

Anthem Blue Cross and Blue Shield | Serving Hoosier Healthwise, Healthy Indiana Plan, Hoosier Care Connect, and Indiana PathWays for Aging

<b>Reimbursement Policy</b>	
Subject: <b>Sterilization</b>	
Policy Number: <b>G-06163</b>	Policy Section: <b>Surgery</b>
Last Approval Date: <b>07/17/2024</b>	Effective Date: <b>07/17/2024</b>

\*\*\*\* Visit our provider website for the most current version of the reimbursement policies. If you are using a printed version of this policy, please verify the information by going to [providers.anthem.com/in](https://providers.anthem.com/in). \*\*\*\*

### Disclaimer

These reimbursement policies serve as a guide to assist you in accurate claims submissions and to outline the basis for reimbursement if Anthem covered the service for the Hoosier Healthwise, Healthy Indiana Plan, or Hoosier Care Connect member's benefit plan. The determination that a service, procedure, item, etc. is covered under a member's benefit plan is not a determination that you will be reimbursed. Services must meet authorization and medical necessity guidelines appropriate to the procedure and diagnosis as well as to the member's state of residence.

You must follow proper billing and submission guidelines. You are required to use industry standard, compliant codes on all claim submissions. Services should be billed with Current Procedure Terminology® (CPT) codes, Healthcare Common Procedure Coding System (HCPCS) codes, and/or revenue codes. These codes denote the services and/or procedures performed and, when billed, must be fully supported in the medical record and/or office notes. Unless otherwise noted within the policy, our reimbursement policies apply to both participating and non-participating professional providers and facilities.

If appropriate coding/billing guidelines or current reimbursement policies are not followed, Anthem may:

- Reject or deny the claim.
- Recover and/or recoup claim payment.

These reimbursement policies may be superseded by mandates in provider, state, federal, or Centers for Medicare & Medicaid Services (CMS) contracts and/or requirements. Anthem strives to minimize delays in policy implementation. If there is a delay, we reserve the right to recoup and/or recover claims payment to the effective date in accordance with the policy. We reserve the right to review and revise these policies when necessary. When there is an update, we will publish the most current policy to the website.

### Policy

Providers who are contracted with Anthem Blue Cross and Blue Shield to serve Hoosier Healthwise, Healthy Indiana Plan, Hoosier Care Connect, and Indiana PathWays for Aging through an accountable care organization (ACO), participating medical group (PMG) or Independent Physician Association (IPA) are to follow guidelines and practices of the group. This includes but is not limited to authorization, covered benefits and services, and claims submittal. If you have questions, please contact your group administrator or your Anthem network representative.

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Anthem allows reimbursement of sterilization procedures performed for the purpose of rendering a member permanently incapable of reproducing unless provider, state, federal, or CMS contracts and/or requirements indicate otherwise.

Reimbursement is based on the applicable fee schedule or contracted/negotiated rate and receipt of a state-approved consent form properly executed per state requirements.

Anthem considers reimbursement of sterilization procedures based on the following guidelines:

- The member has given informed consent by voluntarily signing the applicable consent form:
  - Not less than 30 and not more than 180 calendar days prior to the procedure (if more than 180 calendar days prior to the procedure, a new consent form will be required).
  - In the case of premature delivery or emergency abdominal surgery, not less than 72 hours prior to the procedure.

At the time the voluntary informed consent is obtained, the member must be:

- At least 21 years of age.
- Legally and mentally competent.
- Not institutionalized (for example mental hospital or correctional facility).

Consent for sterilization cannot be obtained while the member to be sterilized is:

- In labor or childbirth.
- Is under the influence of alcohol or other agents affecting awareness.
- Seeking to obtain or obtaining an abortion.

The applicable *Sterilization Consent* form must be submitted with claims for professional and/or facility services. If a valid consent form is not received, the claim may be rejected or denied. A valid consent form has to be properly executed and include all required signatures:

- Member or member's authorized representative
- Interpreter, if applicable
- Person obtaining the member's consent
- Physician performing the sterilization procedure

Anthem does not require a sterilization consent form in the following situations:

- The provider renders the patient sterile as a result of an illness or injury when prior acknowledgement was not possible.
- The patient was already sterile prior to the procedure.
- The patient is not rendered sterile by the procedure (for example, because the procedure was performed unilaterally rather than bilaterally).

In these situations, when billing codes that would otherwise require a Consent for Sterilization form, the provider must include appropriate documentation to prevent the claim from denying. This could be an operative report or a statement attesting that one of the preceding exceptions applies. Patient name, explanation of the exception, and physician signature must be included in the documentation.

If a sterilization procedure is performed in conjunction with a delivery, then multiple surgery guidelines apply (refer to our Modifiers 50 and 51: Multiple and Bilateral Surgery policy).

Related Coding	
Standard correct coding applies	

Policy History	
07/17/2024	Review approved and effective: added language for situations when a sterilization consent form is not required
06/29/2022	Review approved and effective
07/13/2020	Review approved and effective
08/03/2018	Review approved and effective
06/06/2016	Review approved and effective
02/01/2015	Initial approval and effective

References and Research Materials
This policy has been developed through consideration of the following: <ul style="list-style-type: none"><li>• American College of Obstetricians and Gynecologists (ACOG)</li><li>• CMS</li><li>• Code of Federal Regulations (CFR) Subpart F- Sterilizations §441.250- §441.258</li><li>• State contract</li><li>• State Medicaid</li></ul>

Definitions	
Sterilization	The process of making a person permanently unable to reproduce.
General Reimbursement Policy Definitions	

Related Policies and Materials
Hysterectomy
Modifiers 50 and 51: Multiple and Bilateral Surgery