

Now available: **Medically tailored meals/medically supportive food**



Have you heard of the Medically Supportive Nutrition Program offered by Anthem Blue Cross (Anthem)?

Eligible Medi-Cal Managed Care members may receive medically supportive nutrition including up to two meals a day for 12 weeks, food vouchers, nutritional counseling, and/or extensive care coordination.

It's easy to register an eligible member.

Complete the **Medically Tailored Meals** section of the *Community Services* — *Member Referral Form* and email it securely to CalAIMreferrals@anthem.com.

Eligibility criteria:

- Members discharged from the hospital or nursing facility settings, or
- Those at a high risk of hospitalization, or
- Members with chronic condition(s), including but not limited to:
 - Congestive heart failure
 - Serious mental illness
 - Gestational diabetes
 - End-stage renal disease
 - Hypertension

Learn more about Anthem programs

<https://providers.anthem.com/ca>