



Date reviewed January 2023

Date adopted February 2023

This communication applies to the Commercial and Medicaid programs from Anthem Blue Cross and Blue Shield (Anthem) in Indiana.

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Asthma	<p>Guidelines for the Diagnosis and Management of Asthma (EPR-3) (August 2007)</p> <p>2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group</p>	National Heart, Lung, and Blood Institute (NHLBI)	<p>https://www.nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma</p> <p>https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines</p>
Suicide Risk	SAFE-T: Suicide Assessment Five-Step Evaluation and Triage	Suicide Prevention Resource Center (SPRC)	https://www.sprc.org/resources-programs/suicide-assessment-five-step-evaluation-and-triage-safe-t-pocket-card

Updated:
 Commercial/Exchange Quality Improvement Committee
 Quality Improvement Committee (GBD)
 CPGs are applicable to all LOBs

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	Assessment and Management of Patients at Risk for Suicide (2019)	Veterans Administration/Department of Defense (VA/DoD)	https://www.healthquality.va.gov/guidelines/mh/srb/index.asp
Obesity	Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents with Obesity (January 2023)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/151/2/e2022060/640/190443/Clinical-Practice-Guideline-for-the-Evaluation-and?autologincheck=redirected
Obstetrical Care	Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in Obstetric and Gynecologic Practice. Number 633 (Reaffirmed 2021)	American Congress of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/Clinical-Guidance-and-Publications/Committee-Opinions/Committee-on-Ethics/Alcohol-Abuse-and-Other-Substance-Use-Disorders-Ethical-Issues-in-Obstetric-and-Gynecologic-Practice