

In-network doula provider directory

California | Anthem Blue Cross | Medi-Cal Managed Care (Medi-Cal)

Full name	Email address	Phone number	Organization name	Service area
A Sister By Your Side LLC	asisterbyyourside@yahoo.com	310-594-9134	A Sister By Your Side LLC	Los Angeles
Allen, Jametra	soamazingdoula@gmail.com	424-229-9844	So Amazing Doula	Los Angeles
Arevalo, Felicia	felicia1marie@gmail.com	559-586-4824	No Mother Left Behind	Tulare
Avila, Nikki	doulanikkiavila@gmail.com	661-330-2831	In The Waiting Doula Services	Kern
Avila, Vrindavani	sacbirthwork@gmail.com	916-426-6253	Vrindavani Avila Birth and Postpartum Support	Sacramento
Bennett, Tynesha	tynesha@rootconnectionsbirthwork.com	805-284-3834	Root Connections Birthwork	Amador, Tuolumne, Calaveras
Bond, Megan	meganbonddoula@gmail.com	980-200-0726	Birth blooms	Los Angeles
Byers, Atija	Info@bkdoulaservices.com	916-306-7702	Butterfly Kisses Doula Services	Sacramento
Clausen-Tu fi, Tatiana	tanya@birthbug.com		Birth Bug	Amador, El Dorado, Sacramento

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Cueva, Janice	doula@thenurturedbutterfly.com		The Nurtured Butterfly LLC	El Dorado, Sacramento, San Francisco, Santa Clara
Delgado, Kayleen	kaydelgado2009@gmail.com	209-352-4224	Kayleen Delgado	Tuolumne
Gilliam, Jenetta	thechayilbirthingllc@hotmail.com	323-386-6894	The Chayil Birthing LLC	Los Angeles
Henderson-Bonilla, Miajanay	littlelovedoulaservices@gmail.com	510-867-4051	Little Love Doula Services	San Francisco
Jackson, Joytonia	dutchessofdoula@gmail.com	760-590-4174	Dutchess Of Doula	Fresno, Kern, Kings, Tulare
Jones, Heidi	heidi@havenforbirth.org	916-942-9367	Haven-A Refuge For Pregnancy And Birth	Amador, El Dorado, Sacramento
Low, Michelle	michelle@beloveddoulaservices.com	2095591485	Beloved Doula Services	Amador, Calaveras, Tuolumne
Manley, Brittney	britshelpinghands@gmail.com		Brits Helping Hands	Kern
Nears, Arica	mashelpinghandsdoula@gmail.com	678-887-7136	Ma'S Helping Hands Doula Services	Sacramento
Orduno, Monalisa	monalisaorduno4@gmail.com	559-361-5336	Monalisa Orduno Doula And Childbirth Educator	Kern, Kings, Tulare
Shiple, Tanya		3107309433	Noelle's Touch LLC	Los Angeles
Southard, Anita	mieko@kealohadoula.com	916-462-4137	KeAloha Doula	El Dorado, Sacramento

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Stephens, Amelda	new.beginnings.doula.lacounty@gmail.com	661-427-3860	New Beginnings Doula	Kern, Los Angeles
Twin Soulz LLC	info@myumicare.com	408-677-8193	Umi Care	Santa Clara
Waxman, Tess	zygotedoula@gmail.com	971-940-9335	Zygote Doula Services	San Francisco, Santa Clara
Johnson, Tanika	nurture@restyourheartthere.org		Rest your heart here	Los Angeles
Stern, Merrisa Arnold	lunalifedoula.intake.info@gmail.com		Luna Life Doula	Los Angeles
Johnson, Mary	chefmar90@yahoo.com		Your Doula Mary	Kern
Morales, Joevonna	joevonna@mommyshelper.me	559-578-0306	Mommy's Helper Postpartum In Home Help Services	Fresno, Kings, Madera, Tulare
Gutierrez, Julia	julia.ralena@gmail.com	209-814-1722	Doula Jules	Calaveras
Benoit, Rikayah Kaamil	rikayahkb@gmail.com		Benoit Birth Work	
Gross, Renee	reneeliag@gmail.com	303-386-5446	Renee's Doula Way	Los Angeles
De La Cruz, Mackenzie	harmoniadoula@gmail.com		Harmonia Birth Doula	Kern
Diaz, Jacqueline	info@indigenizedlearning.com	916-533-2908	Noxtin Nomecayotzi n Education	El Dorado, Santa Clara, Sacramento
Storms, Jade	j.storms@happybabyjourney.com	310-403 4886	HAPPY BABY JOURNEY	Fresno, Los Angeles, Sacramento,

