time	Immunizations status
Breasts/Genitalia	Limit sugary foods and drinks		Parents working outside home	Healthy weight	HPV, Influenza, COVID
Sexual maturity	Water, no need for juice, Milk 2-3 times a day		After-school care/activities	Daily physical activity	Catch-up immunizations,
Spine	Stop eating when satisfied		Parent/Teacher concerns	Bullying	Dental referral
Musculoskeletal			More independent	Social drivers of health & community agencies	Lipid profile, if at risk
Skin			Very conscious of fairness	Puberty	TB test, if at risk
Neuro					Oral fluoride supplementation if indicated
Signs of self-injury					

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11- to 14-year assessment						
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History	
Height/Weight — BMI	Hearing- universal, once between 11 and 14 year	Forming caring relationships	Parental concerns	Seat belts	Follow-up previous visit	
Blood pressure	Vision exam- universal at 12. Selective at other ages	Demonstrates caring and empathy	Development/Learning	Social drivers of health & community agencies	Medication review	
General appearance	Anemia risk- selective	Engages in community	Develop moral philosophies	Tobacco/Alcohol/Drugs	Interval history	
Head	Tuberculosis risk assessment	Exhibits resiliency with confronted with stressors	Self-esteem	Sexual safety	Special health care needs	
Neck	Dyslipidemia- universal (once between 9 and 11)	Problem-solving skills	Sexual activity	How to prevent pregnancy, STIs, HIV	Changes in family health	
Skin- acne, nevi, acanthosis nigricans, piercings, signs of abuse or self-injury	Tobacco/Alcohol/Drugs- universal	Shows self-confidence, hopefulness	Behavioral and social-emotional problems	Friendships/relationships	Talk to adolescent with and without the parent/guardian	
	Assess risk for sudden cardiac arrest/death-universal			Sun exposure		
	Eyes, red reflex, alignment			Tuberculosis- selective		Sports safety — helmets, water
	Ears, nose, mouth/throat			HIV/ STI- selective		Guns and violence
	Teeth-caries, gingival			Depression and suicide risk assessment- universal starting at age 12		Oral hygiene
Lungs	Oral Health- selective Assess risk for HBV infection- universal					
Heart	Nutrition		Social/family history	Limit TV and screen time	Plan/referrals	
Abdomen	Encourage a variety of healthy foods		Changes since last visit	Well-balanced diet, including breakfast	Immunizations -Tdap, meningococcal, and HPV	
Femoral pulses	Limit sugary foods and drinks		After-school activities	Healthy weight	Influenza, COVID	
Breasts/Genitalia	Water, no need for juice, Milk 2-3 times a day		Family relationships	Daily physical activity -60 minutes per day	Catch-up immunizations	
Sexual maturity	Stop eating when satisfied			Bullying	Dental referral	
Spine				Adequate sleep	Lipid profile, if indicated	
Musculoskeletal				Stress management	TB test, if at risk	
Neuro				Anger management	Oral fluoride supplementation if indicated	

