

# Community Supports



**Community Supports (CS) are a menu of services that, at the option of a managed care plan and a member, can substitute for covered Medi-Cal Managed Care services as cost-effective alternatives. The Department of Health Care Services (DHCS) has approved CS to individuals with complex physical behavioral, developmental, and social needs.**

## CS-approved services

**CS providers are entities with experience and expertise providing one or more of the following DHCS approved services:**

- **Housing transition navigation:** Completing a housing support plan to identify barriers to housing, helping in a housing search, working with landlords, and any other activities to facilitate housing placement
- **Housing deposits:** Completing payment for security deposits, utility deposits, and other types of payments to gain housing; member must also participate in housing transition navigation
- **Housing tenancy and sustaining:** Upon becoming housed, supporting member in remaining housed
- **Short-term post-hospitalization housing:** Up to 180-day placement for people who are homeless and need clinical oversight; member will be offered housing transition navigation services
- **Medical respite:** Up to 90-day placement for people who are homeless or with unstable living situations who are too ill or frail to recover in their usual living environment, and in need of clinical oversight (med management or administration, activities of daily living [ADL] assistance), but do not necessarily require nursing facility (NF) level of care
- **Respite:** For members with informal caregivers who are at risk of being unable to provide informal care without a break
- **Day habilitation:** Skills training in financial management, employment support, daily living skills, etc. to ensure stability in the community
- **Nursing facility diversion or transition to a ssisted living facilities (ALF):** Members in the community at risk for NF placement or currently live in a NF, and assisting them in finding an ALF to live in
- **Community transition services/NF transition to a home:** For members living in NF who want to safely transition to the community and need assistance doing so

## CS approved services (cont.)

- **Personal care:** Supplemental personal care hours for people waiting on In-Home Supportive Services (IHSS) to start, or in addition to IHSS for certain circumstances
- **Environmental accessibility:** Home modifications that can help a member stay in their home such as ramps and grab bars in the shower
- **Medically tailored meals or medically supportive food:** Up to two meals a day or vouchers for health food for members who have a clinical need for special diet and no other resources to help them prepare meals
- **Sobering center:** Short-term, no more than 24-hour, placement in lieu of emergency room or jail for intoxicated persons to become sober, and connect with substance use disorder (SUD) services
- **Asthma remediation:** Ensure safety in home to prevent asthma being exacerbated



### For more information

Please contact Anthem Blue Cross via email at [CaAIMReferrals@anthem.com](mailto:CaAIMReferrals@anthem.com) or visit <http://tinyurl.com/cyrmhjh>.

<https://providers.anthem.com/ca>

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