

Quit smoking today

Help is a **FREE** phone call away

At Anthem, we know it isn't easy
to stop smoking.

But you don't have to do it alone!



Quit Coaches™ will provide helpful tips and techniques, as well as ongoing support throughout the quitting process. They're available seven (7) days a week from 8 a.m. to 12 a.m. (midnight) Eastern time. If you are deaf or hard of hearing, please visit them online at www.in.gov/quitline.

Are you pregnant and want to stop smoking?

For more information on the Quitline or Anthem benefits that can help you stop smoking, please call Member Services toll free from 8 a.m. to 8 p.m. Eastern time.

Hoosier Healthwise and Healthy Indiana Plan:

1-866-408-6131 (TTY 711)

Hoosier Care Connect: 1-844-284-1797 (TTY 711)

You may be eligible for a reward!

Once you start using the Indiana Tobacco Quitline, you may be eligible for \$20 in Anthem Rewards.

And once you complete 10 visits, you may be eligible for another reward of \$20 in Anthem Rewards.



When you're ready, just call the
Indiana Tobacco Quitline at
1-800-QUIT-NOW (1-800-784-8669).
This service is **FREE** for all Indiana
residents to help smokers quit.

www.anthem.com/inmedicaid

Serving Hoosier Healthwise,
Healthy Indiana Plan and Hoosier Care Connect



Do you need help with your health care, talking with us or reading what we send you? We provide our materials in other languages and formats at no cost to you. Call us toll free at 1-866-408-6131 (Hoosier Healthwise, Healthy Indiana Plan); 1-844-284-1797 (Hoosier Care Connect); TTY 711.

¿Necesita ayuda con su cuidado de la salud, para hablar con nosotros o leer lo que le enviamos? Proporcionamos nuestros materiales en otros idiomas y formatos sin costo alguno para usted. Llámenos a la línea gratuita al 1-866-408-6131 (Hoosier Healthwise, Healthy Indiana Plan); 1-844-284-1797 (Hoosier Care Connect); TTY 711.

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