# Have questions about a health issue?

## **Call us for answers and support**

Your health is very important. If you don't take good care of yourself, you might not be able to help the people who depend on you. The Hoosier Healthwise, Healthy Indiana Plan and Hoosier Care Connect programs include the services below to help you put your health — and your family's health — first.

### Want help choosing where to go for care?

Call the 24/7 NurseLine: 1-866-408-6131 for Hoosier Healthwise and HIP or 1-844-284-1797 for Hoosier Care Connect (TTY 711).

Do you go to the emergency room or an urgent care center? Or wait until the doctor's office is open? Call 24 hours a day, seven days a week and a nurse can help you decide.

### Expecting a baby?

After you let us know you are pregnant, you will be able to learn more about the New Baby, New Life<sup>SM</sup> program. Call 1-866-408-6131 (TTY 711) for Hoosier Healthwise and HIP or 1-844-284-1797 (TTY 711) for Hoosier Care Connect.

This program can help you take good care of yourself during and after your pregnancy. We can answer questions and help you get the care you need.

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Call for free translation/Llame para una traducción sin costo: 1-866-408-6131 (Hoosier Healthwise, Healthy Indiana Plan); 1-844-284-1797 (Hoosier Care Connect); TTY 711.



# Want help with a health problem like diabetes or asthma?

Call the Disease Management Centralized Care Unit at 1-888-830-4300 (TTY 711).

A health problem can be hard on the whole family. You might have new medicines. Or you might have questions, like how to include your favorite dishes in a new diet. This program can help you get answers and support.

### Ready to kick the habit for good?

Call the Indiana Tobacco QuitLine: 1-800-QUITNOW or 1-800-784-8669.

Knowing you want to quit smoking is one thing. Doing it is another. This program can help you quit for good this time — and make it stick. Smoking can be a strong addiction. But with the right help, you can be even stronger.

### www.anthem.com/inmedicaid



Serving Hoosier Healthwise, Healthy Indiana Plan and Hoosier Care Connect