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15 to 17-year assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Height/Weight — BMI	Hearing- universal, once between 15 and 17 year	Forming caring relationships	Parental concerns	Seat belts, don't use mobile device while driving	Follow-up previous visit
Blood pressure	Vision exam- universal at 15. Selective at other ages	Demonstrates caring and empathy	Increasing independence	Social drivers of health & community agencies	Medication review
General appearance	Anemia risk- selective	Engages in community	Sexuality/Dating	School performance	Interval history
Head	Tuberculosis risk assessment	Exhibits resiliency with confronted with stressors	Development/Learning	Sexual safety, dating	Special health care needs
Neck	Dyslipidemia- universal (once between 17 and 21)	Problem-solving skills	Risk reduction	How to prevent pregnancy, STIs, HIV	Changes in family health
Skin- acne, nevi, acanthosis nigricans, piercings, signs of abuse or self-injury	Tobacco/Alcohol/Drugs- universal	Shows self-confidence, hopefulness	Mental health	Sun exposure	Talk to teen with and without the parent/guardian
Eyes, red reflex, alignment	Oral Health- selective		Behavioral and social-emotional problems	Sports safety — helmets, water	
Ears, nose, mouth/throat	HIV testing at least once between the ages of 15-21- universal			Tobacco, Alcohol, Drug	
Teeth-carries, gingival	Depression and suicide risk assessment- universal			Emotional wellbeing	
Lungs	Assess risk for HBV infection- universal Assess risk for sudden cardiac arrest/death-universal			Oral hygiene	
Heart	Nutrition		Social/family history	Limit TV and screen time	Plan/referrals
Abdomen	Encourage a variety of healthy foods		Changes since last visit	Healthy weight	Immunizations status
Femoral pulses	Limit sugary foods and drinks		More time with friends or alone	Daily physical activity	Influenza, COVID, meningococcal and meningococcal B at 16 years
Breasts/Genitalia	Water, no need for juice, Milk 2-3 times a day		Increasing interest in community		Catch-up immunizations
Sexual maturity	Stop eating when satisfied		Seeks more control over life		Dental referral
Spine			Positive family relationships		Lipid profile, if indicated
Musculoskeletal					TB test, if at risk
Neuro					Oral fluoride supplementation through age 16 if indicated

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18- to 21-year assessment					
Physical exam	Risk assessment/screening	Development	Behavioral/social	Anticipatory guidance topics	History
Height/Weight — BMI	Hearing- universal, once between 18 and 21 year	Forming caring relationships	Mood regulation	Seat belts, don't use mobile device while driving	Follow-up previous visit
Blood pressure	Vision exam- selective	Demonstrates caring and empathy	Mental health	Sexual safety, dating	Medication review
General appearance	Anemia risk- selective	Engages in community	Sexuality	How to prevent pregnancy, STIs, HIV	Interval history
Head	Tuberculosis- selective	Problem-solving skills	Risk reduction	Pregnancy planning if desired	Special health care needs
Neck	Dyslipidemia- universal (once between 17 and 21)	Exhibits resiliency with confronted with stressors	Behavioral and social-emotional problems	Sports safety — helmets, water	Changes in family health
Skin- acne, nevi, acanthosis nigricans, piercings, signs of abuse or self-injury	Tobacco/Alcohol/Drugs- universal	Shows self-confidence, hopefulness		Social drivers of health & community agencies	Talk to patient alone and with parent/guardian if still attending visit
Eyes, red reflex, alignment	Cervical dysplasia – universal at 21 year			Tobacco, Alcohol, Drug	
Ears, nose, mouth/throat	HIV testing at least once between the ages of 15-21- universal			Emotional wellbeing	
Teeth-carries, gingival	Depression and suicide risk assessment- universal			Oral hygiene	
Lungs	Oral Health- selective Assess risk for HBV infection- universal Assess risk for sudden cardiac arrest/death-universal			Limit TV and screen time	
Heart	Nutrition		Social/family history	Healthy weight	Plan/referrals
Abdomen	Encourage a variety of healthy foods		Changes since last visit	Daily physical activity	Immunizations status
Femoral pulses	Limit sugary foods and drinks		Concern about relationships	How to manage care as adult	Influenza, COVID, Tdap if indicated
Breasts/Genitalia/Pelvic exam if indicated	Water, no need for juice, Milk 2-3 times a day		School/work responsibilities	Sun exposure	Catch-up immunizations
Sexual maturity	Stop eating when satisfied				Dental referral
Spine					Lipid profile, if indicated
Musculoskeletal					TB test, if at risk
Neuro					

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Anthem Blue Cross and Blue Shield Medicaid does not require specific Early Periodic Screening, Diagnosis, and Treatment (EPSDT) documentation forms. Please refer to available state forms or resources below for forms and information on use:

- Kentucky Cabinet for Health and Human Services: <https://www.chfs.ky.gov/agencies/dms/provider/Pages/epsdtscreening.aspx>
- American Academy of Pediatrics: http://brightfutures.aap.org/clinical_practice.html
- Advisory Committee on Immunization Practices: cdc.gov/vaccines/acip/index.html
- American Academy of Family Physicians: aafp.org
- American Academy of Pediatric Dentistry: aapd.org