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				San Francisco, Santa Clara
Fiori, Camille	hi@nourishbirth.com	833-487-2229	Nourish: Birth + Postpartum	Los Angeles
Houghtaling, Amy	wavesembrace@outlook.com	209-585-8610	Wave's Embrace	Calaveras, Tuolumne
Penton, Karly	peakslactation@hotmail.com	209-4541-140	Peaks Lactation	Amador, Calaveras
Frey, Kendall	magic@kendallnichole.com	831-227-5848	Kendall Frey	Sacramento, Contra Costa, El Dorado, Santa Clara
Robinson, Mariesha	harmoniouscaredoulaservices@gmail.com	909-312-6282	Harmonious Care Doula Services	Los Angeles
Hopp, Jessica	jessica@infantinstincts.com	916-827-5571	Infant Instincts Consulting	Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kern, Kings, Los Angeles, Madera, Mono, Sacramento, San Francisco, Santa Clara, Tulare, Tuolumne
Spak, Maia	contact@yourdoulamaia.com		Your Doula Maia	Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kern, Kings, Los Angeles,

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				Madera, Mono, Sacramento, San Francisco, Santa Clara, Tulare, Tuolumne
Lovelace, Jazs	jazslovelace@ceciliawellnesscenter.com		Cecilia Holistic & Wellness Center	Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kern, Kings, Los Angeles, Madera, Mono, Sacramento, San Francisco, Santa Clara,, Tulare, Tuolumne
Benson, Regina	ginamarielbenson80@gmail.com		Atala Doula Services	Amador, El Dorado, Sacramento
Duda, Olena	Beregynia.kurs@gmail.com		Olena Duda	El Dorado, Sacramento
Winn, Shelly	shelleywinn47@gmail.com		Winn, Shelly	Los Angeles
Xiong-Lopez, Sia	siasplacewc@gmail.com		Sia's Place Wellness Center	Fresno, Kern, Madera
SIDORENKO, MARINA	info.infantnest@gmail.com		Marina Sidorenko	Los Angeles
Berry, Katelyn	berrysweetbirth@gmail.com		Berry Sweet Birth	Santa Clara

Full name	Email address	Phone number	Organization name	Service area
Reed, Lindsey	contracting@joinloula.com; volanta@joinloula.com		Loula Perinatal Health Services of California LLC	Alameda, Alpine, Amador, Calaveras, Contra Costa, El Dorado, Fresno, Inyo, Kern, Kings, Los Angeles, Madera, Mono, Nevada, Sacramento, San Benito, SF, Santa Clara, Tulare, Tuolumne
Hirani, Altamshali	hello@findraya.com		Raya Health Inc	Alameda, Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kern, Kings, Los Angeles, Madera, Mono, Sacramento, San Francisco, Santa Clara, Tulare, Tuolumne
Rodriguez, Adriana Lynn	adrianalynnrodriguez1987@gmail.com		The helping hand Doula	Kern, Los Angeles
Orellana, Maribel	mari@picturethisbirth.com		Picture This Birth, Inc	Los Angeles

Full name	Email address	Phone number	Organization name	Service area
Striff, Bryanna	wildheartbirths@yahoo.com		Wild Heart Births	Inyo, Kern, Los Angeles, Mono
Romero, Mila	milagrodoulaservicesservingyou@gmail.com		Milagro Doula Services Serving You LLC	San Francisco, Santa Clara
Oropeza, Guadalupe	rootedincaredoulaservices@gmail.com		Rooted in Care Doula Services LLC	Fresno, Kings, Los Angeles, Tulare
Byvsheva, Evgeniia	newbornaid@gmail.com		Evgeniia Byvsheva	San Francisco, Santa Clara
Botelho, Hannah	partnerships@orkahealth.co		Orka Health	Amador, Calaveras, El Dorado, Fresno, Kern, Kings, Los Angeles, Madera, Sacramento, San Francisco, Santa Clara, Tulare
Cuen, Valerie	valeriec@universalocmed.com		Valerie Cuen	Kern
Rodriguez, Adriana Lynn	adrianalynnrodriguez1987@gmail.com		The helping hand Doula	Kern, Los Angeles
Orellana, Maribel	mari@picturethisbirth.com		Picture This Birth, Inc	Los Angeles